

TOP TEN ADULT UNIT SERENITY ROOM QUESTIONS

1. Who can use the serenity room?

The serenity room is available for use by one or more patients, but, only if these patients are able to get along.

2. When can a patient use the serenity room?

A patient can request use of the serenity room in response to feelings of distress, i.e., excessive noise on the unit, accepting disappointments, etc.

3. Can a patient be told to use the serenity room?

No, staff may encourage a patient to use the serenity room, but, a patient should not be told to go there.

4. Can staff refuse access to the serenity room?

Staff may deny access to the serenity room if a patient appears so agitated that her or she may cause harm to him/herself or destroy the contents of the serenity room.

5. How long can a patient remain in the serenity room?

A patient may choose to stay in the serenity room for up to an hour. A patient may terminate his/her time in the serenity room at any time. Staff may terminate a patient's time in the serenity room for clinical reasons or safety reasons. It may be necessary to limit the use of the serenity room for one patient to allow another patient access.

6. Can a patient sleep in the serenity room?

A patient may fall asleep while relaxing, but, should not use the serenity room for napping.

7. What paperwork is required for serenity room use?

Staff should complete the serenity room sign-in log upon patient entrance & exit. The log contains a space for staff to enter "engine speed" as per patient & staff report. A short note should also be entered into the patient's chart.

8. How can staff ensure equipment/sensory tools are being used properly?

Equipment protocols are located in a binder in the serenity room. Protocols must be followed at all times.

9. What about clean-up?

Following termination of time in the serenity room, staff should direct/ assist the patient in returning equipment/sensory tools to their proper place. The room must be left in a clean & orderly fashion.

10. Can items be removed from the serenity room?

NO! NO! NO! No equipment/tools may be removed from the serenity room.