

FROM: Lauren Davis, MD
Director of Student Health Services

TO: All Entering Students of LSU Health Sciences Center

Congratulations on your acceptance. We are eagerly anticipating your arrival at LSUHSC and your addition to the LSUHSC family.

There is a health form in your packet requiring medical history information, a physical examination, and specific lab and immunization reports. A completed health form is a mandatory component of the registration process. The form **must** be complete and returned to the LSUHSC student health office **no later than three (3) weeks prior to registration**. Your health care provider should perform all examinations, laboratory tests, and immunizations.

WARNING: Due to the large volume of health forms and records being received by Student Health during registration periods, neither Student Health nor Student Affairs offices can verify when your health care provider actually mailed or faxed materials to Student Health. Materials received on the day of registration may not be entered into the computer until the next day. If this occurs, a **block** will be placed on your record and registration (enrollment) into your respective program will be denied. If you are not able to register you will be subject to late registration fees AND your student loan money will not be released until the computer records are updated.

Because all student health records are confidential, only Student Health Office staff maintains them. Therefore, should you have any questions regarding your file, you may contact the office at the above address/phone/fax.

Instructions for completing the health form:

1. You should complete the medical history on the front page including:
 - a) PERSON TO BE NOTIFIED IN THE EVENT OF SERIOUS ACCIDENT OR ILLNESS
 - b) YOUR FAMILY PHYSICIAN (Please date and sign)
 - c) MEDICAL CONSENT (Please date and sign)

2. Your health care provider should complete the information on the back page including:
 - a) MEDICAL EXAMINATION - to be completed not more than **90** days before registration,
 - b) MANDATORY TESTS and IMMUNIZATIONS* - with dates specified and reports of all labs and titers attached.

* Especially important is proof of immunity to Hepatitis B or documentation that the Hepatitis B vaccine triple series has begun (1st immunization) and is current prior to registration. Specifically, the 2nd immunization must be given 30 days following the 1st immunization and the 3rd immunization must be 6 months following the first immunization. **If the 2nd or 3rd immunization is due before registration, you must show proof of them to avoid a block status.**

Once you are a registered LSUHSC student, the remaining Hepatitis immunizations as well as yearly updates of Tuberculin skin tests can be performed by Student Health Services for a discounted fee. It will be your

responsibility to “mark your calendar” for future immunizations/test dates. Once again, it is conceivable that you could be blocked from registering, receiving financial aid, final grade reports, transcripts, or graduation materials if your health record is not kept current.

Again, welcome aboard and we look forward to serving you.

Instructions for Completing Mandatory Tests and Immunizations

- A) **Varicella titer (#1):** You must prove that you are immune to chicken pox by titer. You must have the titer drawn. If you are not immune by titer, you must complete varivax immunization unless there is a health reason not to be vaccinated. A history of chicken pox is **NOT** sufficient. Provide a copy of the lab report to student health.

- B) **Measles, mumps and rubella titer (#2, 3, and 4):** You must prove that you are immune to measles, mumps and rubella by either titer (one titer for each item) **AND** provide records that indicate you have been fully immunized against these diseases (1 MMR vaccination after you are at least 12 months old, and a second immunization no sooner than 28 days after the first) unless there is a health reason not to be vaccinated.
 - d) You are presumed immune if you were born before 1957
 - e) If you can document a completed MMR series (2 injections) you **DO NOT** have to have the titer for measles, mumps and rubella drawn.
 - f) If you are proving immunity by titer, you must draw all three and provide student health with a copy of each of the three the lab results.
 - g) If you have a low titer <0.91 you should receive a booster.

- 3. **Tetanus (#5):** You must document a tetanus booster or Tdap within the 10-year period before you register (e.g., if you register in 2013, you must have had a tetanus vaccination anytime between the years 2006 and your registration date in 2016).

- 4. **Hepatitis B (#6):** You must document Hepatitis B vaccination(s). There are 3 shots in the series. The second shot is given no earlier than 30 days after the first. The final shot is given no earlier than 6 months after the first (or at least 5 months after the 2nd shot).
 - a) You may not have enough time to complete the series before you register.
 - b) If your series is current (no shot is due on the day you register), you **will not** be blocked for your first registration.
 - c) You must complete the series while at school or you **WILL BE BLOCKED** at future registrations.
 - d) You may prove immunity by titer. But if you have not received all injections you are not likely to be immune, so the titer would be a waste of money. (And, it is **NOT** required). If you draw a titer, provide student health with a copy of the lab results.

- 5. **TB skin test (#7 & 8):** You must document that you have not been exposed to tuberculosis (TB results are negative).
 - a) All results should be reported in terms of the observed millimeters of induration (e.g. -0- mm induration).
 - b) You will need a chest X-Ray **ONLY IF** your TB skin test was positive.
 - c) You **MAY** document post-exposure prophylaxis if you wish. We will include this with your student health record.

- 6. **Meningococcal Vaccine (#9):** You must document a Meningococcal vaccination or sign a waiver if you do not want the vaccine.