LSUHSC Child & Family Counseling Clinic
Summer 2015 Parents’ Seminar Series

Thursday’s 9:30am-10:30am  411 S. Prieur Street, room 307
$30/session*  (*3 workshops @ $75, 6 workshops $160, 8 workshops $210)
(504) 556-3451
cfcc@lsuhsc.edu
Erin M. Dugan, Ph.D., LPC, S, RPT-S

Workshop #1  5/21  The Power of Playing with Your Child
Does your child come home and not tell you anything about their day? Are you tired of coming up with ways to hold conversations with your child to learn more about what's going on? Come to this dynamic seminar to learn about the powers of playing with your child. This seminar will focus on how parents can become keen observers of their child's play in order to assess what's going on in their world. Learn how to spend 1:1 time with your child to learn more about their interests, challenges, and questions.

Workshop #2  5/28  Setting Limits
Are you tired of saying the same thing over and over? Feel like a broken record that keeps repeating over and over with no forward spin? Attend this structured seminar to learn how to promote limits, rules, and security in your child's life. An overview of structured limit setting and choice giving models will be introduced to parents to take home and use immediately with positive results.

Workshop #3  6/4  Social Thinking for Preschool Kids
Curious if your toddler and/or preschool age child is picking up and utilizing social cues appropriately? Attend this social thinking seminar to learn what appropriate tools children need in order to seek and enter into social relationships appropriately. Parents will learn simplistic skills to enhance their child's socioemotional development.

Workshop #4  6/11  Social Thinking for Elementary Kids
Elementary school aged children are often glued to screens and electronic media that offers them little social play amongst their friends. Come and learn what tools your child needs in order to develop healthy social relationships and friendships. Learn how to use child language to catch their attention and support their desire to seek out positive friendships.

Workshop #5  6/18  Consistency, Routines, and Family Rules
In today's world it's easy to lose track of schedules and timeliness. Families are fast paced and rarely have time to fit everything that needs to be completed in order to feel successful. Rules are developed, but often not followed through. This seminar will leave
parents ready to develop realistic goals, routines, and rules that are achievable and easy to manage.

**Workshop #6  7/9  Therapeutic Storytelling**

Kids often struggle with friendship and self-identity challenges that are difficult for them to process or overcome alone. Storytelling has been proven to facilitate a child's understanding about overcoming such challenges through the eyes of a character and skills and resources available to aid in their progress. Parents will learn how to set up stories to help in identifying with their child's presenting issues. Parents will learn how to change the endings of such stories as well to help change their child's conclusions.

**Workshop #7  7/16  Playful Techniques for Parents**

Does your child worry a little too much? Get frustrated easily and stage power struggles? Focus on negative thoughts? This seminar will help parents learn how to connect to their child in a playful manner to help their child overcome the resistance portrayed with worry, fear, frustration and control. Parents will learn how to approach their child from a playful manner in order to break through the barriers of these feelings and behaviors.

**Workshop #8  7/23  Helping Your Anxious Child**

Does your child worry too much? Fear new situations, transitions? Would rather be with you than go out and play with friends? Many parents find themselves stuck in a no win situation while trying to promote independence in their children. This seminar will help parents move toward the desire to play without their parent(s). Parents will learn how to gently push their child toward a more secure belief in them self.

Make Payments (checks, cash, or money order only) payable to LSUHSC and mail to:

LSUHSC Child & Family Counseling Clinic  411 S. Prieur St., Room 307  New Orleans, LA 70112

**Registration Form**

Name: ___________________  
Address: ________________________________

Phone #: _______________  
Email Address: ________________________________

Workshop #1__  Workshop #2__  Workshop #3__  Workshop #4__

Workshop #5__  Workshop #6__  Workshop #7__  Workshop #8__

Total Amount Enclosed: ________