



Department of Counseling

In this newsletter:

1. Spring Office hours
2. Department Calendar
3. Welcome New Faculty
4. Resources

I have not failed. I've just found 10,000 ways that won't work

- Thomas Edison

504-556-3453

Counseling@lsuhsc.edu

411 S. Prieur Street
New Orleans, LA 70112

Office Hours

Erin Dugan, Ph.D, LPC-S, Registered Play Therapist-Supervisor

Email: emart3@lsuhsc.edu

Phone: (504) 556-3403 Office appointments may be scheduled by email

Adrianne Frischhertz, Ph.D., LPC-S

Email :alola1@lsuhsc.edu

Phone: 504-556-7544 (office)

Office Hours: Wednesdays 1-2:30 and Fridays 10:30-11:30 or by appointment. Unless advance scheduled for in person, join remotely with this link:

<https://lsuhsc.zoom.us/j/93435084594?pwd=eFA2TVU0Nm5keDNSVEJJNWFQeDILQT09>

Passcode: OfficeHour

Students may request additional days/times for meetings.

Individual Supervision Link: <https://lsuhsc.zoom.us/j/92547203100>

George W. Hebert, Ph.D.

Email: gheber@lsuhsc.edu

Phone: 556-7566

Office Hours: Tuesdays 9:00 am -10 am and by appointment via e-mail <https://lsuhsc.zoom.us/j/94331761800?pwd=b2JFcndOS3BXcktHTExRUXVyVTNTdz09>

Holly Walters, Ph.D., LPC-S, CRC

Email: hharry@lsuhsc.edu

Phone: 504-556-7649

Office Hours: Mondays 10:00 am to 11am, Tuesdays, 1:00 pm to 2:00 pm, or by appointment. Students may request additional days/times for meetings.

Zoom Personal Meeting ID for virtual office hours: 946 166 6096

Jeri Brumfield Academic Coordinator

Email jbrum1@lsuhsc.edu; counseling@lsuhsc.edu

Phone 504-556-3453

Office hours M-F 7 am– 4:30 pm Friday 8 am– 12 noon



The department offers the Tigers and Stripes Workshop Series which offers continuing education towards licensure and certification for mental health professionals interested in training on topics focused on mental health counseling.

Save the Date

Friday, February 23, 2024

LSU Health Sciences- New Orleans Department of Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 3058. Programs that do not qualify for NBCC credit are clearly identified. LSU Health Sciences- New Orleans Department of Counseling is solely responsible for all aspects of the programs.

JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	NOTES:
	1	2	3	4	5	6	Jan 01 New Year's Day
							Jan 10 1 st day of semester
7	8	9	10	11	12	13	Jan 15 M L King Day
							Jan 19 Intro to Play Therapy CFCC Workshop 10-12pm campus/virtual options
14	15	16	17	18	19	20	Jan 20 Destination LSU Baton Rouge (students who have applied to LSU, admitted, not yet registered) LA Sat Jan 20 9am-2pm
							Jan 24 Final day add/drop change grade
21	22	23	24	25	26	27	Jan 23 23-26 Law & Ethics Conference
							Jan 26 Joiner Interpersonal CFCC Workshop 10-12pm campus/virtual options
28	29	30	31				Jan 26 Info Session 1 pm Dr. Walters

FEBRUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3	Feb 1-3 IAMFC World Conference
							Feb 2 AHEC Stem Fest 7:30am-12pm Mandeville, LA
4	5	6	7	8	9	10	Feb 5-8 TBD LSU Info Session campus & virtual
11	12	13	14	15	16	17	Feb 13 Mardi Gras
							Feb 14 Valentine's Day
18	19	20	21	22	23	24	Feb 16 Eye of the Tiger Recruitment Event Baton Rouge, LA
							Feb 19 President's Day
25	26	27	28	29			Feb 21 Southern University A&M Recruitment Event 9am-3pm Baton Rouge, LA
							Feb 23 Eye of the Tiger Recruitment Event (incoming freshman) Baton Rouge, LA 9am-2pm
							Feb 23 Tigers & Stripes; @LSUSHC TBD
							Feb 23 OPEN HOUSE @ LSUHSC Counseling Dpt; Virtual Session Option
							Feb 23 Information Session 1 pm Dr. Hebert
							Feb 27 Northwestern State University Natchitoches, LA 10am-2pm

							Feb 28-29 Univ of Louisiana @ Lafayette 9am-1pm
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MARCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	NOTES:
					1	2	Mar 1-2 LAPT conference New Orleans, LA Mar 2 SAHP Family Day @LSUHSC
3	4	5	6	7	8	9	Mar 3 Eye of the Tiger Recruitment Event Baton Rouge, LA 9am-2pm incoming freshman Mar 6 McNeese State University Lake Charles, LA 1-4pm Mar 8 DBT Basics CFCC workshop 10- 12pm campus/virtual options
10	11	12	13	14	15	16	Mar 08 SAHP Soirée New Orleans, LA TBD Mar 13-15 CACREP Virtual Site Visit (virtual) Mar 18-22 TBD LSU Info Session campus &virtual Mar 19 Job & Clinical Rotation Fair SAHP 9- 12pm
17	18	19	20	21	22	23	Mar 19 HOSA Conference Baton Rouge, LA 9-11am
24	25	26	27	28	29	30	Mar 22 Filial Therapy CFCC workshop 10- 12pm campus/virtual options Mar 22 Information session 1 pm Dr.
31							Mar 23 Destination LSU Baton Rouge (students who have applied to LSU, admitted, not yet registered)LA 9am-2pm
							Mar 25-28 TBD LSU Info Session campus &virtual
							Mar 29 <u>Good Friday</u>
							Mar 31 <u>Easter Sunday</u>

APRIL 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	NOTES:
	1	2	3	4	5	6	APR 06 Destination LSU Baton Rouge (students who have applied to LSU, admitted, not yet registered) LA 9am-2pm APR 8 SAHP Research Day TBD
7	8	9	10	11	12	13	APR 10 Co-Sponsored Event with UHCC Gerald Corey TBD APR 10 ARCA event on campus TBD
14	15	16	17	18	19	20	APR 11- 11-14 ACA conference APR 12 Risk Assessment CFCC workshop 10- 12pm campus/virtual options
21	22	23	24	25	26	27	APR 15-19 TBD LSU Info Session campus &virtual
28	29	30					APR 17 LSUHSC Student Open House 1-4pm HDC APR 18 SAHP Partner Day (clinical supervisors/referrals, partners @5-7pm HDC
							APR 19 Information Session 1 pm Dr. Dugan
							APR 20 Destination LSU Baton Rouge (students who have applied to LSU, admitted, not yet registered) LA 9am-2pm
							APR 22-25 TBD LSU Info Session campus & virtual
							APR 26 Last day to drop classes
							APR 29 CPRT CFCC workshop 10:30-12:30pm campus/virtual options

MAY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	NOTES:
			1	2	3	4	May 10 Last day of the Semester May 10 Alumni/Graduating Students' Party May 15 Pre-Commencement (Honors) @ May 16 Commencement @ UNO 10-1pm
5	6	7	8	9	10	11	May 12 Mother's Day

							May 17	Group Play Therapy CFCC Workshop 10-12pm
12	13	14	15	16	17	18	May 22	Summer Semester Begins
							May 27	Memorial Day
19	20	21	22	23	24	25		
26	27	28	29	30	31			

S a v e t h e d a t e s !



NEWS

UPDATE

03.19.24

Save the Date

LSU Health

NEW ORLEANS

School of Allied Health Professions

JOB & CLINICAL ROTATION
NETWORKING FAIR

MORE INFO TO COME

SAVE THE DATE!
WEDNESDAY, APRIL 10, 2024

Counseling Theory in Practice

One-day in-person workshop conducted by Dr. Gerald Corey and Dr. Jamie Bludworth.

9:00 am – 5:00 pm (Central Time Zone)
Participants will earn 6.5 Continuing Education hours



Counseling professionals may participate either in person or virtually.
The workshop will not be recorded so participants must attend in real time to earn continuing education hours.

ALUMNI SPOTLIGHT

WELCOME



ROSE ANGELOCCI, PH.D

Adjunct Professor

Dr. Angelocci has a doctorate in counselor education with a minor in qualitative research methods from the University of New Orleans. She has a Masters in Health Sciences in Rehabilitation Counseling from Louisiana State University Health Sciences Center. Dr. Angelocci is a Certified Rehabilitation Counselor, a Licensed Rehabilitation Counselor/Supervisor, a Licensed Marriage and Family Therapist, a Licensed Professional Counselor/Supervisor, a National Certified Counselor, a Board Certified Tele Mental Health provider, a Certified Vision Rehabilitation Therapist, a Certified Deafblind Intervener, and a certified Community Work Incentives Coordinator.

WELCOME



Katy Irwin

----- Adjunct Instructor

The majority of Katy's experience is in adolescent counseling and helps clients gain understanding and develop coping mechanisms to work through life's challenges. She helps clients develop self-compassion and see the strengths they currently possess. Irwin is a Licensed Professional Counselor (LPC), National Certified Counselor (NCC), area University on-site supervisor for graduate students in Counseling, and an LPC Supervisor for graduates seeking Licensure. She is also a former advisory board member for the LSU Department of Counseling.

ALUMNI SPOTLIGHT



Heather Tullier

----- Adjunct Instructor

She is a Licensed Professional Counselor, Registered Play Therapist, and certified PCIT Therapist serving children and their families in the Greater New Orleans Area. With experience in both school and clinical settings, Heather is familiar with the challenges counselors face in these environments. Mrs. Tullier has enjoyed providing education to parents, educators and mental health providers on challenges and interventions for children and their families. She looks forward to sharing her knowledge and experience with the LSUHSC students. GEAUX TIGERS!

ACA Graduate Student Ethic Awards | Tomorrow's Counselors Awards | Future School Counselor Awards
ACA Fellows | Glen E. Hubele National Graduate Student Award | Courtland C. Lee Multicultural Excellence
Scholarship | ACA State Branch Advocacy Award | Carl D. Perkins Government Relations Award | ACA
Counselor Educator Advocacy Award | ACA Best Practices Research, Faculty Award | ACA Research
Award | ACA Extended Research Award | Don Kinkmeyer Social Interest Award | Dr. Judy Lewis Counselor
for Social Justice Award | Robert H. Rencken Emerging Professional Leader Award | David K. Brooks, Jr.
Distinguished Mentor Award | Arthur A. Hitchcock Distinguished Professional Service Award | Thomas
Hohenshl National Publication Award | Gary R. Walz Trailblazer Award | Kitty Cole Human Rights
Award | Gilbert and Kathleen Whenn Award for a Humanitarian and Caring Person | ACA Graduate Student
Ethic Awards | Tomorrow's Counselors Awards | Future School Counselor Awards | ACA Fellows | Glen
E. Hubele National Graduate Student Award | Courtland C. Lee Multicultural Excellence Scholarship | ACA
State Branch Advocacy Award | Carl D. Perkins Government Relations Award | ACA Counselor Educator
Advocacy Award | ACA Best Practices Research, Faculty Award | ACA Research Award | ACA Extended
Research Award | Don Kinkmeyer Social Interest Award | Dr. Judy Lewis Counselors for Social Justice
Award | Robert H. Rencken Emerging Professional Leader Award | David K. Brooks, Jr. Distinguished
Mentor Award | Arthur A. Hitchcock Distinguished Professional Service Award | Thomas Hohenshl
National Publication Award | Gary R. Walz Trailblazer Award | Kitty Cole Human Rights Award | Gilbert
and Kathleen Whenn Award for a Humanitarian and Caring Person | ACA Graduate Student Ethic Awards



ACA
AWARDS

Excellence | Distinguished | Achievement

BACKGROUND AND PURPOSE

The American Counseling Association Tomorrow's Counselors essay competition recognizes graduate counseling students with exceptional insight and understanding about the counseling profession and the work of professional counselors in mental health, private practice, community agency, agency, organization or related counseling settings.

SUBMISSION DEADLINE

January 31, 2024 | 11:59pm ET

PRIZE

Grand Prize Award

- \$1,000 honorarium
- Complimentary registration for the 2023 ACA Conference and Expo (March 30-April 1, 2023), and recognition during event. Winners will receive further information at the time of award notification.

Essay published on [CT Online](#).
First Prize Award

- \$750 honorarium
- Complimentary registration for the 2024 ACA Conference and Expo (April 11-13, 2024 | New Orleans, LA), and recognition during event. Winners will receive further information at the time of award notification

Second Prize Award

- \$500 honorarium
- Complimentary registration for the 2024 ACA Conference and Expo (April 11-13, 2024 | New Orleans, LA), and recognition during event. Winners will receive further information at the time of award notification.

Honorable Mention Awards (2 awards): Complimentary registration for the 2023 ACA Conference and Expo (March 30-April 1, 2023), and recognition during event. Winners will receive further information at the time of award notification.

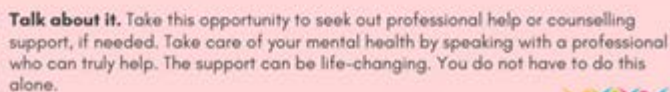
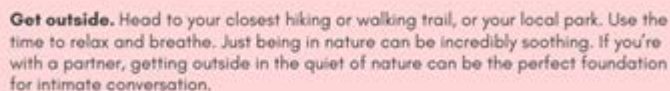
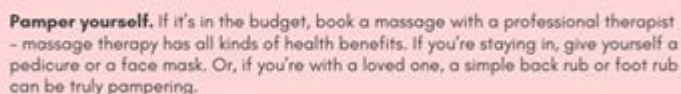
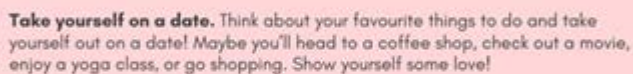
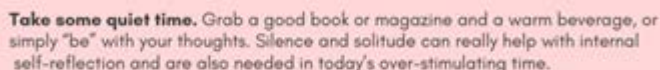
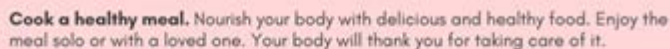
MARDI GRAS BINGO

 Big Shot	 King of Rex	 Baby Dolls	 King of Bacchus	 Second Line
 Mardi Gras Indians	 Throw Me Something Mister Sign	 Muses Shoe	 Flambeaux's	 Mardi Gras Beads With Medallion
 Zulu Coconut	 Mardi Gras Beads	 Free Space!!!!!!!!!!!!	 King Cake	 Mardi Gras Ladder Seat
 Mardi Gras Jester	 St. Augustine Marching Band	 Micro Float	 Beaded Tree	 A Festive Local
 Doubloon	 A Person Without Beads	 Fleur De Lis	 A Walking Krewe	 Krewe-Themed Mardi Gras Cup

Stock vector images via Shutterstock/Lucia Fox and bejov
Illustrations by Michelle Goldchain
Bingo card entries by Eric Craig

Love YOU this Valentine's Day

Simple Ways to Take Care of Yourself



Best Resources for Job Seekers <https://careersidekick.com/tools/>

If you would like to include anything in future newsletters please send the information to the department for approval. Send any information of interest in an email to counseling@lsuhsc.edu

Reads and Resources



12 Tips for Surviving and Thriving in Grad School

<https://psychcentral.com/lib/12-tips-for-surviving-and-thriving-in-grad-school#1>

How to land an internship you're excited about in 48 hours or less

<https://ct.counseling.org/2022/01/how-to-land-an-internship-youre-excited-about-in-48-hours-or-less/>

Black History Month: Focusing on mental health and wellness

<https://www.betterhelp.com/advice/current-events/black-history-month-focusing-on-mental-health-and-wellness/>

5 Rules for Better Thinking

<https://www.psychologytoday.com/us/articles/202401/5-rules-for-better-thinking>

Mardi Gras: The most fun you'll have with a history lesson

<https://www.cnn.com/travel/article/mardi-gras-fat-tuesday-history/index.html>

How King Cake became Carnival Royalty in New Orleans

<https://www.epicurious.com/expert-advice/king-cake-history>



Website Resources



<https://www.refseek.com/> Academic Resource Search.

<https://www.worldcat.org/> worldwide library search

<https://link.springer.com/> – scientific documents, books, articles, research protocols.

<http://bioline.org.br/> library of scientific journals published in developing countries.

Science.gov American state search engine articles

Pdfdrive.com largest website for free download of books in pdf

<https://base-search.net/>

Academic studies tests

<http://archive.org/>

a non-profit library of millions of free books, movies, websites, and more <https://libgen.rs/>

Library catalog search engine.

Career Fair

Counseling Foundations

VIRTUAL CAREER FAIR

Counseling Foundations:

Your Path to Career Success

April 25, 2024 11 am–5 pm EST

#NBCCFoundMyPath



About the Virtual Career Fair

Counseling Foundations: Your Path to Career Success is an annual career fair that aims to connect employers, recent graduates from master's and doctoral counseling programs, and seasoned counseling professionals nationwide in a virtual setting to explore current and future staffing opportunities. Through its affiliation with the National Board for Certified Counselors (NBCC), the Foundation is connected to over 70,000 counselors, practitioners, and counseling students and utilizes this career fair to introduce those talented individuals to employers seeking to expand their organizations' talent pipelines.

True to the Foundation's mission of providing equitable and accessible mental health services to those in need and NBCC's mission of advancing the profession of counseling, this event is especially devoted to providing hiring and marketing opportunities for counselors and employers committed to serving traditionally underserved and never-served communities. Among the highly qualified and enthusiastic job seekers who attend the career fair are many former and current members of the NBCC Foundation's Minority Fellowship Program—counseling professionals who have engaged in education and professional development specifically designed to prepare them to work with the communities most in need of mental health services.

Counseling Foundations: Your Path to Career Success offers a unique and affordable way for job seekers and employers from diverse cultural backgrounds and geographical locations to connect and create partnerships intended to increase access and promote mental health equity across the United States.

Attendees

- Enhance your interviewing skills
- Build your professional network
- Gain access to on-demand professional development webinars to help you prepare
- Share your résumé when you register so employers can seek you out
- Engage in easy one-on-one text and video chats with participating employers

The career fair is always **FREE** for job seekers to attend!

Employer and Sponsor Packages

Employer registration is currently closed. Please email CareerFair@nbcc.org with questions.

- Recruit and hire talented counselors from across the country
- Save time, reduce expenses, and fulfill recruitment needs safely and virtually
- Fill open counseling positions at clinics, hospitals, nonprofits, and universities
- Interview and connect one-on-one with diverse counseling professionals
- Gain extra marketing abilities and recognition through a sponsorship package
- Review résumés in advance and schedule chats with specific candidates

Past Employers Have Been:



- Universities hiring counselor educators
- Nonprofit and for-profit clinical practices
- State and county behavioral health services departments
- School districts

Thanks to our 2023 sponsors!

GOLD SPONSORS



The 2024 virtual career fair will be held on **April 25, 2024, 11 am to 5 pm EST.**

Questions? Email CareerFair@nbcc.org.

About NBCC and NBCCF

The [NBCC Foundation \(NBCCF\)](#) is one of the affiliates of the [National Board for Certified Counselors \(NBCC\)](#), a not-for-profit, independent certification organization whose primary mission is to advance the profession of counseling, in large part through the administration of national certification for counselors. As part of that mission, NBCCF leverages the resources of NBCC for capacity building, the expansion of access to mental health services in underserved and never-served communities, and the development of high-quality professional development resources for counselors and counselors-in-training.

Contact Information

NBCC Foundation
3 Terrace Way
Greensboro, North Carolina 27403

336-232-0376

336-232-0010

foundation@nbcc.org

Useful Links

- News
- Programs
- Contact
- GuideStar Rating

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First Name





In October 2020, Congress passed the Commander John Scott Hannon Veterans Mental Health Improvement Act, which required the U.S. Department of Veterans Affairs (VA) to expand access to mental health services, including substance use disorder treatment, animal and art therapy, and suicide prevention screening. It also established grant and scholarship programs aimed at bolstering the VA mental health workforce. Among these provisions was the requirement that the VA work with the Office of Personnel Management (OPM) to establish a Federal Occupational Series for mental health counselors. The creation of an independent series for counselors will allow them to be promoted and apply for supervisory positions. NBCC had been advocating for this provision for many years and worked closely with Sen. Jon Tester (D-MT) and Sen. Jerry Moran (R-KS) to have it included in this landmark piece of legislation.

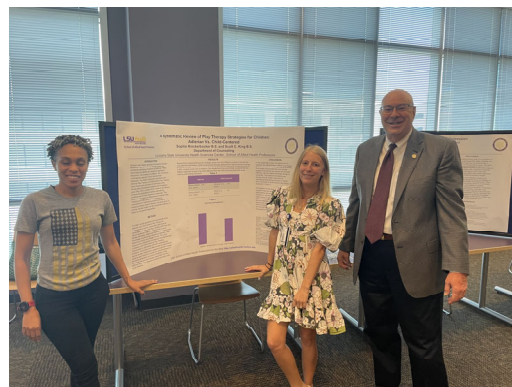
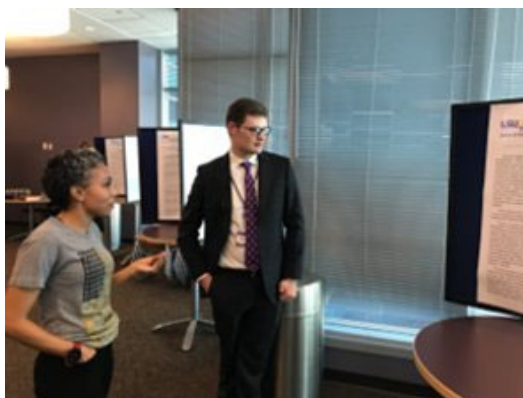
Earlier this year, the VA finalized Occupational Series 0183 and began hiring mental health counselors under their own designation for the first time in history. However, the 0183 series is currently only authorized for use by the VA. Many other federal agencies, such as the Department of Health and Human Services and the Department of Justice, often hire mental health counselors. Counselors working in these agencies are currently hired under the Social Science Series 101, which does not allow for counselors to be promoted beyond certain levels or to fill supervisory roles.

Though significant progress has been made, work to have the series adopted by the entire federal government remains. Federal agencies must request permission to hire under the series from OPM. NBCC has been working with the Indian Health Service (IHS) as well as Sen. Ben Ray Lujan's (D-NM) office to promote the adoption of the series by the agency. This would allow IHS to attract more counselors to address the dire shortage on tribal lands. NBCC will continue to engage IHS and other federal agencies to educate them on the series and how to access it.

www.nbcc.org/resources/nccs/newsletter/federal-occupational-series-july-update

I wanted to take a moment to connect with each of you about several updates and events. We have had a lot going on these past few months and wanted to keep you informed.

Congratulations again to the 2nd year students on their presentations and posters at the Department's Research Day held in September.



On October 3rd, the Department hosted its Advisory Board meeting in October and received much support and feedback in relation to discussions such as increasing enrollment numbers and connectivity to the community. We look forward to sharing initiatives as they develop.



On October 5th we hosted our first Open House and prospective students across Louisiana were invited to attend. It was a great turnout and I am attaching a slideshow that was presented. We additionally hosted a virtual open house prior to Thanksgiving and attendees were able to attend virtually! Dr. Walters has hit the ground running and attended numerous recruitment events this past Fall 2024.

 [Open House.pptx](#)



On November 17th we hosted Dr. Matt Morris from the University of Holy Cross's Counseling Department and we had a great showing! Over 100+ registrants attended the CE event. Please save the date for our next Tigers & Stripes event in March 2024.



The SAHP Alumni Committee hosted a Saint Pre-Game Tailgate on Sunday, December 10th from 9:30am-11:30am. 2nd year students presented a Site Showcase that informed the department about their Internship placements and allowed those in attendance to earn CE credits in Ethics.



Stay tuned for upcoming dates for Chi Sigma Iota Initiation and an event for Louisiana Chi Sigma Iota Chapters locally, the return of the SAHP Family Day, SAHP Research Day, the SAHP Student Soiree', and Graduation events. As always, if you have any questions, please contact the department at counseling@lsuhsc.edu

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Students

APRIL Provides an Umbrella
of Academic Support Services



APRIL Can Help You

ACADEMIC PERFORMANCE RESOURCES IN LSUHSC-NO

<https://lsuh.sc/APRIL>

Student Health
Wellness Center
Communication Disorders
Peer Advocate Liaison (PAL)
Campus Assistance Program
Child and Family Counseling Clinic
Off-Campus Professional Counseling
Academic & Neuropsychological Assessments



Scan for Additional Information

LSU Health
NEW ORLEANS

Campus Assistance Program

*Confidential services for students,
staff, faculty & residents*

(504) 568-8888 • cap@lsuhsc.edu

Reminder:
• Self-Care



LSU Health
NEW ORLEANS



**DR. ERIN DUGAN,
PH.D., LPC-S, RPT-S**

January 19th
Introduction to Play Therapy

February 23rd
Advanced Play Therapy

March 22nd
Filial Therapy

April 29th
Child Parent Relationship Therapy

May 17th
Group Play Therapy



**DR. HOLLY WALTERS,
PH.D., LPC-S, CRC**

January 26th
Using Joiner's Interpersonal Model to
Work with Suicidal Clients

February 9th
Unified Protocol Basics Part I

February 23rd
Unified Protocol Basics Part II

March 8th
DBT Basics

April 12th
Risk Assessment: Four Assessment Tools to
Use When Working with High-Risk Clients



(504) 556-3451

LSU HEALTH'S CHILD & FAMILY COUNSELING CLINIC'S

SPRING 2024 PROFESSIONAL SEMINAR SERIES



Seminars will be offered in-person and as live
webinars
Registration Required



Human Development Center
411 S. Prieur St.
Check-In Room 307