

# *Addressing the Fear of Falling - The Missing Link in Falls Prevention*

## **A CEU Workshop to Benefit the Jo Thompson Memorial Award**

**Thursday, August 2, 2018**

**Louisiana State University Health Sciences Center, School of Allied Health Professions,  
1900 Gravier Street, School of Nursing/Allied Health Lecture Hall A (Room 138),  
New Orleans, LA 70112**



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### LEARNING OBJECTIVES

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At the conclusion of this workshop, participants will be able to:

1. Discuss the importance of addressing fear of falling
2. Examine the mental and physical implications when fear of falling is not addressed
3. Identify the best practice strategies to address fear of falling

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### AGENDA

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11:30-12:00	Registration & Light Refreshments
12:00-12:30	<b>Introduction to Fear of Falling – Basics and Background</b> <b>Overview of Socratic Method &amp; Small Group Experience</b>
12:30-1:50	<b>Dialogue: Impact Fear of Falling Has on Health, Wellbeing, and Quality of Life</b>
1:50- 1:55	Break 1
1:55-2:50	<b>Dialogue: Self-Efficacy Focus</b>
2:50-2:55	Break 2
2:55-4:10	<b>Dialogue &amp; Summary: Evidence of Effective Intervention</b>

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### WORKSHOP PRESENTERS

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**Shannon Mangum, MPS, LOTR** has been an OT practitioner, faculty member, and business owner during her 33 years of practice, specializing in mental health, wellness and community-based practice.

**Lauren Siegel, MOTS** is a second year Master of Occupational Therapy student at LSUHSC-New Orleans. She is currently participating in a Level II Fieldwork with a mental health focus.

## REGISTRATION

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Thank you for registering to attend our seminar. We want to make the process as easy as possible. Please complete a separate registration form for each individual attending.

**Registration is by email only. Payment should be sent by mail or paid onsite at registration.**

Please complete this form and email to Lee Barton, Department Coordinator, at:

**lbart1@lsuhsc.edu**. If you have any questions about registration or require assistance, please call the OT Department at 504-568-4302.

Full Name \_\_\_\_\_

Title \_\_\_\_\_

Place of Employment \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_ Phone Number \_\_\_\_\_

Did you supervise a Level I or II FW student from LSUHSC-New Orleans in the past year? YES or NO.

If so, provide the name of the student and dates of supervision \_\_\_\_\_

Payment Method: WILL SEND BY MAIL or WILL PAY ONSITE.

## PAYMENT INFORMATION

**LSUHSC FW Supervisor: \$30.00** (Must have supervised an LSUHSC New Orleans OT student in the last year).

**OT/COTA/Other Healthcare Professional: \$60.00**

**Make checks payable to: LSU Health Foundation**

**If using payment by mail, please send check with registration form to:**

**LSUHSC - New Orleans, Department of Occupational Therapy , 1900 Gravier Street-8<sup>th</sup> Floor,  
New Orleans, LA 70112, Attn: Workshop**

## CONTINUING EDUCATION UNITS

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Completion of the workshop will provide 4 contact hours. Participants who must leave early or arrive late will receive hours reflective of time spent in the workshop. This course has been submitted for approval to the Louisiana State Board of Medical Examiners for OT practitioners.