

## **CURRICULUM VITAE**

Hao (Howe) Liu, PT, PhD, MS, FGSA

Date: February 6, 2025

School: School of Allied Health Professions
Department/Program: Department of Physical Therapy

Current Title: Head of Physical Therapy

**Business Address:** 1900 Gravier St, New Orleans, LA 70112

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Initial Appointment at LSUHSC Date: 12/1/2023

Current Academic Rank: Professor & Head of Physical Therapy

Date of Appointment to Current Rank: 12/1/2023

Military Service: NA

#### **Education:**

Undergraduate: 09/1982 - 07/1987 B.S. in Medicine

Jiangxi Medical College, Nanchang, China

**Graduate/medical** 09/1987 - 07/1990 MS in Neuroscience/Neuroanatomy

Suzhou Medical College, Suzhou, China

11/1992-05/1998 PhD in Anatomy

University of Mississippi Medical Center, Jackson, MS

07/1999 - 05/2001 MS in Physical Therapy

University of Mississippi Medical Center, Jackson, MS

Post-doctoral fellowships: 03/1998 - 07/1999

Otorhinolaryngology Division,

Department of Surgery

University of Mississippi Medical Center

Jackson, MS

Certification: 1998 USMLE I

2016 - Certified Exercise Expert in Aging Adults

(CEEAA), American Academy of Geriatric

Physical Therapy

**Licensure:** 2001, 2023 – now License: #04878

Louisiana Board of Physical Therapy

Examination.

2010 - 2024 License: #1194329

Texas Board of Physical therapy examiners.

2023 – no Privilege: # CP0190247

Iowa PT Licensure Privilege

## **Academic, Professional, and Research Appointments:**

| 09/90 – 11/92                 | Instructor of Anatomy<br>Department of Anatomy<br>Jiangxi Medical College, Nanchang, China   |
|-------------------------------|--|
| 06/01 – 11/01                 | Staff physical therapist, Plantation Manor Nursing Home & Rehabilitation Center, Winnsboro, LA   |
| 01/02 – 06/03                 | PRN physical therapist, MetroWest (HealthSouth) Hospital, Birmingham, AL   |
| 12/01 – 06/03                 | Staff physical therapist, Rehabilitation services<br>Bibb Medical Center Centreville, AL   |
| 06/03 – 08/09                 | Assistant Professor of Physical Therapy<br>University of Central Arkansas, Conway, AR  |
| 11/03 – 12/09                 | PRN physical therapist, Aegis Therapies<br>Little Rock, AR   |
| 09/09 – 12/09<br>01/10 –08/15 | Tenured associate Professor of Physical Therapy,<br>University of Central Arkansas, Conway, AR<br>Tenured associate professor of Physical Therapy,<br>Department of Physical Therapy, University of North<br>Texas Health Science Center, Fort Worth, TX |
| 01/11 – 07/22                 | Adjunct Professor and PhD Advisor of Anatomy,<br>Center for Anatomical Science, University of North<br>Texas Health Science Center, Fort Worth, TX   |
| 01/15 – 02/17                 | PRN Physical Therapist, Green Valley Nursing and Rehabilitation Center, Reliant Rehabilitation, North Richland Hills, TX   |

| 12/16/ - 02/18  | PRN Physical Therapist, The Carlyle at Stonebridge<br>Park Rehab & Nursing Center, Cantex Continuing<br>Care Network, Southlake, TX             |
|-----------------|---|
| 08/17 – 07/19   | Adjunct Professor of Anatomy, Department of Medical Education, School of Medicine of Fort Worth, Texas Christian University, Fort Worth, TX     |
| 09/19 – 03/20   | PRN Physical Therapist, Baylor Scott & White Institute for Rehabilitation, Fort Worth, TX   |
| 09/15 – 08/22   | Professor of Physical Therapy, Department of<br>Physical Therapy, University of North Texas Health<br>Science Center, Fort Worth, TX            |
| 09/20 - 11/23   | Clinical Consultant, ATC Acupuncture & Chiropractic Therapy Clinic, Frisco, TX  |
| 08/22 – 11/23   | Professor and Director of Collaborative Research<br>Department of Physical Therapy<br>Allen College, Waterloo, Iowa                             |
| 03/23 – 11/23   | PRN Physical Therapist<br>Reliant Rehabilitation/TruCare Solutions.<br>Flower Mound and Saginaw, TX   |
| 12/23 – present | Professor and Head of Physical Therapy, Department<br>of Physical Therapy, Louisiana State University<br>Health Science Center, New Orleans, LA |
| 01/24 – Present | Adjunct professor of Department of Anatomy<br>Louisiana State University Health Science Center,<br>New Orleans, LA.                             |

#### **Awards and Honors:**

- 2009 Nominee of Researcher of The Year (2009). University of Central Arkansas.2009.
- 2014 Outstanding Physical Therapy Researcher Award. Texas Physical Therapy Association, 2014
- 2016 Valubility of the Month (October). University of North Texas Health Science Center. 2016

- 2017 Faculty Achievement Award (Plaque with cash \$2500). University of North Texas Health Science Center (UNTHSC), 2017.
- 2021 Service Commendation of 2021 American Congress of Rehabilitation Medicine. For service as the communication officer of Complementary & Integrative Rehab Medicine Networking Group. December 2021.
- 2021 Award of Best Scientific Poster in Geriatric Rehabilitation. 2021 (Virtual) Annual Conference of American Congress of Rehabilitation Medicine.
- 2021 Research Mentor of Recipient of 2021 American Congress of Rehab Medicine.(ACRM) Student's Scientific Poster Award in Complementary & Integrative Rehab Medicine. Joshua Baker -Effects of Tai Chi on people with sleep dysfunctions
- 2021 Research Mentor of the recipient 2021 APTA Cardiovascular & Pulmonary Section Student Research Poster Award (Logsdon L: Tai Chi for Chronic Obstructive Pulmonary Disease).
- 2021 Fellow of Gerontological Society of America. Approved and Starting in May 2021
- 2021 Faculty Achievement Award (Plaque with cash \$2500). University of North Texas Health Science Center (UNTHSC), 2021.
- 2022 FOCUS Spotlight Award, Allen College. December 2022
- 2022 William Gould Memorial Faculty Award. Texas Physical Therapy Association; October 2022.
- 2023 FOCUS Spotlight Award, Allen College. April 2023.

#### Teaching Awards: None

#### TEACHING EXPERIENCE AND RESPONSIBILITIES

Since beginning my teaching career in 2003, I have had the privilege of contributing to the education of physical therapy students across four prestigious institutions: the University of Central Arkansas, the University of North Texas Health Science Center (UNTHSC), Allen College in Iowa, and currently, LSU Health Sciences Center in New Orleans. Over the years, I have developed a deep commitment to providing an enriching and supportive learning environment that fosters both academic success and clinical competence among students. Teaching is not just a responsibility; it is the cornerstone of my professional identity. In my role, I strive to create an engaging, student-centered

atmosphere, where students feel encouraged to actively participate, ask questions, and challenge their thinking. I emphasize the importance of translating classroom knowledge into real-world clinical applications. This holistic approach is grounded in my teaching philosophy, which prioritizes fostering critical thinking, clinical decision-making skills, and a deep understanding of course content.

As a physical therapy educator for 22 years, my primary teaching responsibilities included serving as the course director for Anatomy, Neuroanatomy, Diagnostic Imaging, Pathology, Pharmacology, and the EBP (I-4) series. In addition to these courses, I have frequently taken on additional responsibilities based on departmental needs. Through my dedication to providing quality education, I am committed to shaping the next generation of physical therapists, equipping them with both the knowledge and skills needed to excel in the clinical environment. My teaching philosophy remains rooted in the belief that high levels of student engagement, critical thinking, and clinical application are essential to their academic and professional success.

# Course/Clerkship/Residency or Fellowship/CME Directorships

## Teaching PT at University of Central Arkansas (Summer 2003 - Fall 2009)

| 2003 Sumn<br>Fall       |  | y (PTHY 7390)<br>my (PTHY 5055)                               | Course director Course director                    |
|-------------------------|--|---|--|
| 2004 Spring<br>Sumn     | ner Adv. Anatom                                | e (PTHY 6501)<br>y (PTHY 7390)<br>ogy, Physiology & Pathology | Lab director<br>Course director<br>Course director |
| Fall                    | ` ,  | my (PTHY 5055)  | Course director                                    |
| 2005 Spring             | g Neuroscience<br>International<br>(PTHY 5190/ | •   | Lab director<br>Course director                    |
| Sumn                    | ner Àdv. Anatom                                | y (PTHY 7390)   | Course director                                    |
|                         | Differential [                                 | Ox (PTHY 7365)  | Co-course director                                 |
| Fall                    | Gross Anator<br>Gross Anator<br>(combined w    | •   | Course director<br>Course director                 |
| 2006 Spring             | Neuroscience<br>International<br>(PTHY 5190/   | -   | Lab director<br>Course director                    |
| Summe                   | er Applied Histol<br>(PTHY 7330)               | ogy, Physiology & Pathology                                   | Course director                                    |
| <b>B</b> . 1 <b>1</b> . | Res Design (                                   |   | Co-Course director                                 |

|      | Fall             | Gross Anatomy (PTHY 5055)<br>Gross Anatomy – OT<br>(combined with PT)  | Course director Course director                    |
|------|------------------|--|--|
| 2007 | Spring           | Neuroscience (PTHY 6501)<br>International PT study<br>(PTHY 5190/5290)   | Lab director<br>Course director                    |
|      | Summer           | Advanced Anatomy (PTHY 7390)<br>Res Design (PTHY 6340)   | Course director<br>Course director                 |
|      | Fall             | Gross Anatomy (PTHY 5055)  | Course director                                    |
| 2008 | Spring<br>Summer | Neuroscience (PTHY 6501)<br>Res Design (PTHY 6340)<br>Applied Histology, Physiology & Pathology<br>(PTHY 7330) | Lab director<br>Course director<br>Course director |
|      | Fall             | Gross Anatomy (PTHY 5055)  | Course director                                    |
| 2009 | Spring           | Neuroscience (PTHY 6501)<br>International PT study<br>(PTHY 5190/5290)   | Lab director<br>Course director                    |
|      | Summer           | Advanced Anatomy (PTHY 7390)<br>Res Design (PTHY 6340)   | Course director<br>Course director                 |
|      | Fall             | Gross Anatomy (PTHY 5055)  | Course director                                    |

## **Teaching PT at Univ North Texas Health Science Center (2010-2023)**

| 2010 Fa | all:           | DPHY7305 Applied Anatomy (Kin) DPHT 7221EBP I  | Course director Course director   |
|---------|----------------|--|---|
| Si      | ummer:<br>all: | PHT 7301 Clin Med (Path/Pharm) DPHT 7333 EBP II DPHT 7400 Clinical Anatomy DPHT 7200 Neuroanatomy: DPHT 7221 EBP I | Course director<br>Course director<br>Course Director<br>Course director                    |
| _       | ummer:<br>all: | PHT 7301 Clin Med (Path/Pharm) DPHT 7333 EBP II DPHT 7400 Clinical Anatomy DPHT 7200 Neuroanatomy: DPHT 7221 EBP I | Course director<br>Course director<br>Course Director<br>Course director<br>Course director |
|         |                | DPHT 7333 EBP II<br>DPHT 7400 Clinical Anatomy<br>DPHT 7200 Neuroanatomy:  | Course director<br>Course director<br>Course Director                                       |

| 2014 | Spring<br>Summer:<br>Fall: | PHT 7301 Clin Med (Path/Pharm)<br>DPHT 7333 EBP II<br>DPHT 7400 Clinical Anatomy<br>DPHT 7200 Neuroanatomy:  | Course director<br>Course director<br>Course Director   |
|------|----------------------------|--|---|
| 2015 | Summer:<br>Fall:           | DPHT 7333 EBP II<br>DPHT 7400 Clinical Anatomy<br>DPHT 7200 Neuroanatomy:<br>IPE (interprofessional education)   | Course director<br>Course director<br>Course Director<br>Group leader   |
| 2016 | Summer:<br>Fall:           | DPHT 7333 EBP II<br>DPHT 7400 Clinical Anatomy<br>DPHT 7200 Neuroanatomy:<br>IPE (interprofessional education)   | Course director<br>Course director<br>Course Director<br>Group leader   |
| 2017 | Summer:<br>Fall:           | DPHT 7333 EBP II<br>DPHT 7400 Clinical Anatomy<br>DPHT 7200 Neuroanatomy:<br>IPE (interprofessional education)   | Course director<br>Course director<br>Course Director<br>Group leader   |
| 2018 | Spring<br>Summer<br>Fall:  | DPHT 7202 Clini Med II (Pharm) IPE (interprofessional education) DPHT 7333 EBP II DPHT 7400 Clinical Anatomy DPHT 7200 Neuroanatomy: IPE (interprofessional education)   | Co-Course director<br>Group leader<br>Course director<br>Course director<br>Course Director<br>Group leader   |
| 2019 | Spring Summer Fall         | Tai Chi for Health DPHT 7254 Diagnostic Imaging DPHT 7244 EBP III Graduate Lab rotation (BMSC 5150) DPHT 7333 EBP II DPHT 7400 Clinical Anatomy I SPHT 7200 Neuroanatomy | Course Director Course director Co-Course Director Lab Mentor Course Director Course director Course Director |
| 2020 | Spring Summer Fall         | Tai Chi for Health DPHT 7254 Diagnostic Imaging DPHT 7244 EBP III Graduate Lab rotation (BMSC 5150) DPHT 7333 EBP II DPHT 7400 Clinical Anatomy I SPHT 7200 Neuroanatomy | Course Director Course director Co-Course Director Lab Mentor Course Director Course director Course Director |
| 2021 | Spring                     | Tai Chi for Health DPHT 7254 Diagnostic Imaging DPHT 7244 EBP III Graduate Lab rotation (BMSC 5150)  | Course Director<br>Course director<br>Co-Course Director<br>Lab Mentor  |

|      | Summer<br>Fall           | DPHT 7333 EBP II<br>DPHT 7400 Clinical Anatomy I<br>SPHT 7200 Neuroanatomy                                 | Course Director<br>Course director<br>Course Director                       |
|------|--------------------------|--|---|
| 2022 | Spring<br>Summer<br>Fall | DPHT 7254 Diagnostic Imaging<br>DPHT 7333 EBP II<br>DPHT 7400 Clinical Anatomy I<br>SPHT 7200 Neuroanatomy | Co-Course director<br>Course Director<br>Course director<br>Course Director |
| 2023 | Fall                     | DPHT 7400 Gross Anatomy I  | Co-Course director  |

## **Teaching PA Anatomy and Neuroanatomy at UNTHSC**

| 2011 | Fall: | Clinical Anatomy - PA<br>Neuroanatomy - PA | Co-Course director<br>Course Director |
|------|-------|--|---------------------------------------|
| 2012 | Fall: | Clinical Anatomy - PA<br>Neuroanatomy - PA | Co-Course director<br>Course Director |
| 2013 | Fall: | Clinical Anatomy - PA<br>Neuroanatomy - PA | Co-Course director<br>Course Director |
| 2014 | Fall: | Clinical Anatomy - PA<br>Neuroanatomy - PA | Co-Course director<br>Course Director |
| 2015 | Fall: | Clinical Anatomy - PA<br>Neuroanatomy - PA | Co-Course director<br>Course Director |
| 2016 | Fall: | Clinical Anatomy - PA<br>Neuroanatomy - PA | Co-Course director<br>Course Director |
| 2017 | Fall: | Clinical Anatomy - PA<br>Neuroanatomy - PA | Co-Course director<br>Course Director |
| 2018 | Fall: | Neuroanatomy - PA                          | Course Director                       |

## **Teaching Responsibility for PT in Allen College (PT Dept)**

| 2022 Fall   | DPT 621Pathology (4) DPT 631 Pharmacology (3) | Course director<br>Course director |
|-------------|---|------------------------------------|
| 2023 Spring | DPT 601 Anatomy (5) DPT 863 Geriatric PT (3)  | Course director Co-Course director |
|             | DPT 878 PT for Special Population (3)         |                                    |

Fall DPT 621Pathology (4) Course director

DPT 631 Pharmacology (3) Course director

## Teaching at LSUHSC PT Department

PHTH 7123 Pathophysiology (4) Course director 2024 Spring Summer PHTH 7000 Anatomy (PT/OT/PA)(5) Lecturer/Lab Fall

PHTH 7300 Health Wellness (2) Course director

## **Curriculum Development/Implementation**

#### Curricula Development at University of Central Arkansas (2003-2009)

PTHY 7390 Advanced Anatomy Course director Summer 2003

Description: This was a 1-credit hour elective course I had developed to

help 2<sup>nd</sup> and 3<sup>rd</sup> year PT students to review cadaver-based anatomy in anatomy lab. The course focused on reviewing musculoskeletal anatomy with all teaching time in the lab.

Lab director Spring 2004 PTHY 6501 Neuroscience

Description: Assigned to be responsible for neuroanatomy lab teaching

> and redesign the lab contents and how they should be delivered to match them well with the lecture contents that

students just learned in classroom.

PTHY 7330 Applied Histology, Physiology & Pathology Summer 2004

This was a 1-credit hour elective course I had developed to Description:

> introduce 2<sup>nd</sup> and 3<sup>rd</sup> year PT students on the development of musculoskeletal, cardiovascular, respiratory, and nervous

systems and a few of related pathological analysis.

PTHY 5055 Gross Anatomy Course director Fall 2004

Description: After teaching anatomy in Fall 2003, I redesigned the course

> syllabus, course contents, and content delivery for this 5credit hour course to make it a more rehabilitation (PT/OT)

oriented course.

PTHY 5190/5290 International PT study Course director 2005

Description: Designed a 2-credit hour elective course to study traditional

Chinese medicine (TCM) (1-credit hour) in Spring semester and then students traveled to China to have an immersive visit study (1 credit hour) in traditional Chinese medicine

institutions and hospitals.

PTHY 6340 Res Design Co-Course director, Summer 2006

Description: Revised this 3-redit hour course by adding more contents (IRB procedure, CITI training, etc.) into the course.

#### Curricula Developed at University of North Texas Health Sci Ctr (2010-2023)

- Descriptions: As one of the founding members for this new physical therapy program, I designed the syllabi for the following courses in 2010:
- PTHT 7400 Clinical Anatomy I 4 credit hours
- PTHT 7200 Clinical Anatomy II (Neuroanatomy) 2 credit hours
- PTHT 7221 Evidence-based Practice (EBP) I 3 credit hours in1st fall semester focused on statistics, research design, IRB procedure, CITI training.
- PTHT 7333 EBP II 3 credit hours in 1<sup>st</sup> summer session focused on research article analysis: case report/study, retrospective and prospective study, cross-sectional, randomized control trial, systematic review, and meta-analysis with a variety of simple case evaluation (including students' presentation)
- PTHT 7244 EBP III 2 credit hours in 2<sup>nd</sup> fall semester– focused on preparation of capstone and case analysis based on the knowledge contents students have learned with act-out presentations. Also work with faculty members to work on the capstone project.
- PTHT 7344 EBP IV 2 credit hours in last spring semester focused on completing the capstone project with each faculty member and finalizing students' presentation.
- <u>PHTH 7301 Clinical Medicine</u> 4 credit hours in 1<sup>st</sup> Spring semester focused on pathology and pharmacology in physical therapy.
- <u>PTHT 7254 Diagnostic Imaging</u> 2 credit hours in 2<sup>nd</sup> spring semester. I took over the course in 2019. Revised the course by revising the radiography and MRI contents and adding diagnostic musculoskeletal sonography.

#### **Developed at Texas Christian University (2017-2019)**

As an adjunct professor to help TCU to start the new medical school, I was responsible as the course lead for developing system-based Anatomy course and Neuroanatomy courses: mainly worked course syllabi and how the course contents should be layout to align with other courses with the contents on the same system of the human body.

## Curricula Developed at Allen College (lowa) (2022-2023)

Courses revised since joining Allen College PT program

DPT 621- Pathology (4) Fall semester

Description: revised the course contents based on what I did previously to make them fit the 4-credit hours in a virtual teaching format.

DPT 621- Pharmacology (3) Fall semester

Description: revised the course contents based on what I did previously to make them fit the 3-credit hours in a virtual teaching format.

DPT 601 Anatomy (5) Spring semester

Description: revised the course contents based on what I did previously to make them fit the 5-credit hours course that was lectured in a virtual classroom. The immersion lab was conducted inperson with plastinated cadavers and plastinated body parts.

DPT 863 Geriatric PT (3) Spring semester

Description: re-designed the course based on the APTA CEEAA course I have taken with my teaching responsibilities on the aging process on different body systems and environmental adaptation for the elderly; and lab activities on assessments of strength, endurance, flexibility, balance, gait, and functionality.

DPT 878 PT for Special Population (3) Spring semester

Description: redesigned the course contents and lab activities with my responsibilities on teaching and lab instruction on oncology, pelvic health, and obesity.

## Curricula Developed at LSUHSC (2023-now)

PHTH 7123 Pathophysiology (4) Spring 2024

Description: revised the course to make it the way I used to teach in

previous PT programs.

PHTH 7300 Health Wellness & Promotion (2) Fall 2024

Description: Revised the course contents, reorganized the guest lectures,

and added a lab demonstration of complementary therapies (cupping, graston, Tai Chi, acupuncture needling, dry

needling, etc.).

## **Creation of Enduring Teaching Materials**

NA

#### **Formal Course Responsibilities**

## Course responsibilities in University of Central Arkansas (2003-2009)

| 1. | PTHY 5055 Gross Anatomy               | Course director    | 96 hrs/yr for 7 years |
|----|---------------------------------------|--------------------|-----------------------|
| 2. | PTHY 6501 Neuroscience                | Lab director       | 18 hrs/yr for 6 years |
| 3. | PTHY 7390 Adv Anatomy                 | Course director    | 15 hrs/yr for 3 years |
| 4. | PTHY 7330 App Histology               | Course director    | 15 hrs/yr for 3 yrs   |
| 5. | PTHY 6340 Res Design                  | Co-course director | 45 hrs/yr for 3 years |
| 6. | PTHY 5190/5290 International PT study | Lecturer           | 30 hrs/yr for 3 years |
| 7. | PTHY 7520 Cardiopulmonary             | PT Lab instructor  | 24 hrs/yr for 1 year  |
| 8. | PTHY 7365 Differential Dx             | Co-course director | 15 hrs/yr for 2 years |

## <u>Curricula Developed at University of North Texas Health Sci Ctr (2010-2023)</u>

| 1. | DPHT 7305 App Anatomy(Kin)   | Course director | 45 hrs/yr for a year                     |
|----|------------------------------|-----------------|--|
| 2. | DPHT 7221 EBP I              | Course director | 45 hrs/yr for 3 years                    |
| 3. | DPHT 7333 EBP II             | Course director | 45 hrs/yr for 12 years                   |
| 4. | DPHT 7400 Clin Anatomy       | Course director | 96 (42 lecture+54 lab) hrs/yr for 14 yrs |
| 5. | DPHT 7200 Neuroanatomy:      | Course Director | 36 (30 lecture+6 lab)/yr for 12 yrs      |
| 6. | DPHT 7301 Clin Med           | Course director | 60 hrs/yr for 2 years                    |
| 7. | DPHT 7254 Diagnostic Imaging | Course director | 20hrs/yr for 4                           |

## Curricula Developed at Allen College (Iowa) (2022-2023)

| 1. | DPT 621- Pathology (4)       | Course director    | 60 hrs/yr for 2 cohorts                  |  |  |
|----|------------------------------|--------------------|--|--|--|
| 2. | DPT 621- Pharmacology (3)    | Course director    | 45 hrs/yr for 2 cohorts                  |  |  |
| 3. | DPT 601 Anatomy (5)          | Course director    | 92 hrs (52 lectures+40 lab) for 1 cohort |  |  |
| 4. | DPT 863 Geriatric PT (3)     | Co-course director | 12 hrs/yr for one cohort                 |  |  |
| 5. | DPT 872 PT for Spec Popu (3) | Co-course director | 12 hrs/yr for one cohort                 |  |  |

#### Curricula Developed at LSUHSC (2023-now)

| 1. | PHTH 7123 Pathophysiology (4) Course director  | 60 hrs/yr for one cohort |
|----|--|--------------------------|
| 2. | PHTH 7300 Health Promotion (2) Course director | 30 hrs/yr for one cohort |

### **Departmental/Interdisciplinary Teaching Conferences**

#### **At University of Central Arkansas**

1. Research Forum (2007 – 2009): coordinated this on monthly basis,

## **Undergraduate, Medical, or Graduate Student Research Projects:**

#### Research Mentor for DPT students at UNTHSC (2010-2023)

- Research mentor for physical therapy student projects (not required) 2010-2013
- 2. Jeff Guild in Class 2013 who received Dean's award for student's research excellence award for his pee-r-reviewed article in study on walking sticks.
- 3. Research mentor for physical therapy students group project (required) Mirror therapy study in Class 2013 2012-2013.
- Jeff Guild, Lauren Peterson, Jenny Peterson, Rachael Langford who received 1<sup>st</sup> place ward of Physical Therapy in 2013 RAD (Research Appreciation Day), UNTHSC 2013.
- 5. Alex Gustaf, Sam Taylor. Gait analysis walking on an incline with different ambulatory devices. Presented at the 2014 Conference of Texas Physical Therapy Association, Arlington, TX
- 6. Hesper Fang, Case report of extensor indices proprius a cadaver study. Presented at UNTHSC 2014 Research Appreciation Day.
- Ceci U. Analysis of exercise programs in assisted living communities. Presented at the 2013 Conference of Texas Physical Therapy Association, San Antonio, TX.
- 8. Rebecca Pares. Functional analysis of people with DeGorge syndrome. Presented at the 2014 US DeGorge Syndrome conference, Las Vegas, NV. July 2014.
- 9. Fang H, Mabutas K, Coppock A, Bolinger E (Class 2015). The effects of animal-assisted therapy on older adults with dementia: a systematic review.
- 10. Chad Pittmon (Class 2016) Effects of music therapy on functional mobility patients with stroke.
- 11. Juarez C, Wolf G, Bello A (Class 2017). Effects Of Aquatic Therapy On Neuromuscular Disease: A Review Of The Literature.
- 12. Pennucci M, Dillard D, Baker S (Class 2018), Comparison of Trunk and Leg Sway During Single Leg Stance.
- 13. Jay N, Downing A, Cook R. (Class 2017). Effects of Aerobic Exercise for Children with Down Syndrome: A Systematic Review of Literature.
- 14. Guzman JL, McEwen M, Cooper R, (Class 2018). The effect of Music on Gait patterns for Patients with Parkinson's Disease.
- 15. Garcia S, Kelley C, Rose K (Class 2019). A Systematic Review of Physical Therapy Interventions for Parkinson's Disease Introduction.
- 16. Coleman A, Beasley S, (Class 2020). Nichols C. Coordinated movement of diaphragm and pelvic floor muscle in relation to respiratory function.
- 17. Tran K, Henry Z, Salem Y, Liu H. Virtual Reality Intervention for Parkinson's Disease: A Systematic Review.
- 18. Logsdon L, Kolenovic M, Traina A, (Class 2021). Tai Chi with Chronic Obstructive Pulmonary Disease.
- 19. Traina A, Logsdon L, Kolenovic M Class 2021). Tai Chi and Cardiovascular Conditions.

- 20. Gary Pina, Bieu Cung, (Class 2023). Effects of Tai Chi on Depression and Anxiety in th Elderly People.
- 21. Prince Thomas. (Class 2023) Comparison of Gait Parameters when walking with a Rolling walker and a Cane on an Inclined Surface in Older Adults.

## Research Mentor for DPT Students at LSUHSC-NO (2023- now)

 Berggren B, Fluellen E, Kieff J. Bilateral Appearance of The Abductor Digiti Minimi Accessorius Originating from the Palmaris Longus Muscles: A Case Report (Class 2027).

## Mentorship for DO Students at Univ North Texas Health Sci Center:

- 1. Cindy Shi (Class 2012 2016). Analysis of posture influence on gait among those who use rolling walkers for daily activity.
- 2. Talon Miner (Class 2011 2015). Effect of osteopathic manipulation on bottom of foot to improve lower extremity circulation.
- 3. Justin Koenemann and Javier Piraino (Class 2013 2017). Anatomical analysis of anterior interosseous syndrome.
- 4. Blake Richard (Class 2014-2018) Assessment of gait when using a rolling walker to make a turn
- 5. Joshua Baker (Class 2024) Effect of Tai Chi exercise for people with insomnia.

#### **Formal Mentoring and Advisor:**

At University of Central Arkansas

PhD Advisor for Ms. Myles Quiben (Graduated in 2009)

At University of North Texas Health Science Center

- PhD Advisor for Vuvi Nguyen, 2012 –2017
- Lab mentor: Libby Bradley (she did lab rotation in my lab in Summer and fall 2019) – Revisit of long thoracic nerve – Surface projection assessment

#### Thesis, Clinical Doctoral Projects, and/or Dissertation Committees:

At University of Central Arkansas

- PhD Committee member for Mr. James Fletcher (graduated in 2006)
- PhD Committee member for Ms. Margaret McGee (graduated in 2007)
- PhD Committee member for Mr. Chad Glasmore (Graduated in 2009)

At University of North Texas Health Science Center

- PhD Committee member for Ms. Victoria Kowalewski (2014-2018)
- Lab mentor: Libby Bradley (she did lab rotation in my lab in Summer and fall 2019) – Revisit of long thoracic nerve – Surface projection assessment
- Committee member for Mr. Taylor Craig Revisit the sciatic nerve with an approach of clinical application (2021-2022)
- Lab mentor for Ms. Vaughna Galvin (Summer 2019)

#### At the University of Maryland at Baltimore

 PhD Qualification Oral and Written Exam Committee: Baghi, Raziyeh (a PhD student at Physical Therapy Department of University of Maryland at Baltimore) (2020-2021)

#### **Post-Doctoral or Post-Residency Fellows Trained:**

#### At University of North Texas Health Science Center

#### Post-doctor training

Dr. Xiao Bao. MD, PhD. 2016-2017 on research of ultrasound guided interventions for patients with musculoskeletal pain; effect of intermittent hypoxia training for patients with mild dementia.

## Mentor for Visiting Scholars at UNTHSC (2012-2020):

- **1.** Qiu, Qixiang (Shawn). MD, MS. 2012 2013. Baduanjin exercise for older adults in senior living communities.
- **2.** Rui (Ray) Ma, MD, PhD. 2013 2014. Identification of anatomical variation of musculoskeletal system in upper extremity in gross lab.
- **3.** Ping Miao, MD, MS. 2014 May 2015. EMG study on vastus medialis during squatting.
- **4.** Bao Yi, MS, PT. 2014 2015. Comparison of physical therapy studies between US and China.
- **5.** Shao, Yingjin, MD, MS, PT. 2015-2016. Dry needling studies.
- **6.** Liu, Hao, MD, PhD. 2016-2017. Analysis of Exercise programs provided in senior living communities in metropolitan area.
- **7.** Guo Yuanyuan, MD, MS. 2017-2018. Postural analysis when using rolling walkers for ambulation in older adults.
- **8.** Li, Yingzhi, MD, PhD. 2017-2018. Hands-on manipulation for sacroiliac joints.
- **9.** Wang, Kangling. MD, PhD. 2018-2019. Psychological analysis of pain in geriatric patients; and in those who use wheelchairs for mobility
- **10.** Zhou Jingjie, PT, MS.2019-2020. Additive effect of E-stim on stroke patients who are receiving therapeutic exercise.

#### **Mentorship for MD Students:**

- Blake Richard (Class 2014-2018 at College of Osteopathic Medicine, UNTHSC)
   Assessment of gait when using a rolling walker to make a turn.
- Cindy Shi (Class 2012 2016, at College of Osteopathic Medicine, UNTHSC).
   Analysis of posture influence on gait among those who use rolling walkers for daily activity.
- **3.** Talon Miner (Class 2011 2015, at College of Osteopathic Medicine, UNTHSC). Effect of osteopathic manipulation on bottom of foot to improve lower extremity circulation.
- **4.** Justin Koenemann and Javier Piraino (Class 2013 2017, at College of Osteopathic Medicine, UNTHSC). Anatomical analysis of anterior interosseous syndrome.
- **5.** Joshua Baker (Class 2020-2024 at College of Osteopathic Medicine, UNTHSC) Effect of Tai Chi exercise for people with insomnia.
- **6.** Gunda Saket (Class 2023-2027, School of Medicine, LSUHSC-New Orleans) Effect of Tai Chi exercise on Patients with Metabolic Syndrome

### **RESEARCH AND SCHOLARSHIP**

#### **Funded Grants & Contracts**

1. Morphology of Basilar Pontine Nuclei.

Grant No.: NS 12644 (1992-1998)
Grant Source: National Institute of Health

Role: Co-investigator. (Principle investigator: Dr. Greg Mihailoff)

Status: Funded and Completed.

2. Effect of An Exercise Program on Functional Mobility in Older Individuals: A Pilot Study.

Applied Funding: \$1,000.00

Grant Source: Faculty Enhancement Grant (2005-2006)

Role: Principle Investigator

Status: Completed

3. <u>Effects of an Exercise Program on Risk of Falling in Elderly Individuals: Outcome</u>
Measured with Falls Efficacy Scales and Berg Balance Scale.

Applied Funding: \$2,102.00
Grant No.: URC 212-220

Grant Source: University Research Council (URC) grant (2004-2005)

Role: Principle Investigator

Status: Completed

4. <u>Depression and Fear of Falling Among the Elderly People Using Assistive Ambulatory</u> Devices.

Approved Funding: \$1,377.00
Grant Number: URC 132217

Grant Source: University Research Council (URC) grant (2006-2007)

Role: Principle Investigator

Status: Completed

5. Effect of Assistive Ambulatory Devices on Balance and Posture in Older Individuals.

Applied Funding: \$4,550.00 Grant Number: URC 216116

Grant Source: University Research Council (URC) grant (2007-2008)

Role: Principal Investigator

Status: Completed.

6. Influence of Combined L-dopa and Passive Exercise on Restoration of the Frequency

Dependent Depression of the H-Reflex in Rats with Spinal Cord Injury.

Approved Funding: \$16,724.00

Grant No.: NIH Award #: 5 P20 RR016460; ORSP/ARIA #: 0701
Grant Source: Arkansas Biomedical Research Infrastructure Network

(BRIN) (Year 2005)

Role: Principle Investigator
Status: Funded. Study completed.

7. Tailored Home Exercise-Partner Intervention for Post-Hospitalized Frail Elders.

Approved Funding: \$15,000.00

Grant Source: Department of Health and Human Services, University of

Arkansas for Medical Sciences (Year 2007)

Role: Co-Investigator

Status: Funded and study completed.

8. Functional Assessment for Patients with DiGeorge Syndrome.

Applied funding: \$1,500.00

Grant source: Texas Physical Therapy Association Research Fund - 2013

Role: Co-PI Status: Funded

9. <u>Creating the Flipped Classroom for Human Gross Anatomy.</u>

Applied funding: \$10,000.00 (03/01/2014 – 08/31/2015)

Grant source: UNTHSC Teaching fund

Role: Co-PI Status: Funded

10. Use of Yoga for Young Children with Down Syndrome.

Applied funding: \$12,200.00 (04/01/2014 – 08/31/2015)

Grant source: UNTHSC Research Grant

Role: Co-PI Status: Funded

11. SmartWalker - A New Design of Rolling Walker to Reduce Falls and Walker-use

Related Side Effects

Applied funding: \$100,000.00 (06/01/14 – 05/31/17)

Grant Source: Texas Medical Research Collaborative Fund

Role: PI

Status: Completed

## 12. Analysis of Gait When Walking with a Rolling Walker with Leaning Forward

<u>Posture</u>

Funding: \$1000.00 (2/2015 – 2/2016)

Grant Source: TCOM Research Fund of UNTHSC

Roe: PI

Status: Completed

## 13. Vibration Therapy for Patients with Subacute Stroke

Funding: \$4,500.00 (2016-2019)

Grant Source: Texas Physical Therapy Association Foundation

Role: Co-PI Status: Completed

#### 14. Gait Assessment When walking with a Rolling Walker to Make a Turn

Funding: \$1000.00 (2/2016 – 2/2017)

Grant Source: TCOM Research Fund of UNTHSC

Role: Research Mentor

Status: Completed

#### 15. Balance assessment in the elderly after a 12-week Computerized game-based

intervention

Funding: \$10,250.00 (6/2016 – 6/2018)
Grant Source: Alexandave Industries. Inc.

Roe: PI

Status: Completed

#### 16. Effect of Combined Vibration Therapy with Regular Exercise for Patients with

Multiple Sclerosis in Community

Funding: \$20,000.00 (09/01/2017 – 12/31/2020)

Grant Source: Institute of Aging and Alzheimer Disease, UNTHSC

Role: PI

Status: Completed

## 17. Education and Research Pathway Training Program for DEI Awareness in Healthcare

Workforce

Funding: \$10,000.00

Funding Resource: 2021 UNTHSC DEI Awareness Grant (2021-2022)

Role: Co-PI Status: Approved.

#### 18. Intermittent Hypoxia Training: Novel Rehabilitative Therapy for Ischemic Stroke.

Funding: \$30,000.00

Funding Resource: UNTHSC Applied Research Grant (5/1/19-2/28/21)

Role: Co-investigator (PI: Dr. Shi, Xiangrong)

Status: funded

19. <u>Dyadic Tele-Tai Chi Qigong Program for People with Parkinson Disease and Their</u>

Caregivers Living in Community.

Funding: \$3,000.00

Funding source: Parking Foundation (2023-2024),

Role: PI

Status: Funded.

20. Virtual Tai Chi Program for People with Mild to Moderate Parkinson Disease and Their

Caregivers in Community with Diversity.

Funding: \$5,000.00

Funding source: Parking Foundation (2024-2025),

Role: PI Status: Funded.

## Pending funding

1. <u>Incentivizing Physical Therapy Workforce Development: Supporting Students in</u>

Underserved Areas of Louisiana

Funding request: \$276,139.00 (2025 – 2027)

Funding source: Health Care Employment Reinvestment Opportunity (HERO) Fund

Role: PI (Hoang H, Co-PI)
Status: Under Review

2. Hearing Aid Effects on Gait and Posture.

Funding: \$165.307.00 (2025-2028)

Funding source: LSU Board of Regent Support Fund

Role: Co-PI (Rishig D., PI)

Status: Under review

## Recent non-funded applications

1. Deep Diaphragmatic Breathing Based Progressive Tai Chi Exercise for Patients with

Parkinson Disease – An Exploratory Study

Funding: \$30,000.00

Funding source: Association of Schools Advancing Health Professions

Role: PI

Status: not funded

## **Major Area of Research Interest:**

My research primarily focuses on geriatric physical therapy in both clinical settings and community environments, as well as musculoskeletal research in the Gross Anatomy lab. In clinical geriatrics, I investigate the effects of alternative therapies, such as Tai Chibased deep diaphragmatic breathing, on older adults with neurodegenerative disorders like Parkinson's disease. Additionally, I examine how walking aids (e.g., canes or rolling walkers) influence the body mechanics of older adults living with chronic geriatric

conditions in community settings. In the anatomy lab, I conduct research on cadaveric specimens to map surface projections and identify potential impingement sites of peripheral nerves, comparing these findings to individuals who experience peripheral pain disorders.

#### Journal Publications:

- 1. **Liu, H.**, and Mihailoff, G. Hypothalamopontine projections in the rat: anterograde axonal transport studies employing light and electron microscopy. *Anatomical Record*. 1999; 255(4): 428-451.
- Hardy SG, Spaulding T, Liu H., Nick TG, Pearson RH, Hayes AV, Stokic DS. The effect of transcutaneous electrical stimulation on spinal motor neuron excitability in people without known neuromuscular diseases: the roles of stimulus intensity and location. <a href="https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.">https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.</a> <a href="https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.">https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.</a> <a href="https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.">https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.</a> <a href="https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.">https://pearson.neuromuscular-diseases: the-roles of stimulus intensity and location.</a> <a href="https://pearson.neuromuscular-diseases">https://pearson.neuromuscular-diseases</a> <a href="https://pears
- 3. Zhang F, Richards L, Angel MF, Zhang J, **Liu H**, et al. Accelerating flap maturation by vascular endothelium growth factor in a rat tube flap model. <u>British Journal of Plastic Surgery</u>. 2002; 55(1):59-63.
- 4. Zhang F, **Liu H**, Stile F, Lei MP, Pang Y, Beck J, Dorsett-Martin W, Lineaweaver WC. Effect of Vascular Endothelial Growth Factor on Rat Achilles Tendon Healing. *Plastic and Reconstructive Surgery*. 2003; 112:1613-1619.
- Liu H, Wellons M. Effect of excessive potassium on muscle strength: A case report. <u>Physical & Occupational Therapy in Geriatrics</u>. 2005; 23:55-66.
- Prati V, Liu H. Perceptions of college students regarding the current physical therapy profession and professional education process. <u>The</u> <u>Internet Journal of Allied Health Sciences & Practice</u>. 2006; 4 (4):1-6.
- 7. Chen J, **Liu H**, Li ZB, Quiben M. Multivariant analysis of stroke rehabilitation outcomes: a pilot study in Chinese population. *Physical & Occupational Therapy in Geriatrics*. 2006; 24:1-14.
- 8. **Liu H**, Fletcher J. Analysis of physicians' referrals: is further diagnosis needed? *Northern American Journal of Sports Physical Therapy*. 2006; 1:6-12.
- Zabel RJ, Quiben M, Liu H, Charton M. Re-examination of "Normal" values for thoracic curvature in older females based on the index of kyphosis. <u>Journal of Geriatric Physical Therapy</u>. 2007; 30(3):144-145.

- Chen J, Liu H, Liu BZ, Quiben M, Uytingco E. Time between Stroke Onset and Rehabilitation: A Predictor of Mobility Recovery for Patients with Stroke in a Chinese Population. <u>Philippine Journal of Allied Health Sciences</u>. 2007; 2(1):18-25.
- 11. **Liu H,** Rainey J, Zabel R, Quiben M, Kehavyov A, Boswell J. Comparison of two exercise programs using the falls efficacy scale, Berg balance scale and ankle dorsiflexor strength in older adults. *Physical & Occupational Therapy in Geriatrics*. 2007; 27(2):43-52.
- 12. **Liu H,** Zabel R, Prati V. Assessment of dependence on assistive ambulatory devices among older adults: A new tool. *International Journal of Therapy and rehabilitation*. 2007; 14(9): 419-423.
- Liu H, Hu XL, Treadwell A. Variation of Extensor Carpi Radialis Muscles: An Anatomical Case Report. <u>Chinese Journal of Clinical Anatomy</u>. 2007; 25(3): 352-354.
- 14. **Liu H**, McGee M, Prati V, Garrison K, & Fu Q. Comparison of Standing Balance Parameters Between True and Potential Rolling Walker Users. *Physical & Occupational Therapy in Geriatrics*. 2008; 27:298-309.
- 15. **Liu H,** McGee M, Wang W, Persson M. Comparison of Gait Characteristics between Older Rolling Walker Users and Older potential Walker Users. *Archives of Gerontology & Geriatrics*. 2009; 48, 376-380.
- 16. **Liu H,** Grando V, Zabel R, Nolen J. Pilot study evaluating fear of falling and falls among older rolling walker users. *International Journal of Therapy and Rehabilitation*. 2009; 16(12): 671-676.
- 17. **Liu H,** Fletcher J, Dailey M, Persson M. Surface projections of Radial Tunnel under the Supinator Muscle: A cadaver study. <u>Advances in Physiotherapy</u>. 2009; 11(4): 234-241.
- 18. **Liu H**. Assessment of Rolling Walkers Used by Older Adults in Senior Living Communities. *Geriatrics & Gerontology International*. 2009; 9 (2): 124-130.
- 19. Nolen J, **Liu H**, Liu H, McGee M, Grando V. Comparison of Gait characteristics with a single-tip cane, tripod cane, and quad cane. *Physical and Occupational Therapy in Geriatrics*. 2010; 28(4):387-395.
- Liu H, Skinner R, Arfaj A, Yates C, Reese N, Williams K, Garcia-Rill E. L-Dopa effect on frequency-dependent depression of the H-reflex in adult rats with complete spinal cord transection. <u>Brain Research Bulletin</u>. 2010; 83(5):262-265.

- 21. **Liu H**, Frank A. Tai Chi as a Balance Improvement Protocol for Older Adults: A Systematic Review. *Journal of Geriatric Physical Therapy.* 2010; 33(3):103-109.
- 22. **Liu H**, Fletcher J, Garrison K, Holmes C. Bilateral Absence of the Semimembranosus and Quadratus Femoris Muscles: A Case Report. *International Journal of Anatomical Variation*. 2011; 4:40-42.
- 23. **Liu H**, Eaves J, Wang W, Womack J, Bullock P. Assessment of canes used by older adults in senior living communities. *Archives of Gerontology* & *Geriatrics*. 2011; 52(3): 299-303.
- 24. Guild J, **Liu H**, Connors M, Holmes C. Comparison of gait while ambulating with three different types of canes with normal subjects: a pilot study.

  <u>International Journal of Therapies and Rehabilitation Research</u>. 2012, 1 (3):1-9.
- 25. **Liu H**, Holmes V, Nordon-Craft A, Reeves R. Variation of sternalis muscle: a case report. <u>International Journal of Anatomical Variations</u>. 2012; 5: 59–61.
- 26. **Liu H,** Connors M, Grando V, Liu H. Tai Chi intervention for older adults using assistive devices in a senior living community: a pilot study. *International Journal of Therapy and Rehabilitation*. 2012; 19(3): 136-142.
- 27. Huang M, **Liu H**, Gu JW, et al. The Effect of Transcutaneous Electrical Nerve Stimulation at Acupuncture Points on Spinal Motor Neuron Excitability in People without Known Neuromuscular Diseases. <u>Journal of the Mississippi Academy Sciences</u>, 2014; 59 (Supple): 267-271.
- 28. Qiu QX, Wang XM, **Liu H**. Analysis of Effect of falls by assistive ambulatory devices used by older adults in US. <u>Chinese Journal of Rehabilitation</u>
  <u>Theory and Practice</u>. 2014; 20(1):85-87.
- 29. Miao P, Pan CH, Liu H, Wang CH. Vastus medialis oblique and vastus lateralis activity during a double-leg semisquat with or without hip adduction in patients w with patellofemoral pain syndrome. <u>BMC Musculoskeletal</u> Disorde<u>r</u>. 2015; 16:289.
- 30. Miao P, **Liu H**, Pan CH. Evaluation and accreditation of physical therapy education in United States. Chin J Rehabil Theory Pract, 2015, 21(2): 245-248.
- 31. Miao P, **Liu H**, Pan CH, Yu R. Clinical-oriented Curriculum of Physical Therapy Education in United States. Northwest Med Edu, 2015, 23(1): 1-3.

- 32. Holmes V, Liu H, Kirchhoff C, Rosales A. A variant of Extensor Medii Proprius A case Report. <u>International Journal of Anatomical Variation</u>. 2015; 8:32-33.
- 33. Xu DQ, Wang H, Chen D, Ross A, **Liu H**, Yurvati A, Raven PB, Shi XR. Aerobic Exercise Training Improves Orthostatic Tolerance in Aging Humans. Medicine & Science in Sports & Exercise. 2016. DOI: 10.1249/MSS.00000000001153.
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- 36. Zhang H, **Liu H,** Lin Q, Zhang GH, Mason D. Effects of intermittent pressure imitating rolling manipulation on calcium ion homeostasis in human skeletal cells. <u>BMC Complementary & Alternative Medicine</u>. 2016; 16(1): 314.
- Nguyen VH, Liu H, Rosales A, Reeves R. A cadaveric investigation of the dorsal scapular nerve. <u>Anatomical Research International</u>. 2016. Article ID 4106981.
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- Nguyen VH, Liu H, Rosales A, Reeves R. A Cadaveric Study on the Surface Projection of the Dorsal Scapular Nerve. <u>International Journal of Physical Therapy & Rehabilitation</u>. 2017, 3:131. https://doi.org/10.15344/2455-7498/2017/131.
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- 45. Guo YY, **Liu H**, Huang DF, Yang N. Enlightenment and Thinking of Homogenous Physical Therapy Education in United States. <u>Study and Practice in Medical Education</u>. 2018, 1:5-8.
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- 48. Bao X, Qiu QX, Shao YJ, **Liu H**. Effect of Sitting Ba-Duan-Jin Exercise on Balance and Quality of Life among Older Adults: A preliminary Study. Rehabilitation Nursing. 2020. 45(5): 271-278. doi:10.1097/rnj.000000000000019.
- Guo YY, Zhao YW, Salem Y, Miller K, Liu H. Effects of Posture on Gait in Older rolling walker users. <u>Geriatric Nursing</u>. 2020. 41(6):916-920. https://doi.org/10.1016/j.gerinurse.2020.06.017
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- 53. Nichols C, Liu ES, **Liu H**. Complete Adipose Replacement of Bilateral Medial Gastrocnemius Muscle A Cadaveric Case Report. <u>Academia Anatomica International</u>. 2020; 6(1):62-64.
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- 55. Guan HZ, Zhao LJ, **Liu H**, Xie DY, Liu YJ, et al. Effects of intermittent pressure imitating rolling manipulation in traditional Chinese medicine on ultrastructure and metabolism in injured human skeletal muscle cells. <u>American Journal of Translational Research</u>. 2020. 12(1): 248-260.
- 56. Bao X, Luo JN, Shao YC, Tang ZQ, Liu HY, **Liu H**, Tan JW. Effect of functional electrical stimulation plus body weight-supported treadmill training for gait rehabilitation in patients with poststroke-a retrospective case-matched study. <u>European Journal of Physical and Rehabilitation Medicine</u>. 2020; 56(1):34-40. doi: 10.23736/S1973-9087.19.05879-9.
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- 67. Wang YC, Hu M, Li L, Xu DS, Liu H, Wang XQ, Li KL. Physical exercise for age-related neuromusculoskeletal disorders (Editorial). <u>Frontiers in Aging Neuroscience</u>. 2022; 14:1099417.
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- <u>Journal of Physiotherapy and Research</u>. 2022; 10(4):4295-4303. https://dx.doi.org/10.16965/ijpr.2022.129
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- 73. **Liu H**, Salem Y, Arguello A. Liu H. Brain response and Neurobehavior Changes after Tai Chi practice in the elderly— A literature review.

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- 96. Khan MA, Khan TA, Khan MI, Kanwar K, **Liu H**, Lovely RS. Surface Projection of Cubital Tunnel: Cadaver Study. Experimental Biology 2018. San Diego, CA. April 2018.
- 97. Guzman JL, McEwen M, Cooper R, **Liu H**. The effect of Music on Gait patterns for Patients with Parkinson's Disease. 2018 APTA Combined Section Meeting. New Orleans, LA. 2018.
- 98. Salem Y, **Liu H**. Qualitative Analysis of Aquatic Literatures for Quality and Trends. 2018 APTA Combined Section Meeting. New Orleans, LA. 2018.
- 99. Salem Y, Liu H, Young A, Tolbert M, Elokda A, Holmes C. Use of Yoga Exercises for Young Children with Down Syndrome. 2018 APTA Combined Section Meeting. New Orleans, LA. 2018.
- 100. Salem Y, Jay N, Downing A, Cook R, Liu H. Effects of Aerobic Exercise for Children with Down Syndrome: A Systematic Review of Literature. 2018 APTA Combined Section Meeting. New Orleans, LA. 2018.
- 101. Quan LJ, Miller H, **Liu H**. Treatment of hyperbaric oxygen combine with cannabidiol promote recovery of brain damage in newborn rats with hypoxia-ischemia. 2019 Annual Conference of Texas Physical Therapy Association. The Woodlands, TX. Oct 2019.
- 102. Salem Y, **Liu H**, Paslay E, Fahmy M, Yavuz M, Smith V, Richardson M, Warren S. Effectiveness of the Whole-Body Vibration Therapy and Modality Function in Older Adults with Balance Deficits. 2019 Texas Physical Therapy Association Annual Conference. October 12-13, 2019. Houston, Texas. Poster Presentation.
- 103. Tran K, Henry A, Salem Y, **Liu H.** The Effectiveness of Virtual Reality as an Intervention for Parkinson's disease: A systematic review. 2019 Texas Physical Therapy Association Annual Conference. October 12-13, 2019. Houston, Texas. Poster Presentation.
- 104. Lu C. Coleman A, Beasley S, Liu H, Nichols C. Coordinated movement of diaphragm and pelvic floor muscle in relation to respiratory function. 2019 Annual Conference of Texas Physical Therapy Association. The Woodlands, TX. Oct 2019.
- 105. Rokayak, N., Paez G., Salem, Y, **Liu, H**. A Systematic Review Study on The Effects of Strength Training on Bone Mineral in Adult Women. World Congress of Physical Therapy, 2019. Poster Presentation.
- 106. Salem Y, Quiben M, **Liu H**. Effectiveness of aquatic exercise for children with cerebral palsy: A systematic review. World Congress of Physical Therapy. Geneva, Switzerland. May 2019.
- 107. Becnel K, Nguyen P, Salem Y, Liu H. Effectiveness of Exercise for the Pediatric Oncology Population: A Systematic Review. Washington DC. Jan. 23-26, 2019.
- 108. Salem Y, Liu H, Quiben M, Elokda A, Yavuz M, Holmes C. Aquatic exercise for children with cerebral palsy: A systematic review. Washington DC. Jan. 23-26, 2019.
- 109. Tran K, Henry Z, Salem Y, **Liu H**. Virtual Reality Intervention for Parkinson's Disease: A Systematic Review. APTA Combined Section Meeting. Denver, CO; Feb 2020.
- Salem Y, Aggarwal S, Liu H, Quiben M, Holmes C. Effectiveness of Aquatic Exercises for Individuals with Parkinson's Disease. APTA Combined Section Meeting. Denver, CO; Feb 2020.
- 111. Logsdon L, Kolenovic M, Traina A, Salem Y, Liu H. Tai Chi with Chronic Obstructive Pulmonary Disease. 2021 APTA Combined Section Meeting. Feb 2021. received the 2021 Student Research Award of CSM Cardiovascular & Pulmonary Section.

- 112. Aggarwal S, Chen RJ, Wu QW, Salem Y, **Liu H**. Effect of elastic band exercise in pre-frailty elderly people. 2021 World Physiotherapy Congress. April 2021. Virtual presentation.
- 113. Salem Y, **Liu H**, Paslay E, Richardson M, Quiben M. Vibration therapy for frail older adults in senior-living community. 2021 World Physiotherapy Congress. April 2021. Virtual presentation.
- 114. Aggarwal S, Salem Y, **Liu H**, Ge YJ, Wu QW. Effects of a Short Tai Chi for Pre-Frail Elderly People in Senior Living Communities. 2021 APTA Combined Section Meeting. Feb 2021.
- Hollingshead K, Bustos A, Salem Y, Liu H. Effects of Animal assisted interventions for individuals with dementia. 2021 APTA Combined Section Meeting. Feb 2021.
- 116. Aggarwal S, Salem Y, **Liu H**, Mendez A, Quiben MC. Effectiveness of Proprioceptive Neuromuscular Facilitation in the Stroke Population: A Meta-Analysis and Systematic Review. 2021 APTA Combined Section Meeting. Feb 2021.
- 117. Li YZ, **Liu H**, Nichols C, Mason D. Manual therapy for idiopathic genital pain a clinical case report. 2021 APTA Combined Section Meeting. Feb 2021.
- 118. **Liu H,** Salem Y. Effects of Tai Chi on Inflammatory Biomarkers and Their Implication for neurorehabilitation A Systematic Review. Poster presentation. Accepted. 2021 Annual Conference of Gerontological Society of America (GSA). Phoenix, AZ. November 10-14, 2021.
- 119. Salem Y, Aggarwal S, Liu H, Elokda A. Aquatic Exercises for Children with Muscular Dystrophy and Spinal Muscular Atrophy: A Systematic Review. 75<sup>th</sup> Annual Meeting of the American Academy of Cerebral Palsy and Developmental Medicine. October 6-9, 2021. Virtual.
- 120. Salem Y, Liu H. Complementary and Alternative Therapies in Neurorehabilitation: Principles, Basic Mechanisms, Clinical Selection, and Evidence. Symposium presentation. Accepted. 2021 Annual Conference of American Congress of Rehabilitation Medicine (ACRM). September 26-29, 2021. Dallas, TX
- 121. Liu H, Nichols C, Mao H. Impingement of Small Peripheral Nerves in Upper Extremity: Precision anatomy and Clinical Application. Symposium presentation. Accepted. 2021 Annual Conference of American Congress of Rehabilitation Medicine (ACRM). September 26-29, 2021. Dallas, TX
- 122. Liu H, Salem Y, Aggarwal S, Arguello E, Zhan C. Effects of Tai Chi Practice on Inflammatory Biomarkers A Systematic Review. Poster presentation. Accepted. 2021 Annual Conference of American Congress of Rehabilitation Medicine (ACRM). September 26-29, 2021. Dallas, TX
- 123. Baker J, Liu H, Salem Y. Effects of Tai Chi on people with sleep dysfunctions A Systematic Review. Poster presentation. Accepted. 2021 Annual Conference of American Congress of Rehabilitation Medicine (ACRM). September 26-29, 2021. Dallas, TX.
- 124. Hollingshead K, Bustos A, Liu H, Salem Y. Effects of animal assisted intervention for individuals with dementia. 2021 World Physiotherapy Congress. April 2021. Virtual presentation.
- 125. Aggarwal S, Salem Y, Liu H, Mendez A, Quiben M. A meta-analysis and systematic review of the effectiveness of proprioceptive neuromuscular facilitation in the stroke population. 2021 World Physiotherapy Congress. April 2021. Virtual presentation.

- 126. Walls P, Diu P, **Liu H**, Salem Y. Effectiveness of exoskeleton gait speed in patients with spinal cord injury. 2021 World Physiotherapy Congress. April 2021. Virtual presentation.
- 127. Salem Y, Liu H, Holmes CF, Elokda AS. Effectiveness of aquatic exercise for individuals with lower back pain: A systematic review of literature. Presented for 2022 APTA CSM meeting. Feb 2022. St Antonio, TX.
- 128. Durham SO, Heisterkamp K, Salem Y, **Liu H**. Aquatic exercise for adults with multiple sclerosis: A systematic review. Presented for 2022 APTA CSM meeting. Feb 2022. St Antonio, TX.
- 129. Shaw ER, Bolstad C, Salem Y, Liu H. Effectiveness of Yoga for individuals with cerebral palsy. Presented for 2022 APTA CSM meeting. Feb 2022. St Antonio, TX.
- 130. Thayn L, Robichaux S, **Liu H**, Salem Y. Effectiveness of Task-Oriented Gait Training for Children with Cerebral Palsy. Presented for 2022 APTA CSM meeting. Feb 2022. St Antonio, TX.
- 131. **Liu H**, Salem Y. Arguello E, Aggarwal S. Tai Chi Effects on Brain as Assessed By Neuroimaging Techniques a Systematic Review. Accepted for 2022 APTA CSM meeting. Feb 2022. St Antonio, TX.
- 132. Bao X, Nichols C, **Liu H**, Salem Y. Therapeutic effect of Fu's subcutaneous needling for shoulder pain-A Randomized Controlled Trial. Accepted for 2022 APTA CSM meeting. Feb 2022. St Antonio, TX.
- 133. Salem Y, Liu H. Use of Yoga for individuals with Down Syndrome. World Physiotherapy Congress 2023. presented. In Dubai. June 2-4, 2023.
- 134. Salem Y, **Liu H**, Ahmed Samie ABC, Holmes C, Pottorf O, Ciani GJ. Aquatic Exercise for People with Spinal Cord Injury: A Systematic Review. Presented. 2023 Combined Sections Meeting (CSM) in San Diego, CA from February 23-25, 2023.
- 135. Bao X, Liu H, Yoder A, Stroddard C. The effect of intermittent hypoxia training on migraine: a randomized controlled trial. Presented. 2023 Combined Sections Meeting (CSM) in San Diego, CA from February 23-25, 2023
- 136. Nichols C, Holmes C, Bao X, **Liu H**. Effect of Electro-Acupuncture for Coma Patients after Traumatic Brain Injury. Presented. 2023 Combined Sections Meeting (CSM) in San Diego, CA from February 23-25, 2023
- 137. Thomas P, Salem Y, Liu H. Effects of Assistive Walking Devices Used to Walking Along an Inclined Surface. Presented. 2023 Combined Sections Meeting (CSM) in San Diego, CA from February 23-25, 2023
- 138. Pina G, Cung B, **Liu H**. Effects of Tai Chi on Depression and Anxiety in Older Adults a Systematic Review. Presented. 2023 Combined Sections Meeting (CSM) in San Diego, CA from February 23-25, 2023
- 139. **Liu H**, Salem Y, Wellons R, Zhao MM. Abnormal prefrontal functional network in adult obstructive sleep apnea A resting-state fNIRS study. 2024 Conference of American Congress of Rehabilitation Medicine (ACRM) in Dallas, TX. 10/31/24-11/3/2024.
- 140. Zhu PA, Bao X, Liu H, Holmes C. Effects of mind-body exercise on fibromyalgia symptoms a systematic review and meta-analysis. 2024 Combined Sections Meeting (CSM) in Boston, MA from February 15-17, 2024.
- 141. Arguello E, Stoddard CA, **Liu H**. Effects of Tai Chi on Oxidative Stress A Systematic Review. 2024 Combined Sections Meeting (CSM) in Boston, MA from February 15-17, 2024.

- 142. Salem Y, Ahmed Samie ABC, **Liu H**, Torres-Panchame RE, Pottorf O. Aquatic exercises for individuals with rheumatoid arthritis: a systematic review of literature. 2024 Combined Sections Meeting (CSM) in Boston, MA from February 15-17, 2024.
- Liu J, Cai XG, Atiyeh K, Liu H. Reliability and Validity of TUG Components Scale in Patients with Stroke. 2025 Combined Sections Meeting (CSM) in Houston, TX from February 12-15, 2025.
- 144. Lu QQ, Zhu PA, Salem Y, Holmes C, Bao X, Liu H. Repetitive Transcranial Magnetic Stimulation over the Supplementary Motor Area in Parkinson's Disease: A Meta-Analysis. 2025 Combined Sections Meeting (CSM) in Houston, TX from February 12-15, 2025.
- 145. Salem Y. Liu H. et al. Effectiveness of Aquatic Exercise for Individuals with Fibromyalgia: A Systematic Review. 2025 Combined Sections Meeting (CSM) in Houston, TX from February 12-15, 2025.
- 146. Lu QQ, Zhu PA, Salem Y, Holmes H, Bao X, Liu H. Efficacy of Repetitive Transcranial Magnetic Stimulation over the Supplementary Motor Area on Motor Function in Parkinson's Disease: A Meta Analysis. World Physiotherapy Congress 2025 in Tokyo, 29-31 May 2025.
- 147. **Liu H,** Salem, Y, Clayton H. Brain Response in the Elderly after Tai Chi Practice Assessed with Neuroimaging Techniques A Systematic Literature Review. World Physiotherapy Congress 2025 in Tokyo, 29-31 May 2025.
- 148. Baker A, Berggren B, Fluellen E, Kieff J, **Liu H**. Bilateral Appearance of The Abductor Digiti Minimi Accessorius Originating from the Palmaris Longus Muscles: A Case Report. Present at Portland, Oregon on 2025 American Association for Anatomists (AAA).

## On campus Research Presentations (Students' research Projects)

- Corbin AM, Liu H. A SYSTEMATIC REVIEW OF RANDOMIZED CONTROLLED TRIALS TO SHOW EVIDENCE-BASED PHYSICAL THERAPY INTERVENTIONS FOR PATIENTS SUFFERING FROM POST-STROKE COMPLICATIONS. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 2012.
- Walden M, Guild J, Liu H. COMPARISION OF GAIT WHILE AMBULATING WITH THREE DIFFERENT TYPES OF CANES WITH NORMAL SUBJECTS: A PILOT STUDY. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 2012.
- Gu FH, Tao CB, Guild J, Walden M, Liu H. Comparison of Surface Landmarks for Measuring the Individualized Height of an Assistive Ambulatory Device. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 2012.
- 4. Lowry D, Langner C, Krug K, Smith H, Saverine A, **Liu H**. Bilateral appearance of adipose medial gastrocnemius muscle: a case report. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 12, 2013.
- Vice L, Vaghasia M, Liu H, Guttmann G. Anatomical variation of the Sternocleidomastioid muscle: a case report. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 12, 2013.
- 6. Nguyen V, Hidrogo J, Hodge, C, Jiwani A, Tsen A, Varghese L, Vinnakota RD, Rosales A, **Liu H**, Reeves R. Extensor Indicis Brevis: a rare anatomical variant of the

- upper limb. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 12, 2013
- 7. Guild JR, Peterson LC, Peterson J, Langford R, **Liu H**. Mirror therapy's efficacy and mechanism in the promotion of motor recovery in hemiparetic post stroke populations. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 12, 2013.
- 8. Liras G, Kirchhoff CA, Duong K, McMullen M, Stone C, Wier R, **Liu H**. Anatomical variation of the Latissimus Dorsi—Axillary Arch. Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX. April 12, 2013.
- 9. Fang H, Crocker K, Balcar B, Liu H. Observation of Variation of Extensor Carpi Radialis Muscles: A Case Report. 2013 UNTHSC Research Appreciation Day. March 2014.
- 10. Brown J, **Liu H**. Multifactorial Effect of Testing Single Leg Stance. Presented on Research Appreciation Day. March 2016, UNTHSC.
- 11. Guzman J, McEwen M, Cooper R, Liu H. The Effect of Music on Gait Pattern for Patients with Parkinson's Disease. UNTHSC Research Appreciation Day. April 2017.
- 12. Arguello E, Truong T, Holmes C, **Liu H**. Variation of the Origins of the Phrenic and Long Thoracic Nerves A Case Report. UNTHSC Research Appreciation Day. April 2017.
- 13. Caldwell-Webster T, Cramer C, Cramer C, Holmes C, Salem Y, Liu H. Whole Body Vibration Therapy for Patients with Multiple Sclerosis – A Review. UNTHSC Research Appreciation Day. April 2017.
- 14. Bao X, Baker S, Salem Y, Quiben M, Liu H. The Effect and Mechanism of Botulinum Toxin Type A For Knee Osteoarthritis Through Ultrasound Guidance. Presented on Research Appreciation Day. March 2017, UNTHSC.
- 15. Downing A, Jay N, Cook N, **Liu H**, and Salem Y Effects of Aerobic Exercise for Children with Down Syndrome: A Systematic Review of Literature. UNTHSC Research Appreciation Day. April 2017.
- 16. Becnel K, Van Nguyen P, Salem Y, Liu H. A Literature Review of Exercise in the Pediatric Oncology Population. Presented on Research Appreciation Day. March 2018.
- 17. Li Y, Smith V, Liu H, Mason D. Osteopathic Manipulation for Genital Pain A Case Report. Presented on Research Appreciation Day. March 2019, UNTHSC.
- 18. Paez G, Rokayak N, Salem Y, Liu H. Effects of Strength Training on Bone Mineral Density in Adult Women: A Systematic Review. Presented on Research Appreciation Day. March 2019.
- 19. Traina A, Kolenovic M, Logsdon L **Liu H**. Tai Chi and Cardiovascular Conditions. Research Appreciation Day. March 27, 2020. UNTHSC.
- 20. Kolenovic M, Trainna A, Logsdon L, **Liu H**. Tai Chi and Diabetic Peripheral Neuropathies. Research Appreciation Day. March 27, 2020. UNTHSC.
- 21. Bradly L. Liu H, Reese R, Quiben M. Surface Projection of Long Thoracic Nerve in Cadaveric Study. Research Appreciation Day. March 27, 2020. UNTHSC.
- 22. Penfield M, Bell R, Liu H. Anatomical Mapping of The Posterior Interosseous Nerve and Artery. Research Appreciation Day. March 27, 2020. UNTHSC.
- 23. Salem Y, Liu H. A Systematic Review of the Effectiveness Aquatic Exercises has for Individuals with Parkinson's Disease. Research Appreciation Day. March 27, 2020. UNTHSC.

- 24. Hollingshead K, Bustos A, **Liu H**, Salem Y. Effects of animal assisted intervention for individuals with dementia. Presented on Research Appreciation Day. March 26, 2021. UNTHSC.
- 25. Aggarwal S, Salem Y, **Liu H**, Mendez A, Quiben M. A meta-analysis and systematic review of the effectiveness of proprioceptive neuromuscular facilitation in the stroke population. Presented on Research Appreciation Day. March 26, 2021. UNTHSC.
- 26. Walls P, Diu P, **Liu H**, Salem Y. Effectiveness of exoskeleton gait speed in patients with spinal cord injury. Presented on Research Appreciation Day. March 26, 2021. UNTHSC.
- 27. Durham SO, Heisterkamp K, Salem Y, **Liu H**. Aquatic exercise for adults with multiple sclerosis: A systematic review. Presented on Research Appreciation Day. March 26, 2021. UNTHSC.
- 28. Shaw ER, Bolstad C, Salem Y, Liu H. Effectiveness of Yoga for individuals with cerebral palsy. Presented on Research Appreciation Day. March 26, 2021. UNTHSC.
- 29. Thayn L, Robichaux S, Liu H, Salem Y. Effectiveness of Task-Oriented Gait Training for Children with Cerebral Palsy. Presented on Research Appreciation Day. March 26, 2021. UNTHSC.
- 30. Baker J, Liu H, Salem Y. Effects of Tai Chi on people with sleep dysfunctions A Systematic Review. Poster presentation. Presented on Research Appreciation Day. March 26, 2021. UNTHSC.
- 31. Valencia K, Rodriguez Y, Vasquez M, Galvan-Godines V, **Liu H**. Evaluation of physical therapy telerehabilitation on Covid-19 patients. Presented on Research Appreciation Day. March 25, 2022. UNTHSC.
- 32. Thomas P, Liu H. Diaphragmatic breathing impacts on biophysiological systems. Presented on Research Appreciation Day. March 25, 2022. UNTHSC.
- 33. Berggren B, Fluellen E, Kieff J, **Liu H**. Bilateral Appearance of The Abductor Digiti Minimi Accessorius Originating from the Palmaris Longus Muscles: A Case Report. Present on 2024 Graduate Research Day on LSUHSC New Orleans Campus.

#### **Invited Presentations**

- **Liu, H**. The Sacroiliac joint dysfunction: Anatomy, diagnosis, and treatment. Continuing education course to Bibb Medical Center physicians and nurses. Bibb Medical Center, Centreville, AL. August 8<sup>th</sup>, 2002.
- **Liu H**. Some Basic Principles of Patient Rehab Care. At the Department of Rehabilitation Medicine, YueYang Hospital, Shanghai, China, May 20, 2007.
- **Liu H**. Fall Prevention in the Elderly ---Rehabilitation Perspective. At 2<sup>nd</sup> Affiliated Hospital of Soochow University, SuZhou, China, Dec 27<sup>th</sup>, 2007.
- **Liu H**. Clinical Anatomy: A Hands-on Review for the Physical Therapist and Physical Therapist Assistant. Continuing education course to physical therapy alumni of University of Central Arkansas (UCA). Conway, AR. October 11, 2008.

- **Liu H**, Fisher C, Holmes C. A Hands-on Review of Clinical Anatomy. A continuing education course for 2010 annual conference of Texas Physical Therapy Association (TPTA). Arlington, TX. October 23<sup>rd</sup>, 2010.
- **Liu H**. Selection and Effects of Assistive Ambulatory Devices among Older Adults. Rehabilitation Department of Zhong-Shan Medical College of Sun Yat-Sen University, Guangzhou, China. May 6<sup>th</sup>, 2011.
- **Liu H**. Anatomical Application of Clinical Rehabilitation Upper Extremity. At the Gannan Medical University, Gan Zhou, China. May 8<sup>th</sup>, 2011.
- **Liu H.** Effects of Stroke and Aging on Skeletal Muscles and Relevant Rehab Consideration for Older Patients with Stroke. The General Hospital of PLA, Beijing, China. May 12, 2011
- **Liu H.** Manual Muscle Testing for Rehabilitation Professionals. College of Rehabilitation Science, GanNan Medical University. June, 2013. Ganzhou, Jiangxi. China.
- **Liu H**. Rehabilitation for Common Geriatric Problems. FoShan Hospital of Traditional Chinese Medicine, June, 2013. Foshan, Guangdong, China.
- **Liu H**. Mirror Therapy for Patients with Stroke. Second Affiliated hospital of Guangzhou Medical University, Guangzhou, China. Dec 13, 2014.
- **Liu H**. Common injury of peripheral nerve in upper extremity. To Physical Therapists in Huaxi Hospital, Chengdu, Sichuan, China. Dec 19, 2014.
- **Liu, H.** Writing a clinically based article what to be included? Department of Rehabilitation Medicine of 2<sup>nd</sup> Affiliated Hospital at Nanchang University, June 30, 2014; Nanchang, China.
- **Liu H**. DPT Education in US A Clinic Oriented System. A Keynote speaker at the closing ceremony at the 15<sup>th</sup> Conference of Section of Rehabilitation and Physical Medicine of Chinese Medical Association (CMA), June 22, 2014; Nanchang, China.
- **Liu H**. Evaluation and Intervention of Fall prevention among Older Adults What I am working on. Session of Geriatric Rehabilitation at the 15<sup>th</sup> Conference of Section of Rehabilitation and Physical Medicine of Chinese Medical Association (CMA), June 21, 2014; Nanchang, China.
- **Liu H**. Fall Preventions in the Elderly. Second Affiliated Hospital of Nanchang University. Nanchang, Jiangxi Province. China. July 3, 2015.

**Liu H**. Clinically Oriented Physical Therapy Education in US. The 2015 Annual Conference of Chinese Association of Physical Medicine and Rehabilitation. Wuxi, Jiangsu Province, China. Dec 21, 2015.

**Liu H**. Peripheral Nerve Impingement of upper and Lower Extremities: Identification and Interventions. People's Hospital of Ganzhou. Ganzhou, Jiangxi, China. July 19-20, 2016.

Liu H. Kinesio Taping for Therapists. Qinzhou, Guangxi Province. June 3, 2016.

**Liu H**, Quiben M. Tai Chi for patients with Neurological disorders. 2019 Annual Conference of Texas Physical Therapy Association. The Woodlands, TX. Oct, 2019.

**Liu H.** Physical therapy education in US – Curriculum assessment. 2024 Annual Conference of Chinese Physical Therapy Association. Shanghai, China. June 2024.

**Liu H.** Tai Chi Movement Based Deep Diaphragmatic Breathing – Anatomical & Biomechanical Consideration. IMTQA (International Medical Tai Qi Association) 2024 conference, D'Youville University, NY. Oct 4-6, 2024.

## Videos, Electronic Media, and Multimedia: NA

#### **Grant Reviewer:**

2019. University of North Texas Health Science Center Seed Grant application - reviewer

# Inventions and Patents:

#### **Editorial Posts and Activities:**

- Physical and Occupational Therapy in Geriatrics Editorial board member since May 2008
- 2. <u>Translational Research in Anatomy</u>
  Editorial board member since Jan 2015
- 3. Frontiers in Rehabilitation Sciences
  Section associate editor since 2020
- Frontier in Aging Neuroscience
   Guest associate editor between Oct 2021- March 2023

- Frontier in Molecular Neuroscience
   Guest associate editor between May\_2021- May 2022
- Brain Network and Modulation
   Editorial board member since 2021
- Frontiers in Neurology.
   Guest associate editor between March 2022 June 2023

#### Reviewer

- 1. Frontiers in Aging Neurosciences between 2020-2022
- 2. Frontiers in Molecular Neurosciences in 2021
- 3. Frontiers in Rehabilitation Sciences since 2020
- 4. Physical Therapy in 2016
- 5. Physical Medicine & Rehabilitation in 2018
- 6. Archives of Physical Medicine and Rehabilitation in 2018 and 2019
- 7. Journal of Neuro Engineering & Rehabilitation in 2017
- 8. Journal of Neurological Physical Therapy in 2018
- Clinical Rehabilitation in 2016
- 10. Journal of Biomechanics in 2017
- 11. Clinical Anatomy in 2016-2018
- 12. Bone in 2026
- 13. Journal of Rehabilitation Medicine between 2019-2022
- 14. Journal of Sport Rehabilitation between 2018-2020
- 15. Journal of Geriatric Physical Therapy in 2016-2018
- 16. Ageing and Diseases in 2016
- 17. Rehabilitation Nursing since 2017
- 18. Geriatric Nursing since 2017
- 19. Assistive Technology in 2020
- 20. American Journal of Translational Research since 2015
- 21. Neural Repair and Neurorehabilitation in 2019
- 22. Journal of Aquatic Physical Therapy since 2016
- 23. Research in Sports Medicine in 2017-2019
- 24. Sports Medicine and Injury Care Journal in 2019

#### SERVICE AND ADMINISTRATION

**University/Institutional Service:** 

LSUHSC (campus) committees: NA

School committees:

| School Administrative Council             | 2023 – present |
|---|----------------|
| 2. School Academic Affairs Committee      | 2024 - present |
| 3. School P & T Committee (Chair elected) | 2024 – present |
| 4. School Strategic Planning Committee    | 2024 - present |

#### **Departmental committees**

| 1. | Department Head          | 2023- present  |
|----|--------------------------|----------------|
| 2. | Dept Admin Committee     | 2023 - present |
| 3. | Dept Admission Committee | 2024 - present |
| 4. | Dept Research Committee  | 2024- present  |

### State/Regional Service: NA

#### **National Service:**

| 1. | APTA Annual Conference Abstract Review Committee | 2006-2012      | Member            |
|----|--|----------------|-------------------|
| 2. | APTA McMillan Scholarship Committee              | 2007-2013      | Member            |
| 3. | APTA Research Section Award Committee            | 2013-2016      | Member & Chair    |
| 4. | ACRM Geriatric section program planning          | 2016-17        | Member            |
| 5. | APTA Award Committee                             | 2016-2019      | Member            |
| 6. | GSA Health Section Awards Review Panel           | 2020-2021      | Member            |
| 7. | ACRM Comple & Integra Reha Med Section,          | 2021 – 2023    | Newsletter editor |
| 8. | R13 mentorship program – ACRM                    | 2021 – 2023    | Mentor            |
| 9. | GSA Annual Meeting iSessions Workgroup           | 2022 – 2024    | Member            |
| 10 | APTA magazine Advisory Committee                 | 2023 – present | Member            |

#### International Service: NA

#### **Clinical Service:**

As a physical therapist and the department head, my role in the clinical enterprise of the LSUHSC Department of Physical Therapy is multifaceted and impactful. With extensive experience as a per diem therapist since 2003, I focus primarily on the geriatric population with multiple chronic conditions, providing holistic care that considers physical, emotional, and social aspects of health. While my administrative, teaching, and research responsibilities limit my time in direct patient care, I am committed to staying engaged with clinical practice. I plan to begin seeing patients later this year, once faculty and staff positions are settled, dedicating one afternoon per month to maintaining my clinical skills. This balance between leadership and practice reflects my dedication to advancing the academic mission of the department, delivering compassionate care, and ensuring that the clinical aspects of the program continue to evolve with high standards of evidence-based, patient-centered approaches.

#### In-patient service activities: NA

### Clinic coverage:

My credentialing was approved in January 2025 that allows me to work in our PT clinic. However, due to the time limits, I have not been scheduled to see any patients yet. My plan is to start to see patient late this year (2025) when the faculty and staff positions are filled and settled in the department.

Call: NA

### **Membership in Professional Organizations:**

| 1.  | Society for Neurosciences (SFN)                       | 1994 – 2000    |
|-----|---|----------------|
| 2.  | International Brain Research Organization (IBRO)      | 1995 – 2000    |
| 3.  | Society for Experimental Biology & Medicine (SEBM)    | 1996 – 1998    |
| 4.  | American Anatomist Association (AAA)                  | 1997 – 2001    |
| 5.  | American Physical Therapy Association (APTA)          | 1999 – Present |
| 6.  | Sections on Geriatrics and Research of APTA           | 2003 - Present |
| 7.  | Arkansas Chapter of APTA                              | 2003-2009      |
| 8.  | International Society for Aging and Physical Activity | 2004 – 2006    |
| 9.  | Gerontological society of America (GSA)               | 2005 - Present |
| 10. | Southern Gerontological Society                       | 2006-2015      |
| 11. | Texas Chapter of APTA                                 | 2010 – 2024    |
| 12. | American Congress of Rehabilitation Medicine (ACRM)   | 2016 - Present |
| 13. | Int Society of PD and Movement Disorders              | 2018 – 2022    |

# Regulatory Agency/Accrediting Body Service: NA

#### Other Professional Service:

## **External Reviewer for P & T Package**

- 1. Reviewed for Dr. Youcheng Liu, requested by School of Public Health, UNTHSC 2014.
- 2. Reviewed for Dr. Sonja Bareiss, requested by Physical Therapy department of Eastern Carolina University 2015
- 3. Reviewed for Dr. Angela Patterson, requested by Occupational Therapy department at Creighton University 2021
- 4. Reviewed for Dr. Crystal Howell, requested by Pharmacotherapy department, College of Pharmacy, UNTHSC. 2021

### **Consultative and Advisory Positions Held:**

1. Review two chapters for Lippincott Williams & Wilkins on the Moore, Clinically Oriented Anatomy (5<sup>th</sup> ed) in 2006.

- Rater of McMaster Online Rating of Evidence (MORE) Canada https://plus.mcmaster.ca/more/, rated 12 articles in average annually since Jan, 2007.
- 3. Abstract and Symposium reviewer for the annual conference of the Gerontological Society of America; 2009 present
- The Translator for translation of Webpage Contents of Parkinson Foundation of America into Chinese – 2017-2020
- 5. Advisor of developing a PT program, Rochester Institute of Technology 2020-2023
- 6. Advisory Board Member of Forbes Health 2021 present https://www.forbes.com/health/medical-advisory-board/howe-liu/
- Advisory Board of MedTech–2023 Conference on Medical Technology & Devices (medtech.endeavorresearchgroup.com)
   2022-2023
- 8. Co-chair. Advisory Committee of PT program, Hofstra University 02/22 now

## **Administrative Responsibilities:**

Since December 2023, I have served as the Head of the Physical Therapy Department at LSU Health Sciences Center New Orleans, providing leadership and direction for all departmental functions. In this role, I oversee the strategic planning, development, and implementation of programs designed to deliver high-quality education, research, and clinical care. I am responsible for managing department budgets, ensuring compliance with accreditation standards, and fostering a collaborative environment among faculty, staff, and students. Additionally, I play a key role in faculty recruitment, development, and performance evaluations, while supporting ongoing professional growth and maintaining a focus on advancing the field of physical therapy. I also represent the department in institutional governance, working closely with other departments and administrative bodies to enhance departmental goals and contribute to the mission of LSUHSC New Orleans.

LSUHSC: NA

School (Allied Health Professions): NA

**Departmental (of Physical Therapy):** 

1. Department head 12/2023 – now

Hospital: NA

Interdisciplinary/other program (center or program): NA

## **Community Service Activities:**

- Pro bono physical therapy services and consultation to community and UCA faculty, staff, and students (in University of Central Arkansas).
   2003 to 2009.
- Provide presentations of stroke prevention and fall prevention to older individuals living in the local communities: 1-2 times each year (spring and fall) in each of 8 senior communities in central Arkansas area.

2006 - 2009.

- Pro bono physical therapy services and consultation to community and UNTHSC faculty, staff, and students (University of North Texas Health Science Center)
- Provide presentations of fall prevention and healthcare well education to older individuals living in local communities: in each of 7 senior communities in Dallas/Fort Worth metropolitan area.

  2010 - 2023.
- With experience of Tai Chi practice over 30 years, I have been providing TC to local senior communities in Fort Worth metropolitan area. 2011-2023
- Provide presentations of fall prevention and healthcare well education to older individuals living in local communities in St Anthony's Garden Senior Living Community (Covington, LA) and Parkinson Support Group (in Lamb of God Luthereran Church; Slidell, LA. In 2024

#### **Research Interests Narrative**

My research aims to enhance rehabilitation therapies for individuals with neurological conditions, musculoskeletal disorders, and age-related decline. I focus on integrating traditional rehabilitation methods with innovative interventions to improve motor, cognitive, and emotional health in diverse populations, including the elderly and individuals recovering from stroke, Parkinson's disease, and multiple sclerosis. My work revolves around three primary research lines: Tai Chi studies, assistive walking devices, and the travel course of peripheral nerves in cadavers.

A core area of my research investigates the impact of Tai Chi on neuroplasticity and functional recovery. I explore its therapeutic potential in aging populations and those with neurological impairments, particularly Parkinson's disease. Using neuroimaging and systematic reviews, I have demonstrated the benefits of Tai Chi in motor control, lower limb function, and mental well-being, guided by the holistic principles of the Yin-Yang philosophy of Tai Chi.

In addition to Tai Chi, I conduct studies on assistive walking devices to optimize mobility and walking efficiency, particularly for elderly individuals and those with neurological conditions. My gait assessment studies focus on improving the design and functionality of assistive devices, such as rolling walkers, and understanding how posture and gait patterns influence mobility and rehabilitation outcomes.

Another important research line focuses on investigating the surface projections of peripheral nerves in cadavers. By mapping these projections, researchers aim to gain a deeper understanding of the anatomical pathways and the relationships between various nerves in the human body. This research can provide valuable insights into nerve impingement, helping to identify potential areas where nerve compression or damage might occur, ultimately contributing to improved diagnosis and treatment strategies.

Additionally, I am exploring the integration of digital technologies in rehabilitation, such as virtual Tai Chi programs to enhance balance and mobility in individuals with Parkinson's disease and their caregivers, funded by the Parkinson Foundation. These projects aim to make rehabilitation more accessible, particularly in underserved and diverse communities.

Ongoing projects include combining deep diaphragmatic breathing with Tai Chi for chronic conditions like Parkinson's disease, and exploring the effects of hearing aids on gait and posture in older adults. Through my work, I aim to improve rehabilitation outcomes for individuals with neurological and musculoskeletal conditions, while contributing to the education of the next generation of healthcare providers.