

**The Department of Clinical Rehabilitation and Counseling LSUHSC Child & Family Counseling Clinic**  
**Summer 2020 Professional Workshop Series –**  
**4 Workshops 4 Continuing education non-contact hours**  
**Webinar Wednesday's Summer Series Play therapy interventions**  
**12:00 pm to 1:00 pm**

**June 24**

**Dr. Erin Dugan**

**Hmmm, What Are My Choices? Play Therapy for Behavioral Issues**

Many children present with behavioral issues throughout their younger years. These children are often misdiagnosed, mislabeled, or not provided the appropriate supports. This workshop will demonstrate how play therapy approaches provide effective supports and interventions for children presenting with acting out, aggressive, oppositional, impulsive, dysregulated, and defiant behaviors.

***Objectives***

Participants will discuss various play therapy approaches used in working with disruptive children through telemental health. Participants will identify telemental health play therapy techniques and interventions used in supporting children with disruptive behaviors. Participants will apply the use of telemental health play therapy interventions in collaboration with caregivers in these children's lives.

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**July 15**

**Dr. Kellie Camelford**

**Building Rapport with Children in Teletherapy: Play Therapy Techniques**

As play therapists transition to providing teletherapy to children, it is important for play therapists to consider the relational components between the therapist and the client. Play therapists must be ever vigilant to ensure that the therapeutic relationship is strong so that treatment goals and objectives are met. This workshop will review several introductory and rapport building techniques for play therapists to utilize when creating and strengthening their relationships with new clients via teletherapy platforms.

***Objectives***

Participants will discuss the importance of building rapport through teletherapy platforms. Participants will review and understand how to set up the "teletherapy" playroom. Participants will review and apply play therapy activities that help play therapists build the therapeutic alliance in counseling.

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**July 22**

**Dr. Krystal Vaughn**

**Playful Super Powers to Blast Away Anxiety: Using Play Therapy with Anxious Children**

Children of all developmental levels present with signs of anxiety, some of which may meet criteria for Generalized Anxiety Disorder, Separation Anxiety Disorder, Selective Mutism, and Social Anxiety Disorder. These children may benefit from play therapy techniques (Goodyear-Brown, 2010). Counselors may modify activities to include directive techniques that allow the child to gain mastery or esteem building thereby becoming more adaptive in their play. This workshop will include directive play therapy techniques and recommendations for how to work with parents.

***Objectives***

Participants will be able to identify how play therapy may support children presenting with signs of anxiety. Participants will be able to identify the role and importance of parental consults in play therapy. Participants will be able to identify the SOOTHE strategies in play therapy.

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**July 29**

## Dr. Kellie Camelford

### CBT Play Therapy Techniques for Anxiety Issues with Adolescents

Anxiety, unfortunately, is a normal reality in everyone's life that may peak during adolescences. Some typical settings for anxiety include new situations, testing/assessments, performance/evaluation, competition, and even asking something of another can provoke anxiety. Most of the time, anxiety decreases once the nerve-wrecking activity has started or even ended, yet some adolescents may continue to feel anxious. Teletherapy is a great tool for teens because they can access mental health treatment without leaving their room! This workshop will discuss playful teletherapy techniques from the theoretical orientation of Cognitive Behavioral Therapy that may be used for tweens and teens struggling with anxiety.

#### *Objectives*

Participants will review an overview of CBPT principles and consider the alignment of CBPT to teletherapy. Participants will discuss the application of Cognitive Behavioral Play Therapy techniques customized to work within the teletherapy platform. Participants will apply the use of these interventions and consider available electronic tools to utilize in session with adolescents.

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Association for Play Therapy Approved Providers of Continuing Education #07-203.



Louisiana Counseling Association Provider Number:2019



LSUHSC has been approved by NBCC as an Approved Continuing Education Provider, ACEP #2019. Programs that do not qualify for NBCC credit are clearly identified. LSUHSC is solely responsible for all aspects of the program.

All webinars will take place via Zoom. Zoom requires PayPal for payment. Webinars are purchased separately. Each webinar is \$20.00 paid through Zoom registration. Registration is now open, please click on the above "Register here" or through:

<https://alliedhealth.lsuhs.edu/clinics/clinicalmentalhealthtrainings.aspx>

For additional information or assistance, please email [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu). Grievance Policy When a complaint, either verbally or written, is filed with the LSUHSC CFCC Clinic Director, the following guidelines are followed with respect to achieving resolution: 1. Complaints relative to a speaker or workshop leader, contents of instructional materials being presented, or an individual educational style being utilized, the individual voicing disapproval is requested to first address concerns to the presenter. If the presenter is not available, place his/her comments in writing. Clinic Director will convey these comments to the speaker while maintaining confidentiality of the complainant. 2. If the complaint concerns a continuing education activity, its content, level of presentation, or facilities in which the event is being held, the Clinic Director will attempt to resolve the matter as expeditiously as possible. If the offered resolution (resolutions may include, but not be limited to partial/full refund of fees paid; credit toward future event) not satisfactory to the individual filing the complaint, then further action may be taken. In the latter instance, the individual is requested to place his/her complaint in writing to the attention of the Clinic Director, LSUHSC Child & Family Counseling Clinic at [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu) or to LSUHSC CFCC, 411 S. Prieur Street, Suite 307, New Orleans, LA 70112. The complaint is then reviewed by the Clinic Director in consultation with the LSUHSC, SAHP Faculty Practice Clinics committee. A written response will be issued within 30 days of receipt of the written complaint. Within 30 days of the resolution rendered by the Clinic Director, the complainant may file a written appeal to the LSUHSC CFCC.