



**LSU Health**  
NEW ORLEANS



**DR. ERIN DUGAN,  
PH.D., LPC-S, RPT-S**



January 19th  
Introduction to Play Therapy

February 23rd  
Advanced Play Therapy

March 22nd  
Filial Therapy

April 26th  
Child Parent Relationship Therapy

May 17th  
Group Play Therapy



**DR. HOLLY WALTERS,  
PH.D., LPC-S, CRC**

January 26th  
Using Joiner's Interpersonal Model to  
Work with Suicidal Clients

February 9th  
Unified Protocol Basics Part I

February 23rd  
Unified Protocol Basics Part II

March 8th  
DBT Basics

April 26th  
Risk Assessment: Four Assessment Tools to  
Use When Working with High-Risk Clients



**(504) 556-3451**

LSU HEALTH'S CHILD & FAMILY COUNSELING CLINIC'S

# **SPRING 2024 PROFESSIONAL SEMINAR SERIES**



Seminars will be offered in-person and as live  
webinars  
Registration Required



Human Development Center  
411 S. Prieur St.  
Check-In Room 307

# Dr. ERIN DUGAN



07-203

## *Introduction to Play Therapy*

**January 19, 2024 10:00-12:00pm**

“Play therapy is based upon the fact that play is the child’s natural medium of self-expression. It is an opportunity given to the child to ‘play out’ his feelings and problems just as in certain types of adult therapy, an individual ‘talks out’ his difficulties.” This seminar will go beyond defining play therapy, by exploring the history of play therapy, when and when not to use play therapy, and the principles for relationships with children.

## *Advanced Play Therapy*

**February 23, 2024 1:00-3:00pm**

This workshop is designed for the advanced study of play therapy and builds upon material taught in Introduction to Play Therapy. This seminar will not only discuss different skills and techniques to practice, but in this advanced class, attendees will learn about the art of play therapy: deciding when to use a skill and the integration of those skills.

## *Filial Therapy*

**March 22, 2024 10:00-12:00pm**

Developed in the 19060s by Bernard and Louise Gurney, Filial Therapy, a play therapy model, is a closely related form of child-centered play therapy that involves the parents or caregivers directly as the agents of therapeutic change. This workshop will present an overview of Filial Therapy and its goals, objectives, and techniques used to strengthen the child parent relationship.

## *Child Parent Relationship Therapy*

**April 26, 2024 10:30-12:30pm**

Child-Parent Relationship Therapy, a play therapy model, is a play-based treatment program for young children presenting with behavioral, emotional, social, and attachment concerns. This workshop will present goals, objectives, and techniques used in CPRT as well as the tenets of CPRT which focus on the overall goal to strengthen the quality of the parent-child attachment bond.

## *Group Therapy*

**May 17, 2024 10:00-12:00pm**

This seminar is designed to assist those who work with children in understanding a philosophy and rationale for group work with children and preadolescents. The course will focus on the goals of group play therapy, the role of the play therapist, screening and selection of group members, the developmentally responsive use of play and other expressive/creative arts with children and preadolescents, planning and structure of sessions with emphasis on principles as well as application of group therapy methods and skills.

# Dr. HOLLY WALTERS

## *Using Joiner's Interpersonal Model to Work with Suicidal Clients*

**January 26, 2024 10:00-12:00pm**

Suicide rates continue to be high in the United States. Training clinicians to work with clients with suicidal ideation and attempts is imperative. Joiner's Interpersonal Theory of suicide looks at why and how people die by suicide, as well as giving a framework for assessing risk and implementing interventions.

## *Unified Protocol Basics*

Part I: **February 9, 2024 10:00-12:00pm**

Part II: **February 23, 2024 1:00-3:00pm**

The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders is an evidenced based model used to work with clients with a range of mood and anxiety disorders. Viewing mental health disorders on a spectrum, often clients have different disorders and have symptoms that overlap these disorders. Unified Protocol provides clients a base for managing their emotions, as well as guiding practitioners in this endeavor. Part I will cover modules 1-5. Part II will cover modules 6-10.

## *DBT Basics*

**March 8, 2024 10:00-12:00pm**

DBT originally developed by Marsha Linehan to work with clients with Borderline Personality Disorder has shown success with other client populations. DBT focuses on teaching skills for clients to live their best lives. These four modules review mindfulness, distress tolerance, emotion regulation, and interpersonal skills.

## *Risk Assessment: Four Assessment Tools to Use When Working with High-Risk Clients*

**April 26, 2024 1:00-3:00pm**

Risk assessment is part of all clinicians' work, but how do we properly assess risk? Four assessment tools and theories will be presented to build skills around understanding and assessing risk.

**Spring 2024 Professional Seminar Series**

**2.0 clock hours**

**\$70 per workshop**

\*Registration must be paid in full by the Wednesday prior to the workshop\*

**REGISTRATION FOR ALL SEMINARS  
OPEN NOW!**

**CLICK HERE TO REGISTER ONLINE**

**Cancellation and Refund Policy**

For training hosted by the LSUHSC Child & Family Counseling Clinic, registration for trainings may be cancelled with a full refund up to 24 hours after registration/payment has been made. Registrations cancelled after that time will not receive a refund, but participants may obtain credit for a future training hosted with the same trainer.

LSUHSC Counseling Department has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 3058. Programs that do not qualify for NBCC credit are clearly identified. LSUHSC Counseling Department is solely responsible for all aspects of the programs.

The Louisiana Counseling Association is approved by the Louisiana Professional Board of Examiners to offer continuing education clock hours. This presentation has been reviewed and has been approved for 2.0 CE clock hours for Louisiana Professional Counselors.