

School of Allied Health Professions

Recorded Seminar 2.0 Ces \$30

<u>Charging Up the Powers! Blending Play Therapy</u> <u>Techniques with Online Therapeutic Programs</u> Erin Dugan, Ph.D., LPC-S, Registered Play Therapist

Play therapists as well as all mental health therapists have been faced with many obstacles engaging young patients virtually during the COVID-19 pandemic. Various online therapeutic programs will be presented and discussed, respective of children's presenting issues and diagnoses. Additionally, specific play therapy techniques will be presented in accordance with each of the online therapeutic programs, respective of children's presenting issues and diagnoses.

Objectives:

1. Participants will review essential, core play therapy theories and techniques used in telehealth sessions with minors.

2. Participants will identify online therapeutic programs and the incorporation and use of play therapy techniques.

3. Participants will discuss essential factors such as assessing progress in play therapy sessions and reviewing treatment plans.

LCA Content Areas: Appraisal of Individual, Diagnosis APT Competencies: Diagnosis



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Recorded Seminar 1.0 CE \$20

<u>Hmmm, What Are My Choices? Play Therapy for</u> <u>Behavioral Issues</u>

Erin Dugan, Ph.D., LPC-S, Registered Play Therapist

Many children present with behavioral issues throughout their younger years. These children are often misdiagnosed, mislabeled, or not provided the appropriate supports. This workshop will demonstrate how play therapy approaches provide effective supports and interventions for children presenting with acting out, aggressive, oppositional, impulsive, dysregulated, and defiant behaviors.

Objectives

Participants will discuss various play therapy approaches used in working with disruptive children through telemental health. Participants will identify telemental health play therapy techniques and interventions used in supporting children with disruptive behaviors. Participants will apply the use of telemental health play therapy interventions in collaboration with caregivers in these children's lives.