



School of Allied Health Professions

Recorded Webinar series 2 CEs \$30

Cognitive Behavioral Play Therapy Theory and Practice

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Cognitive behavioral play therapy is grounded upon the theoretical underpinnings of Beck's Cognitive Behavioral theory. This webinar will invite participants into the discovery of the therapeutic modality in the use of Cognitive Behavioral play therapy. Cognitive Behavioral play therapy will be defined, an historical overview will be presented in addition to the overview of the therapy, its procedures, the role of the play therapist, child, and parent will be presented in Cognitive Behavioral play therapy as well as logistical aspects of Cognitive Behavioral play therapy as well as Cognitive Behavioral play therapy strategies.

Objectives

1. Participants will review the historical overview and theory of Cognitive Behavioral play therapy.
2. Participants will describe the use of Cognitive Behavioral play therapy.
3. Participants will identify the roles of the therapist, child, and parents in Cognitive Behavioral play therapy.
4. Participants will identify and demonstrate Cognitive Behavioral play therapy strategies.

LCA Content Areas: Counseling Theory, the Helping Relationship, Appraisal of the Individual, Diagnosis

APT Content Areas: General, Diagnosis