

**LSUHSC Child &  
Family  
Counseling  
Clinic**

- Erin Dugan, Ph.D., LPC-S, RPT-S
- George Hebert, Ph.D.
- Krystal Vaughn, Ph.D., LPC-S, RPT-S
- Kellie Camelford, Ph.D., LPC-S

**LSUHSC Child & Family  
Counseling Clinic Professional  
Seminar Series**

The LSUHSC Child & Family Counseling Clinic is committed to provide professional seminars and trainings to mental health practitioners in the Greater New Orleans area to promote the development and growth of our clinical and case conceptualization skills in order to provide top notch services to the clients we serve.



504.556.3453 [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu)

411 S. Prieur St, Room 308 NOLA  
Call NOW to Register!!!

**LSU Health**  
NEW ORLEANS

**LSUHSC Child & Family Counseling Clinic Fall 2018 Professional Seminar Series**  
*3.0 CEU hours/workshop* *9am-12:15pm*

Workshop #1 August 24, 2018

Erin Dugan, Ph.D., LPC-S, RPT-S

***Introduction to Play Therapy: Play in Therapy vs. Play Therapy***

This workshop will present the approach, play therapy used in counseling when working with children. Students will be presented with the history of play therapy, its varying models, principles, goals & objectives, as well as rationale for play therapy, and basic practice skills

Workshop #2 August 31, 2018

Krystal Vaughn, Ph.D., LPC-S, RPT-S

***Play Therapy Activities for the Treatment of Anxiety Disorders***

This presentation will provide basic play therapy techniques for the treatment of anxiety disorders in young children. This session will include hands on activities for use in individual play therapy sessions and modifications for group play therapy. The activities will be developmentally appropriate for preschoolers and early childhood.

Workshop #3 September 7, 2018

Krystal Vaughn, Ph.D., LPC-S, RPT-S

***Providing Parent Consultation for Play Therapy***

This workshop will provide an introductory overview of play therapy parental consultation practice patterns. Attendees will be introduced to the scholarly recommendations for initial, on-going, and as needed parental consultation models. The workshop will provide a strengths based approach for working with parents.

Workshop #4 September 7, 2018

George W. Hebert, Ph.D.

***Autism Spectrum Disorders (ASD): Best Practices for Diagnosis and Treatment***

This workshop will provide participants strategies for addressing people suspected of falling on the spectrum of autism. The recent DSM-5 both expands and reduces the eligibility criteria for diagnosis, depending on the conditions. This training activity will utilize a multi-trait, multi-method approach to the assessment of Autism Spectrum Disorder (ASD), consistent with current best practices. Additionally, developmentally appropriate interventions and services will be explored primarily for children and adolescents. Finally, assessment procedures discussed will be consistent with DSM-5 diagnostic criteria and eligibility for Louisiana regulations for special education eligibility.

Workshop #5 September 21, 2018

Krystal Vaughn, Ph.D., LPC-S, RPT-S

***Autism Spectrum Disorder Techniques and Activities***

This session will provide psychoeducation about Autism Spectrum Disorder, briefly highlight the effects ASD has on a socialization, classrooms, and family systems. Resources and activities for individual therapy and group therapy-grounded in play will be provided to highlight coping skills/strategies.

Workshop #6 September 21, 2018

Erin Dugan, Ph.D., LPC-S, RPT-S

***Filial Therapy***

This workshop will present the use of filial therapy to illustrate how parents can become therapeutic and facilitative change agents for their children. Basic objectives and goals will be presented on filial therapy. Attendees will watch mock filial sessions, review a developed treatment plan for education, practice, and implementation of filial therapy when working with parents.

Workshop #7 September 28, 2018

Kellie Camelford, Ph.D., LPC-S

***The Cyberbullying Epidemic***

Cyberbullying is any form of online communication that is intentional, harmful, and repeated; those effected by cyberbullying have higher levels of anxiety, depression, and lower self-esteem. This workshop will define cyberbullying, review statistics and legal information related to cyberbullying, highlight the risk factors and effects, and finally highlight interventions for both school counselors and individual counseling.

Workshop #8 October 19, 2018

George W. Hebert, Ph.D.

***Grief: When to Intervene and When Not to Intervene***

This workshop will provide participants both evaluation and treatment strategies for children and adolescents who are dealing with grief. Since grief is a natural reaction to loss, mental health practitioners must be aware that they can actually cause harm if the person does not merit formal interventions. This training activity will utilize an evidenced based approach for assessments to best identify which children and adolescents may benefit from grief therapy and which treatments have been shown most effective. The assessment procedures will address DSM-5 diagnostic criteria as well as possible entitlements in the various Louisiana educational settings.

Workshop #9 October 19, 2018

Erin Dugan, Ph.D., LPC-S

***Filial Therapy***

This workshop will present the use of filial therapy to illustrate how parents can become therapeutic and facilitative change agents for their children. Basic objectives and goals will be presented on filial therapy. Attendees will watch mock filial sessions, review a developed treatment plan for education, practice, and implementation of filial therapy when working with parents.

Workshop #10 October 26, 2018

Kellie Camelford, Ph.D., LPC-S

***Ethical Issues Spotlight: The Corey, Corey, and Callanan Ethical Decision Making Model Applied to Case Scenarios***

This interactive workshop will emphasize each step of the Corey, Corey, and Callanan Ethical Decision Making Model, as well as review the ACA Code of Ethics and the foundational principles counselors may utilize when faced with tough decisions in practice. Case scenarios and real-life examples provided by the presenter and by participants will be infused into the discussion for practical application of the model

Workshop #11 November 2, 2018

Erin Dugan, Ph.D., LPC-S, RPT-S

***Directive Approaches in Play Therapy: Prescriptive Based Interventions for DSM 5 Diagnoses***

This workshop will offer participants an overview of prescriptive play therapy techniques and interventions used when providing therapeutic intervention(s) for children diagnosed with socio-emotional, behavioral, cognitive, and developmental disorders.

Workshop #12 November 9, 2018

Kellie Camelford, Ph.D., LPC-S

***Interventions and Techniques for Self-Harm in Adolescent Clients***

Research with the adolescent population has generally found 12% to 24% of young people have self-harmed. For many adolescents, self-harm is a maladaptive coping method that is used periodically for a period of months to years, though for some it may transition into adulthood. This workshop will review various interventions and resources that counselors may incorporate in their work with self-harming adolescents.

Workshop #13 November 16, 2018

Krystal Vaughn, Ph.D., LPC-S, RPT-S

***Roles and Responsibilities in Supervision***

Ever wondered, "whose job is it anyway"? This workshop will offer supervisors the opportunities to explore the roles of a clinical and administrative supervisor. Participants will be encouraged to distinguish roles and relationships related to supervision. Participants will be introduced to the parallel processes occurring in the supervisory relationship.

Workshop #14 November 16, 2018

George W. Hebert, Ph.D.

***Assessment and Interventions for Childhood Depression***

This workshop will provide participants strategies for addressing children and adolescents suspected of having a depressive disorder. This training activity will utilize a multi-trait, multi-method approach to the assessment of depression, consistent with current best practices. Additionally, developmentally appropriate interventions will be explored as a pre-medication strategy for both children and adolescents. Finally, assessment procedures discussed will be consistent with DSM-5 diagnostic criteria and eligibility for Louisiana regulations for accommodations and special education eligibility.

Workshop #15 November 30, 2018

Erin Dugan, Ph.D., LPC-S, RPT-S

***Pass It On: The Effectiveness of Teaching Parents and Teachers Play Therapy Techniques***

This workshop will allow participants to conceptualize how engaging and collaborating with parents and teachers in the use of play therapy techniques facilitates the growth and development of children in the home and academic settings. Participants will be presented with an overview of the engagement process and techniques to present to both parents and teachers.

Workshop #16 December 14, 2018

Kellie Camelford, Ph.D., LPC-S

***Mindfulness Techniques for Adolescents***

CEUs Adolescence is often a stressful time due to normative, developmental challenges, as well as with new challenges related to multitasking and “always being on” due to technology access. Teenagers may benefit from learning and utilizing mindfulness techniques to reduce stress, anxiety, and depression. This workshop will discuss ways to incorporate mindfulness techniques into session with adolescents in individual counseling. Learning objectives include 1) being able to define mindfulness and how to explain it to clients and their families, 2) being able to teach clients how to use mindfulness skills, and 3) experiencing specific mindfulness skills.

**LSUHSC Child & Family Counseling Clinic**  
**Fall 2018 Professional Seminar Series 3.0 CEU hours/workshop 9am-12:15pm**  
**\$60/Workshop for Professionals & \$55/Workshop for Students (with ID)**  
**\$70/Late Registration for Professionals/ \$65 Late Registration for Students (with ID)**  
**LSUHSC 411 S. Prieur Street, Room 308, New Orleans, LA 70112 (504) 556-3453 [CFCC@lsuhsc.edu](mailto:CFCC@lsuhsc.edu)**

*\*Registration must be paid in full by and received (via mail/person) by the Friday prior to the workshop. Week of or Walk-in registrations will be charged \$70 for professionals, \$65 for students.*

DISCOUNTS AVAILABLE!!! Registrants who register in groups of 3+ will receive a 10% discount for each person in the group. Registrants who register for 3 workshops at a time will be eligible for a 10% discount off the total for the workshops. Only one discount will apply per person per registration. You may receive a discount each time you register. Payments must be made in full.

*\*A minimum of 5 participants MUST be registered by the Friday before the seminar in order for the workshop to be conducted. Registration and payment must be made by Friday of the week before of the workshop.*

**Make Payments (checks, cash, or money order only) in exact change if paying with cash. Checks are payable to  
 LSUHSC and mail to:**

**LSUHSC Child & Family Counseling Clinic 411 S. Prieur Street, room 307 New Orleans, LA 70112**

*\*Paid parking available on the street or the S. Roman Street Garage on S. Roman Street across from St. Joseph's Church.*

**Registrant Name:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Email:** \_\_\_\_\_

|                   |                   |                   |
|-------------------|-------------------|-------------------|
| Workshop #1_____  | Workshop #2_____  | Workshop #3_____  |
| Workshop #4_____  | Workshop #5_____  | Workshop #6_____  |
| Workshop #7_____  | Workshop #8_____  | Workshop #9_____  |
| Workshop #10_____ | Workshop #11_____ | Workshop #12_____ |
| Workshop #13_____ | Workshop #14_____ | Workshop #15_____ |
|                   | Workshop #16_____ |                   |

\*\* Payments made by check/money order must be mailed into the LSUHSC Child & Family Counseling Therapy Clinic (See mailing address above). Payments made by cash must be hand delivered to the Clinic.

\*\*\* When registering as a group, all registration information will be placed on hold until all persons in the group submit their registration information. If the entire group's registration information is not received by Wednesday of the week of the workshop, the individual(s) who have submitted registration information will be charged the full fee. Registration forms do NOT need to be mailed in as a group.

Please email this form to [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu) or fax the form to (504) 556-7540.

**Credit Card: Visa or Mastercard** \_\_\_\_\_

**Credit Card #** \_\_\_\_\_

**Name (as it appears on credit card)** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_ **CID** \_\_\_\_\_ **Billing Address:** \_\_\_\_\_

**Amount to be Charged: \$** \_\_\_\_\_ **Signature for Authorization** \_\_\_\_\_