

OUR SPEAKERS



BRIAN CANFIELD



HOLLY WALTERS



ERIN DUGAN



GEORGE HEBERT



RASHUNDA MILLER REED



ADRIANNE FRISCHHERTZ

LSU HEALTH NEW
ORLEANS CHILD & FAMILY
COUNSELING CLINIC'S
FALL SEMINAR SERIES



411 S. Prieur Street, Suite 308 New Orleans, LA 70112

CALL (504) 556-3451 OR EMAIL CFCC@LSUHSC.EDU

ABOUT THE SPEAKERS



George W. Hebert, Ph.D. is a Clinical Associate Professor in the Department of Counseling at the Louisiana State University Health Sciences Center – New Orleans (LSUHSC-NO) and also serves as a faculty member in the Physician Assistant's Program in the Department of Interdisciplinary Human Studies. Previously, Dr. Hebert served nine years as the training coordinator/director for an APA accredited program in School Psychology at the LSU Health Sciences Center in the Human Development Center. Additionally, he had served a total of eight years providing psychological services and directing an outpatient mental health clinic for children and adolescents in Louisiana. He also served a total of six years as a school psychologist in both rural and urban settings in Louisiana. Finally, Dr. Hebert had been a part-time faculty member in the psychology department at the University of New Orleans for many years.



Rashunda Miller Reed, Ph.D. possesses over 14 years of clinical experience working with clients. She holds credentials as a Licensed Professional Counselor (LPC) and Marriage & Family Therapist (LMFT) in Louisiana. She is also a board approved supervisor for Provisionally Licensed Professional Counselors (PLPC's) in Louisiana. She is currently under mentorship for providing board approved supervision for Provisionally Licensed Marriage & Family Therapists (PLMFT's). She is trained in Internal Family Systems (IFS) for couples and individuals and certified in Discernment Counseling.



Holly Walters holds a Ph.D. in Counselor Education from Oregon State University. She is a Licensed Professional Counselor Supervisor (LPC-S). Currently, she is an Assistant Professor at LSUHSC in New Orleans. She is an alumnus of the program graduating with a Master of Health Sciences in Rehabilitation Counseling. She earned her Bachelor of Science in Psychology from the University of New Orleans. Dr. Walters has worked in outpatient mental health settings with the state for over 10 years as a clinician and a program director. Her research interest includes suicide prevention, risk reduction, and the use of popular culture in therapy. She co-runs a blog that integrates pop culture into learning healthy coping skills. Therapypopculture.com



Brian S. Canfield, Ed.D. is Professor and Head of the Department of Counseling in the School of Allied Health Professions at Louisiana State University Health Science Center in New Orleans. He is a Licensed Professional Counselor - Supervisor (Louisiana), a Licensed Marriage and Family Therapist - Supervisor (Louisiana); and a Licensed Psychologist (Arkansas). Dr. Canfield is a Fellow and served as the 56th President of the American Counseling Association (ACA). He is a past president of the International Association of Marriage and Family Counselors (IAMFC), and a founding board member of the International Association of Psychology and Counseling (IAPC). Dr. Canfield has over four decades of clinical experience working with a wide range of mental health, life-adjustment, and relationship concerns. He has presented training workshops on clinical practice issues throughout the USA and internationally.



Adrianne Frischhertz. Ph.D. is a Licensed Professional Counselor-Supervisor and Registered Play Therapist-Supervisor, Dr. Frischhertz is Assistant Professor in the Department of Counseling in the School of Allied Health Professions at LSU Health New Orleans. She has published and presented about counseling and play therapy and appears regularly on WWL's Great Day Louisiana to discuss parenting strategies. She is a graduate of both the Louisiana Counseling Association and Association for Play Therapy Leadership Academies. Previously, she served as president for both the Louisiana Association for Play Therapy and Louisiana Association for Counselor Education and Supervision boards, as well as board member of the Association for Child and Adolescent Counseling (Louisiana chapter). She serves on the editorial board of the Louisiana Counseling Association Journal. Clinically, she focuses on providing services to children ages 3-12 and their caregivers, as well as supervision to those seeking licensure as a professional counselor (LPC) and certification as a Registered Play Therapist.



Dr. Erin Dugan is the Dean of the LSUHSC School of Allied Health Professions, a Professor of Counseling, and the Clinical Director of the LSUHSC Child & Family Counseling Clinic. In 2006. Dr. Dugan established the LSUHSC Child and Family Counseling Clinic, where she remains its Clinical Director. The clinic provides mental health services to children and families in the greater New Orleans area and offers internships to students and graduates seeking mentorship, supervision, and training. Dr. Dugan is also a recognized leader at the national and state levels. A National Certified Counselor, Licensed Professional Counselor Supervisor, and Registered Play Therapist Supervisor, she was named Chair of Board of Directors for the national Association for Play Therapy in 2020. Dr. Dugan was elected President of the Louisiana Association for Play Therapy in 2011 as well as the Louisiana Association for Counselor Educators and Supervisors in 2010.



ADVANCED DBT

RESEARCHER TRAUMA

MANAGING SEXUAL ATTRACTION

I WANT TO BECOME A REGISTERED PLAY THERAPIST! NOW WHAT?

ETHICAL AND LEGAL CONSIDERATIONS IN THE ELECTRONIC & PHYSICAL STORAGE OF MENTAL HEALTH RECORDS

MASTERING GROUP COUNSELING: ACQUISITION, RETENTION, AND ETHICAL PRACTICE

POP CULTURE IN COUNSELING: HARNESSING MEDIA TO CONNECT, UNDERSTAND, AND EMPOWER CLIENTS AND TRAINEE COUNSELORS

THE HEALING MAGIC OF HOGWARTS: UNVEILING THE THERAPEUTIC POTENTIAL OF HARRY POTTER

PLAY THERAPY CULTURAL & SOCIAL TOPICS

PLAY THERAPY SUPERVISION

ETHICAL CONSIDERATIONS IN TELEHEALTH PLAY THERAPY



DR. HOLLY WALTERS



September 13th 10am-12pm

Advanced DBT

October 11th 10am-12pm
The Healing Magic of Hogwarts: Unveiling the Therapeutic
Potential of Harry Potter

October 25th 1pm-3pm
Pop Culture in Counseling: Harnessing Media to Connect,
Understand, and Empower Clients and Trainee Counselors

November 8th 10am-12pm

Mastering Group Counseling: Acquisition, Retention, and

Ethical Practice



DR. RASHUNDA MILLER REED



September 20th 9am -11am Managing Sexual Attraction

September 20th 12pm-2pm Researcher Trauma



DR. GEORGE HEBERT & DR. BRIAN CANFIELD





September 20th 9am -12:15pm

Ethical and Legal Considerations in the Electronic & Physical Storage of Mental Health Records



DR. ERIN DUGAN & DR. ADRIANNE FRISCHHERTZ

September 20th 9am-11am

I Want to Become a Registered Play Therapist! Now What?

October 4th 9am-11am

Play Therapy Cultural & Social Topics

November 22nd 9am-11am Play Therapy Supervision

December 6th 9am-11am

Ethical Considerations in Telehealth Play Therapy





SEPTEMBER 13, 2024, 10AM-12PM HYBRID (LIVE) ADVANCED DBT

DR. HOLLY WALTERS

THIS SEMINAR EXPLORES DIALECTICAL BEHAVIOR THERAPY (DBT), FOCUSING ON ITS THEORETICAL FOUNDATIONS AND PRACTICAL APPLICATIONS. PARTICIPANTS WILL LEARN CORE DBT SKILLS, INCLUDING MINDFULNESS, DISTRESS TOLERANCE, EMOTION REGULATION, AND INTERPERSONAL EFFECTIVENESS. THROUGH INTERACTIVE EXERCISES AND ROLE-PLAYING, ATTENDEES WILL PRACTICE IMPLEMENTING DBT INTERVENTIONS IN CLINICAL SETTINGS. THE SEMINAR ALSO EMPHASIZES ENHANCING THERAPEUTIC RELATIONSHIPS USING DBT PRINCIPLES TO FOSTER A SUPPORTIVE AND COLLABORATIVE ENVIRONMENT FOR CLIENTS.

1.UNDERSTAND DBT PRINCIPLES: LEARN THE FOUNDATIONAL PRINCIPLES AND THEORY OF DIALECTICAL BEHAVIOR THERAPY.

- 2. DEVELOP DBT SKILLS: GAIN HANDS-ON EXPERIENCE WITH CORE DBT SKILLS: MINDFULNESS, DISTRESS TOLERANCE, EMOTION REGULATION, AND INTERPERSONAL EFFECTIVENESS.
 - 3. APPLY DBT INTERVENTIONS: PRACTICE IMPLEMENTING DBT TECHNIQUES IN CLINICAL SETTINGS THROUGH INTERACTIVE EXERCISES.
- 4. ENHANCE THERAPEUTIC RELATIONSHIPS: EXPLORE STRATEGIES TO IMPROVE THERAPEUTIC RELATIONSHIPS USING DRT PRINCIPLES.

SEPTEMBER 20, 2024, 9AM-11AM VIRUTAL ONLY MANAGING SEXUAL ATTRACTION

DR. RASHUNDA MILLER REED 2 CONTACT HOURS



1.ATTENDEES WILL DISCUSS SEXUAL ATTRACTION AND COUNSELING IMPLICATIONS
2.ATTENDEES WILL DISCUSS CODES RELATED TO SEXUAL BOUNDARIES
3.ATENDEES WILL DISCUSS CASES RELATED TO SEXUAL BOUNDARY VIOLATIONS
4.ATTENDEESWILL EXPLORE STRATEGIES FOR MANAGING SEXUAL ATTRACTION FOR CLINICIANS AND SUPERVISEES

SEPTEMBER 20, 2024, 12PM-2PM VIRUTAL ONLY RESEARCHER TRAUMA

DR. RASHUNDA MILLER REED

VARIOUS ORGANIZATIONS REQUIRE RESEARCH TO FULFILL EDUCATIONAL AND EMPLOYMENT OBLIGATIONS. THERE ARE INSTITUTIONAL REVIEW BOARDS TO PROTECT PARTICIPANTS. HOWEVER, IMPACTS ON RESEARCHERS, PARTICULARLY THOSE WHO ENGAGE IN RESEARCH ON SENSITIVE TOPICS ARE RARELY CONSIDERED. JOIN US AS WE DISCUSS RESEARCH FINDINGS.

1. ATTENDEES WILL LEARN ABOUT RESEARCHER TRAUMA
2. ATTENDEES WILL DISCUSS METHODOLOGY AND THEMES ASSOCIATED WITH RESEARCHER TRAUMA
3. ATTENDEES WILL DISCUSS NEXT STEPS RELATED TO RESEARCHE

SEPTEMBER 20, 2024, 9AM-11AM HYBRID (LIVE) I WANT TO BECOME A REGISTERED PLAY THERAPIST! NOW WHAT?



DR. ERIN DUGAN & DR. ADRIANNE FRISCHHERTZ



1. ATTENDEES WILL REVIEW THE PROCESS TO BECOMING A REGISTERED PLAY THERAPIST.

2. ATTENDEES WILL DISCUSS THE CROSSWALK, IN DEPTH, IN BECOMING A REGISTERED PLAY THERAPIST.

3. ATTENDEES WILL ADDRESS CHALLENGES IN OBTAINING THE NEEDED HOURS, EDUCATION, AND SUPERVISION OF THE CREDENTIALING PROCESS TO BECOMING A REGISTERED PLAY THERAPIST.





SEPTEMBER 20, 2024, 9AM-12:15PM HYBRID (LIVE) ETHICAL AND LEGAL CONSIDERATIONS IN THE ELECTRONIC & PHYSICAL STORAGE OF MENTAL HEALTH RECORDS DR. GEORGE HEBERT & DR. BRIAN CANFIELD

SHOP WILL DELIVER A HISTORIC OVERVIEW OF THE ETHICAL AND LEGAL PRACTICES FOR THE STORAGE OF HEALTH INFORMATION: SPECIFICALLY, MENTAL HEALTH RECORDS IN BOTH ELECTRONIC AND PAPER FORMATS. THE PRES HAVE VAST EXPERIENCE FROM THE COUNSELING, PSYCHOLOGY, AND MARRIAGE AND FAMILY THERAPY DISCIPLINES AND WILL SHARE TYPICAL CHALLENGES THAT HAVE EMERGED; ALONG WITH CHOICES FOR A PROPER PATH FORWARD MOST CLOSELY ALIGNED WITH PROFESSIONAL BEST PRACTICES, FINALLY, PARTICIPANTS WILL BE INVITED TO SHARE SOME OF THEIR PREVIOUS CHALLENGES IN MEDICAL RECORD STORAGE TO FURTHER FACILITATE SHARED BEST PRACTICES. 1. PARTICIPANTS WILL LEARN ABOUT THE CURRENT LEGAL/ETHICAL REQUIREMENTS FOR THE STORAGE OF BOTH PHYSICAL AND

2. PARTICIPANTS WILL BE PRESENTED WITH TYPICAL INSTITUTIONAL CHALLENGES AND PROFESSIONAL CHOICES AVAILABLE REGARDING THE TRUE OWNER OF THE PRIVATE HEALTH INFORMATION

FLECTRONIC MEDICAL DECORDS FROM AN INTERDISCIPLINARY MENTAL HEALTH DERSPECTIVE.

CURRENT BEST PRACTICES IN THE PROPER STORAGE OF BOTH FLECTRONIC AND PHYSICAL MENTAL HEALTH RECORDS.

OCTOBER 4, 2024, 9AM-11AM HYBRID (LIVE) **PLAY THERAPY CULTURAL & SOCIAL TOPICS**

DR. ERIN DUGAN & DR. ADRIANNE FRISCHHERTZ

WORKSHOP WILL INVITE PLAY THERAPISTS TO CONSIDER CULTURAL AND SOCIAL TOPICS WHEN PROVIDING PLAY THERAPY SERVICES.

ATTENDEES WILL DISCUSS PLAY THERAPY CULTURAL AND SOCIAL TOPICS.

TURAL AND SOCIAL CONSIDERATIONS IN PROVIDING PLAY THERAPY SERVICES TO **DIVERSE CLIENTELE.**

3. ATTENDEES WILL REVIEW CULTURAL AND SOCIAL CONSIDERATIONS IN PROVIDING PLAY THERAPY SERVICES.

OCTOBER 11, 2024, 10AM-12PM HYBRID (LIVE)

THE HEALING MAGIC OF HOGWARTS: UNVEILING THE THERAPEUTIC POTENTIAL OF
HARRY POTTER
DR. HOLLY WALTERS

THIS WORKSHOP EXPLORES THE THERAPEUTIC POTENTIAL OF INTEGRATING HARRY POTTER CONCEPTS INTO VARIOUS COUNSELING THEORIES AND PRACTICES. PARTICIPANTS WILL LEARN HOW TO INCORPORATE THEMES AND CHARACTERS FROM THE HARRY POTTER FRANCHISE INTO COGNITIVE BEHAVIORAL THERAPY (CBT), DIALECTICAL BEHAVIOR THERAPY (DBT), PERSON-CENTERED THERAPY, AND NARRATIVE THERAPY. THROUGH INTERACTIVE DISCUSSIONS AND PRACTICAL EXERCISES, ATTENDEES WILL DISCOVER CREATIVE WAYS TO ENHANCE THEIR THERAPEUTIC APPROACHES USING THE MAGICAL WORLD OF HOGWARTS.

- 1. INTEGRATE HARRY POTTER CONCEPTS INTO THERAPY: LEARN HOW TO USE HARRY POTTER THEMES AND CHARACTERS IN THERAPEUTIC SETTINGS.
 - 2. APPLY HARRY POTTER TO CBT AND DBT: EXPLORE METHODS FOR INCORPORATING HARRY POTTER ELEMENTS INTO COGNITIVE BEHAVIORAL THERAPY AND DIALECTICAL BEHAVIOR THERAPY.
 - 3. ENHANCE PERSON-CENTERED THERAPY: UNDERSTAND HOW TO WEAVE HARRY POTTER NARRATIVES INTO PERSON-CENTERED THERAPEUTIC APPROACHES.
- 4. UTILIZE HARRY POTTER IN NARRATIVE THERAPY: PRACTICE INTEGRATING HARRY POTTER STORYLINES INTO NARRATIVE THERAPY TECHNIQUES

OCTOBER 25, 2024, 1PM-3PM HYBRID (LIVE) POP CULTURE IN COUNSELING: HARNESSING MEDIA TO CONNECT, UNDERSTAND, AND EMPOWER CLIENTS AND TRAINEE COUNSELORS DR. HOLLY WALTERS

THIS WORKSHOP EXPLORES THE INNOVATIVE USE OF POP CULTURE IN COUNSELING. PARTICIPANTS WILL LEARN HOW TO INTEGRATE POPULAR MEDIA CONCEPTS INTO COGNITIVE BEHAVIORAL THERAPY (CBT), DIALECTICAL BEHAVIOR THERAPY (DBT), PERSON-CENTERED THERAPY, AND NARRATIVE THERAPY. THROUGH INTERACTIVE DISCUSSIONS AND PRACTICAL EXERCISES, ATTENDEES WILL DISCOVER CREATIVE WAYS TO CONNECT WITH CLIENTS AND TRAINEE COUNSELORS, ENHANCE UNDERSTANDING, AND EMPOWER THERAPEUTIC PRACTICES USING THE FAMILIAR AND ENGAGING ELEMENTS OF POP CULTURE.

1. INTEGRATE POP CULTURE INTO THERAPY: LEARN HOW TO INCORPORATE POPULAR CULTURE CONCEPTS AND OTHER MEDIA INTO VARIOUS THERAPEUTIC APPROACHES.

- 2. APPLY POP CULTURE TO CBT AND DBT: EXPLORE TECHNIQUES FOR USING MEDIA ELEMENTS IN COGNITIVE BEHAVIORAL THERAPY AND DIALECTICAL BEHAVIOR THERAPY.
- 3. ENHANCE PERSON-CENTERED THERAPY WITH MEDIA: UNDERSTAND HOW TO UTILIZE POP CULTURE REFERENCES TO ENRICH
 PERSON-CENTERED THERAPEUTIC PRACTICES
 - 4. UTILIZE NARRATIVE THERAPY WITH POP CULTURE: PRACTICE INTEGRATING STORYLINES FROM POPULAR MEDIA INTO NARRATIVE THERAPY INTERVENTIONS.

NOVEMBER 8, 2024, 10AM-12PM HYBRID (LIVE) MASTERING GROUP COUNSELING: ACQUISITION, RETENTION, AND ETHICAL PRACTICE

DR. HOLLY WALTERS

THIS WORKSHOP PROVIDES A COMPREHENSIVE OVERVIEW OF GROUP COUNSELING. FOCUSING ON THE ACQUISITION. RETENTION, AND ETHICAL PRACTICE OF GROUP THERAPY. PARTICIPANTS WILL LEARN THE BASICS OF GROUP THERAPY. INCLUDING PREPARATION. PLANNING. AND SCREENING OF CLIENTS. THE WORKSHOP WILL ALSO COVER STRATEGIES FOR ACOUIRING AND RETAINING CLIENTS, AS WELL AS THE APPLICATION OF AMERICAN COUNSELING ASSOCIATION (ACA) ETHICAL GUIDELINES, ADDITIONALLY, ATTENDEES WILL DEVELOP SKILLS TO EFFECTIVELY MANAGE AND ENHANCE GROUP DYNAMICS IN

- 1. UNDERSTAND GROUP THERAPY BASICS: LEARN THE FUNDAMENTALS OF GROUP THERAPY, INCLUDING PREPARATION.
- 2. ACOUIRE AND RETAIN GROUP THERAPY CLIENTS: EXPLORE STRATEGIES FOR ACOUIRING AND RETAINING CLIENTS IN GROUP
 - 3. APPLY ACA ETHICAL GUIDELINES: UNDERSTAND AND APPLY THE AMERICAN COUNSELING ASSOCIATION (ACA) ETHICAL **GUIDELINES IN GROUP THERAPY PRACTICE.**
 - 4. ENHANCE GROUP DYNAMICS: DEVELOP SKILLS TO EFFECTIVELY MANAGE AND IMPROVE GROUP DYNAMICS IN THERAPY SESSIONS.

NOVEMBER 22, 2024, 9AM-11AM HYBRID (LIVE)



PLAY THERAPY SUPERVISION DR. ERIN DUGAN & DR. ADRIANNE FRISCHHERTZ



- 1. ATTENDEES WILL REVIEW SUPERVISION MODELS USED IN PLAY THERAPY SUPERVISION.
- 2. ATTENDEES WILL DISCUSS SUPERVISION THEORIES WHEN ENGAGING IN THE SUPERVISORY PROCESS.
- 3. ATTENDEES WILL IDENTIFY KEY ELEMENTS OF THE SUPERVISORY PROCESS RELATED TO PLAY THERAPY.

DECEMBER 6, 2024, 9AM-11AM HYBRID (LIVE) ETHICAL CONSIDERATIONS IN TELEHEALTH PLAY THERAPY

DR. ERIN DUGAN & DR. ADRIANNE FRISCHHERTZ



- 1. ATTENDEES WILL REVIEW THE APT (ASSOCIATION FOR PLAY THERAPY) STANDARDS AND DISCUSS BEST PRACTICES IN TELEHEALTH IN PLAY THERAPY.
- 2. ATTENDEES WILL IDENTIFY KEY ETHICAL CONSIDERATIONS RELATED TO APT'S STANDARDS AND BEST PRACTICES IN THE PROVISION OF TELEHEALTH RELATED TO PLAY THERAPY SERVICES.
- 3. ATTENDEES WILL REVIEW ETHICAL CONSIDERATIONS AND REFLECT UPON DISCUSSION QUESTIONS IN CONSIDERING THE USE OF TELEHEALTH IN PLAY THERAPY.





FALL 2024 PROFESSIONAL SEMINAR SERIES

\$80 PER WORKSHOP FOR PROFESSIONALS 2 HR SEMINARS; \$100 PER WORKSHOP FOR PROFESSIONALS FOR 3 HR SEMINARS

\$40 PER WORKSHOP FOR LSU HEALTH NO ALUM 2 HR SEMINARS; \$50 PER WORKSHOP FOR LSU HEALTH NO ALUM 3 HR SEMINARS

\$25 PER WORKSHOP FOR STUDENTS WITH VALID ID



CANCELLATION AND REFUND POLICY
FOR TRAINING HOSTED BY THE LSUHSC CHILD & FAMILY COUNSELING CLINIC,
REGISTRATION FOR

TRAININGS MAY BE CANCELLED WITH A FULL REFUND UP TO 24 HOURS AFTER REGISTRATION/PAYMENT HAS

BEEN MADE. REGISTRATIONS CANCELLED AFTER THAT TIME WILL NOT RECEIVE A REFUND, BUT

PARTICIPANTS MAY OBTAIN CREDIT FOR A FUTURE TRAINING HOSTED WITH THE SAME TRAINER.

LIVE WEBINAR POLICY
IN ORDER TO OBTAIN CEH CREDIT, PARTICIPANTS ATTENDING VIA LIVE ZOOM ARE
REQUIRED TO KEEP THEIR
CAMERAS ON FOR THE DURATION OF THE SEMINAR.

APPROVAL FOR CONTINUING EDUCATION HAS BEEN APPLIED FOR AND IS PENDING THROUGH THE LOUSIANA LPC BOARD, SOCIAL WORK BOARD, MARRIAGE AND FAMILY THERAPY BOARD, AND THE ASSOCIATION FOR PLAY THERAPY.