

## **School of Allied Health Professions**

**Recorded Seminar 2.0 CEs \$30** 

## <u>Filial Therapy Theory and Practice</u> Erin Dugan, Ph.D., LPC-S, Registered Play Therapist

Filial therapy is grounded upon the theoretical underpinnings of Carl Roger's person-centered theory and family systems theory. This webinar will invite participants into the discovery of the therapeutic modality in the use of filial therapy. Filial therapy will be defined, an historical overview will be presented in addition to the overview of the therapy, its procedures, the role of the play therapist, child, and parent will be presented in filial therapy as well as logistical aspects of filial therapy and filial therapy as well as child centered play therapy strategies.

## **Objectives**

- 1. Participants will review the historical overview and theory of filial therapy.
- 2. Participants will describe the use of filial therapy.
- 3. Participants will identify the roles of the therapist, child, and parents in filial therapy.
- 4. Participants will identify and demonstrate filial therapy strategies.

LCA Content Areas: Counseling Theory, the Helping Relationship, Appraisal of the Individual, Diagnosis APT Content Areas: General, Diagnosis