



School of Allied Health Professions

Recorded Seminar 2.0 CE \$30

Gestalt Play Therapy Theory and Practice

Erin Dugan, Ph.D., LPC-S, Registered Play Therapist

Gestalt play therapy is grounded upon the theoretical underpinnings of Fritz Pearl's Gestalt theory. This webinar will invite participants into the discovery of the therapeutic modality in the use of Gestalt play therapy. Gestalt play therapy will be defined, an historical overview will be presented in addition to the overview of the therapy, its procedures, the role of the play therapist, child, and parent will be presented in Gestalt play therapy as well as logistical aspects of Gestalt play therapy as well as Gestalt play therapy strategies.

Objectives

1. Participants will review the historical overview and theory of Gestalt play therapy.
2. Participants will describe the use of Gestalt play therapy.
3. Participants will identify the roles of the therapist, child, and parents in Gestalt play therapy.
4. Participants will identify and demonstrate Gestalt play therapy strategies.

LCA Content Areas: Counseling Theory, the Helping Relationship, Appraisal of the Individual, Diagnosis

APT Content Areas: General, Diagnosis