

## LSUHSC Child & Family Counseling Clinic

### Spring 2017 Professional Seminar Series

\$50/Workshop for Professionals & \$45/Workshop for Students (with ID)

LSUHSC 411 S. Prieur Street, Room 309, New Orleans, LA 70112 (504) 556-3453 [CFCC@lsuhsc.edu](mailto:CFCC@lsuhsc.edu)

9am-12:15pm

Erin M. Dugan, Ph.D., LPC-S, RPT-S, NCC, CRC  
George Hebert, Ph.D.

Krystal Vaughn, Ph.D., LPC-S, RPT-S  
Kellie Camelford, Ph.D., LPC-S, NCC

*\*A minimum of 5 participants MUST be registered in order for the workshop to be conducted. Registration and payment must be made by **Wednesday** of the week of the workshop.*

DISCOUNTS AVAILABLE!!! Registrants who register in groups of 3+ will receive a 10% discount for each person in the group. Registrants who register for 3 workshops at a time will be eligible for a 10% discount off the total for the workshops. Only one discount will apply per person per registration. You may receive a discount each time you register. Payments must be made in full.

#### Workshop #1                      January 13, 2017

**Dr. Krystal Vaughn**

##### *Introduction to Clinical Supervision 3.0 CEUs*

This interactive workshop will provide participants with an **introductory** overview of the history, development, functions, and principles of clinical supervision. Participants will engage in discussions on practical issues of LPC clinical supervision in the state of Louisiana. Participants will work to conceptualize similarities and differences in supervision, therapy, and administrative roles.

*\*This workshop is an introduction to supervision for licensed counselors in the state of Louisiana.*

#### Workshop #2                      January 20, 2017

**Dr. Erin Dugan**

##### *Play Therapy for Young Children 3.0 CEUs*

Children aged zero to three may benefit from therapeutic intervention. When a young child presents with identified difficulties, intervention has shown to influence the young child's development and can have a positive impact on various aspects of their development including: cognitive, social, academic, emotional, and physical growth. Review current approaches in working with young children including the use of play.

#### Workshop #3                      January 20, 2017

**Dr. George Hebert**

##### *Assessment and Interventions for ADHD 3.0 CEUs*

This workshop will provide participants both evaluation and intervention strategies for children suspected of having Attention-Deficit Hyperactivity Disorder (ADHD). This training activity will utilize an evidenced based approach for both assessment and treatment in which a child's response to scientifically supported interventions will be used for both eligibility and treatment recommendations. In using this Response to Intervention (RtI) approach, the assessment procedures will align well with DSM-5 diagnostic criteria and Louisiana regulations for special education eligibility.

#### Workshop #4                      January 27, 2017

**Dr. Kellie Camelford**

##### *Ethical and Legal Issues for School Counselors 3.0 CEUs*

This interactive workshop will define the professional school counselor's role, review *the ASCA Code of Ethics* (2010), outline an ethical decision making model, discuss ethical and legal issues faced by school counselors, and provide school counselors time for consultation. Issues discussed will include, but are not limited to, counselor competency, informed consent, confidentiality, duty to warn, multiple relationships, mandated reporting, and working with parents.

#### Workshop #5                      January 27, 2017

**Dr. Erin Dugan**

##### *Thoughts, Emotions, Behaviors, Oh My! 3.0 CEUs*

Children often present with difficulty self-regulating in their home, school, and social settings. This workshop focuses on the underlying factors of poor self-regulation and how poor regulation affects the child's ability to function in their environments.

**Workshop #6**                      **February 10, 2017**

**Dr. George Hebert**

***Assessment and Interventions for Childhood Depression 3.0 CEUs***

This workshop will provide participants strategies for addressing children and adolescents suspected of having a depressive disorder. This training activity will utilize a multi-trait, multi-method approach to the assessment of depression, consistent with current best practices. Additionally, developmentally appropriate interventions will be explored as a pre-medication strategy for both children and adolescents. Finally, assessment procedures discussed will be consistent with DSM-5 diagnostic criteria and eligibility for Louisiana regulations for special education eligibility.

**Workshop #7**                      **February 17, 2017**

**Dr. Krystal Vaughn**

***Models, Theories, and Application of Supervision 3.0 CEUs***

This workshop will provide information on select systems and/or theories of supervision. Participants will engage in group discussions to facilitate the possible applications of select models of **counseling** supervision. Interactive learning will be accompanied by video, role play, and discussions.

**Workshop #8**                      **February 17, 2017**

**Dr. Erin Dugan**

***Engaging Parents in Their Child's Play Therapy 3.0 CEUs***

This workshop will provide participants with an overview of the essential role parents play in the outcome measures of play therapy with their children. Participants will be provided with an overview of the phases parents engage in while their child(ren) are receiving play therapy services. Additionally, an overview of forms and assessments utilized to assess the parents needs and inquiries will be provided. Participants will review needed tools, conceptual models, and techniques used when therapists work to engage and challenge parents to incorporate play therapy techniques with their child at home.

**Workshop #9**                      **March 10, 2017**

**Dr. Erin Dugan**

***Using Bibliotherapy in the Therapy Room and Classrooms 3.0 CEUs***

Bibliotherapy is an expressive therapy that involves the reading of specific texts with the purpose of healing. It uses an individual's relationship to the content of books and poetry and other written words as therapy. Bibliotherapy is often combined with writing therapy. It has been shown to be effective in the treatment of depression. These results have been shown to be long-lasting. The use of bibliotherapy, an expressive therapy, will allow participants to conceptualize how specifically chosen texts allow children a means of character/ text identification and skills/resources to utilize in mastering development and growth.

**Workshop #10**                      **March 17, 2017**

**Dr. Kellie Camelford**

***Ethical and Legal Issues with Adolescent Clients 3.0 CEUs***

Working with minors is a challenging yet rewarding experience since every adolescent has an ethical right to confidentiality in counseling, but every parent/ guardian(s) has the legal right for counselors to keep their children safe. This workshop will discuss ethical and legal issues regarding hot topics surrounding adolescent counseling. Issues will include informed consent, mandated reporting, divorced households, self-harm, and risky behaviors. Best practices will be discussed for working with adolescent clients, as well as working with clients' parents regarding "sticky" situations.

**Workshop #11**                      **March 17, 2017**

**Dr. George Hebert**

***Assessment and Interventions for Specific Learning Disorder 3.0 CEUs***

This workshop will provide participants both evaluation and intervention strategies for children suspected of having a specific learning disorder/specific learning disability. This training activity will utilize an evidenced based approach for both assessment and treatment in which a child's response to scientifically supported interventions will be used for both eligibility and treatment recommendations. In using this Response to Intervention (RtI) approach, the assessment procedures will align well with DSM-5 diagnostic criteria and Louisiana regulations for special education eligibility.

**Workshop #12**            **March 24, 2017**

**Dr. Kellie Camelford**

***Assessments and Interventions for Adolescents who Self-Harm 3.0 CEUs***

Whitlock (2010) referenced self-harm as the “next teen disorder” due to the rising prevalence of the behavior among the adolescent population. Research with the adolescent population has generally found 12% to 24% of young people have self-harmed. For many adolescents, self-harm is a maladaptive coping method that is used periodically for a period of months to years, though for some it may transition into adulthood. This workshop will review how licensed professional counselors may work with adolescent females who self-harm in stages to develop client rapport, assess the behaviors, provide psycho-education to the client, and assist the client in creating health coping strategies to replace the maladaptive self-harm behaviors.

**Workshop #13**            **March 24, 2017**

**Dr. Krystal Vaughn**

***Supervisory Relationship 3.0 CEUs***

This workshop will focus on challenges and successes that may occur in **clinical and/or counseling** supervision. Attendees will be presented with interactive lessons and mock cases addressing issues such as interpersonal issues, power and authority, burnout, trauma, conflicts, and issues of trust. The presenter will lead large and small group discussions.

**Workshop #14**            **March 31, 2017**

**Dr. Krystal Vaughn**

***Promoting Positive Peer Interactions 3.0 CEUs***

This workshop will provide an **introductory** overview of temperament traits, social emotional development, and the importance of social interaction for children. The workshop will provide interactive play based interventions useful in individual and group settings.

**Workshop #15**            **April 21, 2017**

**Dr. Erin Dugan**

***Facilitating Problem Solving and Skills Building in Our Youth 3.0 CEUs***

Children often seek guidance from parents and adults in their world. Allowing youth to face challenges builds independence and problem solving skills. This workshop focuses on school aged to middle school aged children who display difficulty in problem solving and independence.

**Workshop #16**            **April 28, 2017**

**Dr. George Hebert**

***Assessment and Interventions for Disruptive or Impulse Control Disorders 3.0 CEUs***

This workshop will provide participants strategies for addressing children and adolescents suspected of having a disruptive or an impulse control disorder. This training activity will utilize a multi-modal assessment strategy which includes the results of interventions as a means of informing the diagnostic decision. Assessment and intervention procedures addressed will be consistent with DSM-5 diagnostic criteria and eligibility for Louisiana regulations for special education eligibility.

**Workshop #17**            **April 28, 2017**

**Dr. Krystal Vaughn**

***Providing Parent Consultation 3.0 CEUs***

This workshop will provide an overview of parental consultation practice patterns. Attendees will be introduced to the scholarly recommendations for initial, on-going, and as-needed parent consultation models. The workshop will provide a strengths based approach for working with parents.

**Workshop #18**            **May 12, 2017**

**Dr. Kellie Camelford**

***Ethical Decision Making Models and the ACA Code of Ethics 3.0 CEUs***

The *ACA Code of Ethics* (2014) promotes ethical principles and requires clinicians to use an ethical decision making model when making difficult ethical decisions in practice. This workshop will present the ethical principles of autonomy, nonmaleficence, beneficence, justice, fidelity, and veracity along with examples from practice. Furthermore, this workshop will educate professionals on several ethical decision making models, as well as review self-tests professionals

may use to evaluate their ethical decision making. Finally, participants will practice working from the models through case scenarios.

**Workshop #19**                      **May 12, 2017**

**Dr. Erin Dugan**

*Play Therapy for Children with ADHD: Impulse Control, Hyperactivity, and Attention Issues 3.0 CEUs*

This workshop will explore the use of play therapy with children presenting with ADHD diagnoses or presenting issues. Individual, group, and family play therapy techniques will be presented.

**Workshop #20**                      **May 19, 2017**

**Dr. Erin Dugan**

*Play Therapy for Aggressive and Acting Out Children 3.0 CEUs*

This workshop will focus on children with behavioral issues in the classroom and home environments. An overview of directive techniques will be provided to attendees.

**Workshop #21**                      **May 26, 2017**

**Dr. Kellie Camelford**

*Assessment and Interventions for Adolescent Anxiety 3.0 CEUs*

Anxiety, unfortunately, is a normal reality in everyone's life that may peak during adolescences. Some typical settings for anxiety include new situations, testing/assessments, performance/evaluation, competition, and even asking something of another can provoke anxiety. Most of the time, anxiety decreases once the nerve-wrecking activity has started or even ended, yet some adolescents may continue to feel anxious. This workshop will provide participants strategies for addressing adolescents suspected of having anxiety disorders. Additionally, the DSM-5 diagnostic criteria for anxiety disorders and developmentally appropriate interventions for adolescents with anxiety will be explored.