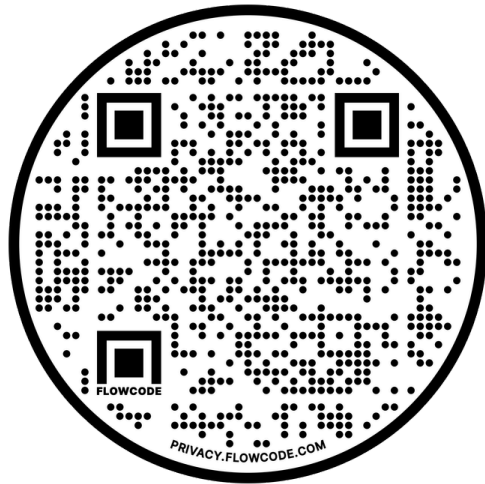


# LSU Health Sciences Center Child and Family Counseling Clinic Summer 2026 - Seminar Series



**LSU Health**  
NEW ORLEANS  
School of Allied Health Professions

Visit our website here for more information and registration!

Call (504)556-3451 or email [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu) with any questions

411 S. Prieur St Rm 307 New Orleans, LA 70112

Approval for continuing education has been applied for and is pending through the Louisiana Counseling Association (LCA).

# ABOUT THE SPEAKERS



**Erin Dugan, Ph.D.,  
LPC-S, RPT-S**



**Adrienne Frischhertz,  
Ph.D, LPC-S, RPT-S**



**Holly Walters, Ph.D.,  
LPC-S, CRC**



**Emmy Simkiss, MS,  
PLPC**

# ABOUT THE SPEAKER:

## ERIN DUGAN, PH.D., LPC-S, RPT-S

Erin Dugan is the Dean of the LSUHSC School of Allied Health Professions, a Professor of Counseling, and the Clinical Director of the LSUHSC Child & Family Counseling Clinic. In 2006, Dr. Dugan established the LSUHSC Child and Family Counseling Clinic, where she remains its Clinical Director. The clinic provides mental health services to children and families in the greater New Orleans area and offers internships to students and graduates seeking mentorship, supervision, and training. Dr. Dugan is also a recognized leader at the national and state levels. A National Certified Counselor, Licensed Professional Counselor Supervisor, and Registered Play Therapist Supervisor, she was named Chair of Board of Directors for the national Association for Play Therapy in 2020. Dr. Dugan was elected President of the Louisiana Association for Play Therapy in 2011 as well as the Louisiana Association for Counselor Educators and Supervisors in 2010.



### **SEMINARS:**

- **Advanced Play Therapy Series**
  - **CE Unit or Individual CEs**

# ABOUT THE SPEAKER:

## HOLLY WALTERS, PH.D., LPC-S, CRC

Holly Walters holds a Ph.D. in Counselor Education from Oregon State University. She is a Licensed Professional Counselor Supervisor (LPC-S). Currently, she is an Assistant Professor at LSUHSC in New Orleans. She is an alumnus of the program graduating with a Master of Health Sciences in Rehabilitation Counseling. She earned her Bachelor of Science in Psychology from the University of New Orleans. Dr. Walters has worked in outpatient mental health settings with the state for over 10 years as a clinician and a program director. Her research interest includes suicide prevention, risk reduction, and the use of popular culture in therapy. She co-runs a blog that integrates pop culture into learning healthy coping skills, [therapypopculture.com](http://therapypopculture.com).



### **SEMINARS:**

- **From Screen to Supervision: Using Pop Culture to Enhance Counselor Development**
- **The Therapy Room Without Walls: Clinical Depth & Presence in Telehealth**
- **From Insight to Intervention: Helping Clients Actually Use What They Learn in Therapy**

# ABOUT THE SPEAKER:

ADRIANNE FRISCHHERTZ, PH.D, LPC-S, RPT-S

Adrienne Frischhertz, Ph.D. is a Licensed Professional Counselor Supervisor and Registered Play Therapist-Supervisor. Dr. Frischhertz is Assistant Professor in the Department of Counseling in the School of Allied Health Professions at LSU Health New Orleans. She has published and presented about counseling and play therapy and appears regularly on WWL's Great Day Louisiana to discuss parenting strategies. She is a graduate of both the Louisiana Counseling Association and Association for Play Therapy Leadership Academies. Previously, she served as president for both the Louisiana Association for Play Therapy and Louisiana Association for Counselor Education and Supervision boards, as well as board member of the Association for Child and Adolescent Counseling (Louisiana chapter). She serves on the editorial board of the Louisiana Counseling Association Journal. Clinically, she focuses on providing services to children ages 3-12 and their caregivers, as well as supervision to those seeking licensure as a professional counselor (LPC) and certification as a Registered Play Therapist.



## SEMINARS:

- **From Screen to Supervision:  
Using Pop Culture to Enhance  
Counselor Development**

# ABOUT THE SPEAKER:

## EMMY SIMKISS, MS, PLPC

Emmy is a provisionally licensed professional counselor at the LSU Health Child and Family Counseling Clinic. She earned her Master of Science in Clinical Mental Health Counseling from Loyola University New Orleans. She is currently pursuing her counseling and play therapy licenses under the supervision of Dr. Kati Hill. She joined the clinic in 2025 and specializes in working with children aged 2-12 with a wide range of presenting problems. She has experience using play therapy to treat children with depression, anxiety, Autism Spectrum Disorder, ADHD, and trauma. At the clinic, she is supervised by Dr. Erin Dugan.



### **SEMINARS:**

- **Play Therapy 100: An Introduction for Curious Students**

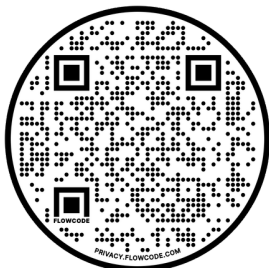
# The Therapy Room Without Walls: Clinical Depth & Presence in Telehealth

Friday, June 12<sup>th</sup>, 2026 --- 9AM-12PM (Hybrid)

**Holly Walters, Ph.D., LPC-S, CRC**



This workshop moves beyond logistical telehealth practices to examine how clinicians can maintain depth, presence, and therapeutic effectiveness in a virtual environment. Participants will explore how to detect and respond to emotional cues with limited visual information, manage silence and pacing in video-based sessions, and build a strong therapeutic alliance without shared physical space. Through discussion and applied examples, this training focuses on strengthening core clinical skills in telehealth so that virtual sessions remain as intentional, attuned, and impactful as in-person work.



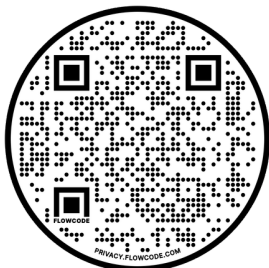
# From Insight to Intervention: Helping Clients Actually Use What They Learn in Therapy

Friday, July 17<sup>th</sup>, 2026 --- 9AM-12PM (Hybrid)

**Holly Walters, Ph.D., LPC-S, CRC**



Many clients leave sessions with powerful insight—but little changes between sessions. This workshop explores how to move from understanding to action by helping clients apply what they learn in therapy. Participants will gain practical tools to increase follow-through, address avoidance, and turn insight into specific, achievable behaviors. Through applied strategies and clinical examples, this training focuses on helping therapists facilitate real, lasting change.



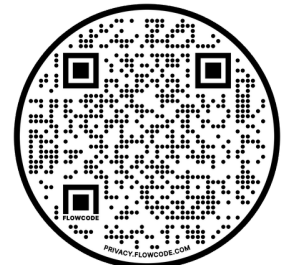
# From Screen to Supervision: Using Pop Culture to Enhance Counselor Development

Friday, June 19<sup>th</sup>, 2026 --- 9AM-12PM (Hybrid)

**Holly Walters, Ph.D., LPC-S, CRC &  
Adrienne Frischhertz, Ph.D, LPC-S, RPT-S**



This interactive workshop explores the intentional use of pop culture in clinical supervision to enhance supervisee development, engagement, and skill acquisition. Grounded in supervision theory, participants will learn how to use media, narratives, and shared cultural references to support case conceptualization, increase self-awareness, and facilitate effective feedback. Ethical considerations and practical implementation strategies will be discussed, with opportunities for experiential learning.



# Introduction to Advanced Play Therapy

Tuesday, May 26<sup>th</sup>, 2026 --- 10AM-12PM (Hybrid)

**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Understand the seminar objectives and structure.
- Review foundational play therapy concepts.
- Introduce advanced play therapy techniques.

In the first week, we will introduce the seminar objectives and structure, providing an overview of what to expect throughout the seminar series. We will review foundational play therapy concepts to ensure everyone has a solid understanding of the basics. Additionally, we will introduce advanced play therapy techniques that will be explored in greater detail in subsequent weeks.



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**(Ethics)**

# Therapeutic Play Techniques and Child Development

Tuesday, June 2nd, 2026 --- 10AM-12PM (Hybrid)

**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Learn advanced therapeutic play techniques.
- Apply case studies and practical applications.
- Understand child development stages and tailor play therapy accordingly.

This week focuses on advanced therapeutic play techniques, providing practical applications through case studies. We will also delve into child development stages, discussing how to tailor play therapy to meet the developmental needs of children at different stages. This foundational knowledge will be crucial for effective play therapy practice.



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**(Ethics)**

# Family Dynamics and Cultural Competence in Play Therapy

Tuesday, June 9th, 2026 --- 10AM-12PM (Hybrid)

**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Involve families in play therapy sessions.
- Address cultural diversity in play therapy.
- Implement culturally sensitive play therapy practices.

Week 3 emphasizes the importance of family dynamics and cultural competence in play therapy. We will explore techniques for involving families in play therapy sessions and discuss the significance of cultural diversity. Participants will learn how to implement culturally sensitive practices to ensure inclusive and effective therapy.



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# Group Play Therapy

Tuesday, June 16th, 2026 --- 10AM-12PM (Hybrid)

**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives

- Understand principles and techniques of group play therapy.
- Identify benefits and challenges of group play therapy.
- Apply group play therapy through case studies.

This week is dedicated to group play therapy, where we will explore its principles and techniques. We will discuss the benefits and challenges of conducting group play therapy sessions and analyze case studies to understand practical applications. This knowledge will help therapists effectively manage group dynamics in play therapy.



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**(Ethics)**

# Ethical and Legal Considerations and Play Therapy Treatment Process

Tuesday, June 23rd, 2026 --- 10AM-12PM (Hybrid)

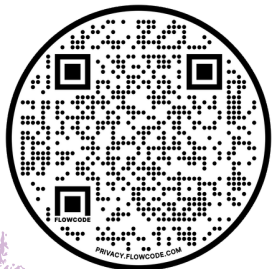
**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Address ethical issues in play therapy.
- Understand legal considerations and best practices.
- Develop treatment goals and plans, and manage documentation.

Week 5 covers ethical and legal considerations in play therapy. We will discuss common ethical issues and legal considerations, providing best practices for therapists. Additionally, we will focus on developing treatment goals and plans, managing documentation, and understanding intake and termination procedures to ensure comprehensive and ethical practice.



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# Childhood-Related Problems, Mental Health Diagnosis/Disorders, and Trauma

Tuesday, June 30th, 2026 --- 10AM-12PM (Hybrid)

**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Identify common childhood mental health disorders.
- Understand diagnostic criteria and implications for play therapy.
- Explore the impacts of trauma on children and play therapy interventions.

This week focuses on childhood-related problems, mental health diagnosis, and trauma. We will identify common childhood mental health disorders and discuss their diagnostic criteria and implications for play therapy. Additionally, we will explore the neurobiological, systemic, and social impacts of trauma on children and discuss appropriate play therapy interventions.



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(Ethics)

# Assessment in Play Therapy and Identifying Play Dynamics

Tuesday, July 7th, 2026 --- 10AM-12PM (Hybrid)

**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Assess progress in play therapy.
- Utilize evaluation tools and techniques.
- Identify types of play, themes, and stages in play therapy.

Week 7 is dedicated to assessment in play therapy and identifying play dynamics. We will discuss how to assess progress in play therapy using various evaluation tools and techniques. Participants will learn to identify different types of play, themes, and stages, and understand their clinical implications in treatment.



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**(Ethics)**

# Developing Play Therapy Treatment Goals and Plans

Tuesday, July 14th, 2026 --- 10AM-12PM (Hybrid)

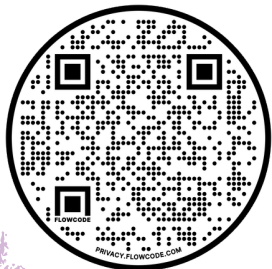
**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Develop treatment goals and plans congruent with theoretical orientation.
- Set up the playroom and understand the play therapy process.

This week focuses on developing play therapy treatment goals and plans. We will discuss how to create treatment goals and plans that align with the therapist's theoretical orientation. Additionally, we will cover the setup of the playroom and the overall play therapy process to ensure a structured and effective therapeutic environment.



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# Case Studies in Play Therapy

Tuesday, July 21st, 2026 --- 10AM-12PM (Hybrid)

**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Analyze various case studies in play therapy.
- Discuss play behavior and therapeutic outcomes.
- Apply practical lessons learned from case studies.

Week 9 involves analyzing case studies in play therapy. We will review and discuss various case studies to understand play behavior and therapeutic outcomes. Participants will gain practical insights and lessons learned from these case studies, enhancing their ability to apply theoretical knowledge in real-world scenarios.



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# Maintaining Play Therapy Credentials and Professional Involvement

Tuesday, July 28th, 2026 --- 10AM-12PM (Hybrid)

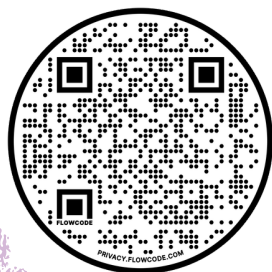
**Erin Dugan, Ph.D., LPC-S, RPT-S**



## Objectives:

- Maintain play therapy credentials and professional involvement.
- Seek and integrate continued education, research, and supervision.
- Practice self-care to maintain quality play therapy services.

This week focuses on maintaining play therapy credentials and professional involvement. We will discuss the importance of staying involved in professional organizations, seeking continued education, research, and supervision. Additionally, we will emphasize the importance of self-care to maintain the quality of play therapy services and prevent burnout.



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# Play Therapy 100: An Introduction for Curious Students

Friday, July 24<sup>th</sup>, 2026 --- 10AM-12PM (Hybrid)

**Emmy Simkiss, MS, PLPC**



This 2-hour session is designed for students and professionals curious about play therapy and working with pediatric populations. Participants will learn the benefits of play therapy, receive an introduction to play therapy theories, and learn about the day-to-day of working with children. This session is a great opportunity for anyone contemplating working with children.



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# SUMMER 2026 SEMINARS: COSTS

\$80/Workshop for Professionals for 2hr Seminars;  
\$100/Workshop for Professionals for 3hr Seminars;  
\$40/Workshop for LSU Health NO Alum for 2hr Seminars;  
\$50/Workshop for LSU Health NO Alum for 3hr Seminars;  
\$25/Workshop for Students with Valid ID

## CANCELLATION AND REFUND POLICY

For training hosted by the LSUHSC Child & Family Counseling Clinic, trainings may be canceled with a full refund up to 24 hours after registration/payment has been made. Registrations canceled after that time will not receive a refund but participants may obtain credit for a future training hosted with the same trainer.



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## DISCOUNTS

Register for 3 Seminars and receive a **\$10 discount!**  
Register for 5 Seminars and receive a **\$30 discount!**  
Register for 8 Seminars and receive a **\$50 discount!**  
Register for ALL Seminars and receive a **free seminar** toward your payment!

**MUST CALL IN TO PROCESS ALL DISCOUNTS!**

## LIVE WEBINAR POLICY

In order to obtain CEH credit, participants attending via live Zoom are required to keep their cameras on for the duration of the seminar.

Approval for Continuing Education has been applied for and is pending through the Louisiana LPC Board, Social Work Board, and the Association for Play Therapy.