

LSU Health Sciences Center

Child and Family Counseling Clinic

Summer 2026 Seminar Series

Location:

411 S. Prieur St., Room 307

New Orleans, LA 70112

Contact:

Phone: (504) 556-3451

Email: cfcc@lsuhsc.edu

Website: See LSUHSC Child & Family Counseling Clinic site for registration

Continuing Education:

Approval for continuing education has been applied for and is pending through:

- Louisiana Counseling Association (LCA)
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Speakers

Erin Dugan, PhD, LPC-S, RPT-S

Dean, School of Allied Health Professions, LSUHSC

Professor of Counseling and Clinical Director, LSUHSC Child & Family Counseling Clinic

National Certified Counselor and Registered Play Therapist Supervisor

Holly Walters, PhD, LPC-S, CRC

Assistant Professor, LSUHSC

Licensed Professional Counselor Supervisor

Focus areas include suicide prevention, telehealth, and use of pop culture in counseling

Adrienne Frischhertz, PhD, LPC-S, RPT-S

Assistant Professor, LSU Health New Orleans

Licensed Professional Counselor Supervisor and Registered Play Therapist Supervisor

Specializes in children ages 3–12 and caregiver involvement

Emmy Simkiss, MS, PLPC

Provisionally Licensed Professional Counselor

LSU Health Child & Family Counseling Clinic

Specializes in children ages 2–12 using play therapy

Seminars

Holly Walters, PhD

The Therapy Room Without Walls: Clinical Depth & Presence in Telehealth

Friday, June 12, 2026

9:00 AM – 12:00 PM

Format: Hybrid

Description:

This workshop moves beyond logistical telehealth practices to examine how clinicians can maintain depth, presence, and therapeutic effectiveness in a virtual environment. Participants will explore how to detect and respond to emotional cues with limited visual information, manage silence and pacing in video-based sessions, and build a strong therapeutic alliance without shared physical space. Through discussion and applied examples, this training focuses on strengthening core clinical skills in telehealth so that virtual sessions remain as intentional, attuned, and impactful as in-person work.

From Insight to Intervention: Helping Clients Actually Use What They Learn in Therapy

Friday, July 17, 2026

9:00 AM – 12:00 PM

Format: Hybrid

Description:

Many clients leave sessions with powerful insight—but little changes between sessions. This workshop explores how to move from understanding to action by helping clients apply what they learn in therapy. Participants will gain practical tools to increase follow-through, address avoidance, and turn insight into specific, achievable behaviors. Through applied strategies and clinical examples, this training focuses on helping therapists facilitate real, lasting change.

Holly Walters & Adrienne Frischhertz

From Screen to Supervision: Using Pop Culture to Enhance Counselor Development

Friday, June 19, 2026

9:00 AM – 12:00 PM

Format: Hybrid

Description:

This interactive workshop explores the intentional use of pop culture in clinical supervision to enhance supervisee development, engagement, and skill acquisition. Grounded in supervision theory, participants will learn how to use media, narratives, and shared cultural references to support case conceptualization, increase self-awareness, and facilitate effective feedback. Ethical considerations and practical implementation strategies will be discussed, with opportunities for experiential learning.

Erin Dugan, PhD

Advanced Play Therapy Series

(All sessions are Hybrid and include Ethics content)

Description: The Advanced Play Therapy seminar series is designed for mental health professionals seeking to deepen their knowledge and skills in play therapy. This comprehensive seminar series spans 10 weeks, providing an in-depth exploration of advanced play therapy techniques, theoretical orientations, and practical applications. Case studies will be analyzed to provide practical insights and real-world applications of play therapy principles. Participants will also engage in hands-on practice and role-playing to enhance their therapeutic skills. This seminar series is ideal for mental health professionals who have a foundational understanding of play therapy and are looking to advance their practice to better serve their clients.

- 1. Introduction to Advanced Play Therapy**
Tuesday, May 26, 2026 | 10:00 AM – 12:00 PM
- 2. Therapeutic Play Techniques and Child Development**
Tuesday, June 2, 2026 | 10:00 AM – 12:00 PM
- 3. Family Dynamics and Cultural Competence in Play Therapy**
Tuesday, June 9, 2026 | 10:00 AM – 12:00 PM
- 4. Group Play Therapy**
Tuesday, June 16, 2026 | 10:00 AM – 12:00 PM
- 5. Ethical and Legal Considerations and the Play Therapy Treatment Process**
Tuesday, June 23, 2026 | 10:00 AM – 12:00 PM
- 6. Childhood-Related Problems, Mental Health Diagnosis, and Trauma**
Tuesday, June 30, 2026 | 10:00 AM – 12:00 PM
- 7. Assessment in Play Therapy and Identifying Play Dynamics**
Tuesday, July 7, 2026 | 10:00 AM – 12:00 PM

8. Developing Play Therapy Treatment Goals and Plans

Tuesday, July 14, 2026 | 10:00 AM – 12:00 PM

9. Case Studies in Play Therapy

Tuesday, July 21, 2026 | 10:00 AM – 12:00 PM

10. Maintaining Play Therapy Credentials and Professional Involvement

Tuesday, July 28, 2026 | 10:00 AM – 12:00 PM

Emmy Simkiss, MS, PLPC

Play Therapy 100: An Introduction for Curious Students

Friday, July 24, 2026

10:00 AM – 12:00 PM

Format: Hybrid

Description:

This 2-hour session is designed for students and professionals curious about play therapy and working with pediatric populations. Participants will learn the benefits of play therapy, receive an introduction to play therapy theories, and learn about the day-to-day of working with children. This session is a great opportunity for anyone contemplating working with children.

Costs

- \$80 per 2-hour workshop (Professionals)
- \$100 per 3-hour workshop (Professionals)
- \$40 per 2-hour workshop (LSU Health New Orleans Alumni)
- \$50 per 3-hour workshop (LSU Health New Orleans Alumni)
- \$25 per workshop (Students with valid ID)

Discounts (Must Call to Apply)

- Register for 3 seminars: \$10 off
- Register for 5 seminars: \$30 off

- Register for 8 seminars: \$50 off
 - Register for all seminars: one free seminar
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Policies

Live Webinar Policy:

Zoom participants must keep cameras on for the full seminar to receive CE credit.

Cancellation & Refund Policy:

Full refund available up to 24 hours after registration/payment.

No refunds after that time, but credit may be applied to a future training with the same trainer.