

## **LSUHSC Child & Family Counseling Clinic's Fall Seminar Series – 2025**

### **Location:**

411 S. Prieur St, Room 307

New Orleans, LA 70112

Phone: (504) 556-3451

Email: [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu)

### **Speakers**

#### **Dr. Rose Angelocci**

Rose Angelocci, Ph.D. is a Community Work Incentives Coordinator (CWIC) with the Louisiana Benefits Planning Services and serves as one of the coordinators for the Louisiana Deafblind Project for Children and Youth. She holds a doctorate in counselor education with a minor in qualitative research methods and a Masters in Health Sciences in Rehabilitation Counseling. Dr. Angelocci is a Certified Rehabilitation Counselor, a Licensed Rehabilitation Counselor/Supervisor, a Licensed Marriage and Family Therapist, a Licensed Professional Counselor/Supervisor, a National Certified Counselor, a Board Certified Tele Mental Health provider, a Certified Vision Rehabilitation Therapist, a Certified Deafblind Intervener, and a certified Community Work Incentives Coordinator. She holds over 30 years of experience in working with individuals with disabilities.

#### **Dr. Adrienne Frischhertz**

Adrienne Frischhertz, Ph.D. is a Licensed Professional Counselor-Supervisor and Registered Play Therapist-Supervisor. Dr. Frischhertz is Assistant Professor in the Department of Counseling in the School of Allied Health Professions at LSU Health New Orleans. She has published and presented about counseling and play therapy and appears regularly on WWL's Great Day Louisiana to discuss parenting strategies. She is a graduate of both the Louisiana Counseling Association and Association for Play Therapy Leadership Academies. Previously, she served as president for both the Louisiana Association for Play Therapy and Louisiana Association for Counselor Education and Supervision boards, as well as board member of the Association for Child and Adolescent Counseling (Louisiana chapter). She serves on the editorial board of the Louisiana Counseling Association Journal. Clinically, she focuses on providing services to children ages 3-12 and their caregivers, as well as supervision to those seeking licensure as a professional counselor (LPC) and certification as a Registered Play Therapist.

**Dr. Erin Dugan**

Erin Dugan is the Dean of the LSUHSC School of Allied Health Professions, a Professor of Counseling, and the Clinical Director of the LSUHSC Child & Family Counseling Clinic. In 2006, Dr. Dugan established the LSUHSC Child and Family Counseling Clinic, where she remains its Clinical Director. The clinic provides mental health services to children and families in the greater New Orleans area and offers internships to students and graduates seeking mentorship, supervision, and training. Dr. Dugan is also a recognized leader at the national and state levels. A National Certified Counselor, Licensed Professional Counselor Supervisor, and Registered Play Therapist Supervisor, she was named Chair of Board of Directors for the national Association for Play Therapy in 2020. Dr. Dugan was elected President of the Louisiana Association for Play Therapy in 2011 as well as the Louisiana Association for Counselor Educators and Supervisors in 2010.

**Dr. Holly Walters**

Holly Walters holds a Ph.D. in Counselor Education from Oregon State University. She is a Licensed Professional Counselor Supervisor (LPC-S). Currently, she is an Assistant Professor at LSUHSC in New Orleans. She is an alumnus of the program graduating with a Master of Health Sciences in Rehabilitation Counseling. She earned her Bachelor of Science in Psychology from the University of New Orleans. Dr. Walters has worked in outpatient mental health settings with the state for over 10 years as a clinician and a program director. Her research interest includes suicide prevention, risk reduction, and the use of popular culture in therapy. She co-runs a blog that integrates pop culture into learning healthy coping skills, [therapypopculture.com](http://therapypopculture.com).

**Seminars**

**Friday August 29th 10am-12pm**

**Hybrid**

**Digital Boundaries: Ethics in the Age of TikTok Therapy**

**Dr. Holly Walters**

In a world where therapists are trending and confidentiality can vanish with a swipe, how do we uphold ethical boundaries while staying culturally relevant?

This engaging and thought-provoking seminar explores the intersection of clinical ethics, social media presence, and the shifting expectations of therapy in a hyper-online culture. Using real-world examples, current research, and interactive discussion, we'll examine:

- How clients are using social platforms as therapy spaces
- The ethical challenges of therapist self-disclosure, branding, and visibility
- When a post becomes a breach—and how to manage the aftermath
- How to respond when clients bring TikTok content into session
- Practical tools for digital audits, boundary setting, and future-proofing your practice

Whether you're a digital native or a tech-cautious clinician, this seminar will equip you with the insight and strategies needed to ethically navigate therapy in the age of reels, likes, and live streams.

**Friday October 3rd 9am-12pm**

**Hybrid**

**Diagnosing Mood Disorders: Clarity, Competence, and Compassion in Clinical Practice**

**Dr. Holly Walters**

Accurate diagnosis of mood disorders is essential for effective treatment planning, ethical practice, and improved client outcomes—yet many clinicians report uncertainty when differentiating between depressive, bipolar, and related conditions. This engaging, clinically grounded seminar is designed for Licensed Professional Counselors seeking to

strengthen their diagnostic skills, sharpen their use of the DSM-5-TR, and increase confidence in identifying complex mood presentations.

Using real-world case examples, interactive tools, and cultural considerations, participants will explore key differences between Major Depressive Disorder, Bipolar I & II, Cyclothymia, and Persistent Depressive Disorder. The training also examines comorbid conditions, substance-induced mood changes, and ethical implications of diagnosis across diverse populations. Whether you're newly licensed or a seasoned clinician, this session will provide clarity and clinical nuance to support competent, compassionate care.

**Friday October 24th 10am-12pm**

**Hybrid**

**Supported Employment for Individuals with Schizophrenia**

**Dr. Holly Walters**

Employment can play a transformative role in the recovery journey of individuals living with schizophrenia, offering not just financial independence, but dignity, structure, and hope. This seminar explores the principles and practice of Supported Employment, with a focus on the Individual Placement and Support (IPS) model—an evidence-based approach to helping people with serious mental illness (SMI) obtain and sustain competitive employment.

Participants will examine common functional challenges related to schizophrenia—including cognitive, social, and motivational barriers—and how counselors can support clients in preparing for, entering, and maintaining meaningful work. Through real-world case examples, role plays, and discussion, attendees will learn how to collaborate with employment specialists, support workplace accommodations, and foster empowerment in the vocational rehabilitation process.

**Friday October 31st 10am-12pm**

**Hybrid**

**Increasing the Professional Counselor's Confidence and Comfort When Serving Clients with Disabilities**

**Dr. Rose Angelocci**

Ever felt apprehensive or uncomfortable serving a client with a disability? This seminar will discuss myths, attitudes, and beliefs about disability and the impact on the counseling relationship and in client's themselves. Attendees will learn practical strategies and effective communication tips for the professional counselor's increased comfort in serving a variety of people with disabilities. Ways to accommodate individuals within the counseling process and beyond will be explored.

By the end of this seminar, participants will be able to:

1. Describe the core principles of Supported Employment and the IPS model for individuals with schizophrenia.
2. Identify how positive, negative, and cognitive symptoms of schizophrenia impact employment functioning.
3. Apply practical strategies to support motivation, skill-building, and job retention in clients with SMI.
4. Explore the counselor's role in interdisciplinary collaboration and advocacy for workplace accommodations.
5. Examine ethical considerations in client autonomy, disclosure, and employment-related decision-making.
6. Develop creative interventions tailored to clients' preferred media.
7. Address ethical and cultural considerations in using pop culture clinically.

**Friday November 7th 9am-12pm**

**Hybrid**

**From Lyrics to Liberation: Using Pop Culture in Counseling to Build Rapport and Foster Insight**

**Dr. Holly Walters**

In a world where therapy competes with TikTok trends, Taylor Swift albums, and Marvel movie marathons, why not bring pop culture into the room instead of working around it? This interactive seminar explores how counselors can ethically and creatively use music, movies, and media to deepen rapport, enhance self-reflection, and foster emotional insight.

Grounded in clinical theory and packed with practical application, the course introduces strategies for incorporating client-identified cultural content—like song lyrics, character arcs, or fandom themes—into case conceptualization, narrative therapy, and CBT

interventions. Participants will examine the psychological value of media symbolism, the risks and rewards of cultural referencing in session, and how to honor client identity through shared language and themes. Special attention is given to how these tools can bridge generational, cultural, and relational gaps in both individual and group counseling.

Whether you're a Swiftie, a Jedi, or just culturally curious, this course helps clinicians turn what clients already love into clinically meaningful conversation starters.

**Thursdays September 11th through November 20th 10am–12pm**

**Hybrid**

**Advanced Play Therapy**

**Dr. Erin Dugan & Dr. Adrienne Frischhertz**

The Advanced Play Therapy seminar series is designed for mental health professionals seeking to deepen their knowledge and skills in play therapy. This comprehensive seminar series spans 11 weeks, providing an in-depth exploration of advanced play therapy techniques, theoretical orientations, and practical applications.

Case studies will be analyzed to provide practical insights and real-world applications of play therapy principles. Participants will also engage in hands-on practice and role-playing to enhance their therapeutic skills.

This seminar series is ideal for mental health professionals who have a foundational understanding of play therapy and are looking to advance their practice to better serve their clients.

## **Costs**

- **2-hour Seminars:** \$80 (Professionals) | \$40 (LSU Alum) | \$25 (Students)
- **3-hour Seminars:** \$100 (Professionals) | \$50 (LSU Alum) | \$25 (Students)

### **Discounts:**

- Register for 3 Seminars → \$10 Off
- Register for 5 Seminars → \$30 Off
- Register for 8 Seminars → \$50 Off
- Register for ALL → One Free Seminar

**To Apply Discounts: Must Call to Register**

## **Policies**

### **Cancellation & Refund:**

- Full refund available within 24 hours of registration.
- After 24 hours, credit may be applied to a future training (same trainer only).

### **Live Webinar Requirement:**

- Camera must remain on for CEH credit.

### **CE Approvals Pending:**

- Louisiana LPC Board
- Social Work Board
- Association for Play Therapy