



CURRICULUM VITAE

Adrienne Lolan Frischhertz, Ph.D, LPC-S

Date: February 2025

School: LSU Health New Orleans School of Allied Health Professions

Department/Program: Department of Counseling

Current Title: Assistant Professor- Part Time

Business Address: 411 S. Prieur St, Room 318

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Initial Appointment at LSUHSC Date:

Current Academic Rank: Assistant professor-Clinical (Part-Time)

Date of Appointment to Current Rank:

Education:

Undergraduate: B.S., Louisiana State University, 2004 Psychology, Minor: Business

Graduate/medical: M.H.S, Louisiana State University Health Science Center-New Orleans, 2006, Rehabilitation Counseling

Ph.D., University of New Orleans, 2011, Counselor Education, CACREP-Accredited
Dissertation: *Play therapists' practice patterns and perceptions of the factors that influence caregiver engagement in play therapy*

Certification:

Registered Play Therapist, 2009-Present

Registered Play Therapist- Supervisor, 2011-Present

Certified Rehabilitation Counselor (CRC), 2006-2016 (retired)

Licensure: Licensed Professional Counselor (LPC), LA, 2009-Present

Licensed Professional Counselor (LPC-S), LA, 2011-Present

Licensed Professional Counselor (LPC), GA, 2009-2012

Revised: January 2021

Revised: August 2024

Academic, Professional, and Research Appointments:

Instructor

Louisiana State University Health Sciences Center,
School of Allied Health Professions, Department of
Clinical Rehabilitation and Counseling, New
Orleans, Louisiana 2011-2015

Courses Taught:

Counseling Theories and Practices
Introduction to Play Therapy
Advanced Play Therapy
Child Parent Relationship Therapy
Counseling Skills Pre-Practicum
Research Methods and Techniques in Rehabilitation
Supervised Project in Rehabilitation Counseling
Contemporary Issues in Rehabilitation Counseling
Group Process and Counseling
Practicum in Rehabilitation
Rehabilitation Internship

Adjunct Professor

University Of New Orleans, School of Education,
New Orleans, LA 2012
Family Counseling
Introduction to Play Therapy

Adjunct Professor

University of Mississippi, School of Education,
Department of Leadership & Counselor Education,
Oxford, Mississippi 2016-2018

Courses Taught:

Practicum in Play Therapy (online course; included weekly supervision sessions
conducted through HIPPA-compliant video-conferencing)

Assistant Professor, Part Time

Louisiana State University Health Sciences Center,
School of Allied Health Professions, Department of
Counseling, New Orleans, Louisiana 2021-Present

Courses Taught:

Practicum in Counseling
Internship in Counseling
Foundations of Counseling
Ethics in Counseling
Crisis Intervention Counseling
Group Process and Counseling
Professional Practicum in Counseling
Child & Adolescent Counseling

Revised: January 2021

Revised: August 2024

Awards and Honors: Louisiana Association for Play Therapy, Senior Educator Award, 2022

Louisiana Association for Play Therapy, Senior Supervisor Award, 2025

TEACHING EXPERIENCE AND RESPONSIBILITIES

RESEARCH AND SCHOLARSHIP *(List all categories chronologically with oldest first.)*

Grants and Contracts: *(Include the following: 1. Grant title, funding agency and grant number (if appropriate), 2. Include total funding award for grants, for clinical trial only: if an ongoing then \$ amount of direct costs of award, 3. Note role on grant or clinical trial; e.g., PI, co-PI, consultant, 4. Include your percentage of effort.)*

Funded *(Include the following: 1. Grant title, funding agency and grant number (if appropriate), 2. . Include total funding award for grants, for clinical trial only: if an ongoing then \$ amount of direct costs of award, 3. Note role on grant or clinical trial, e.g., PI, co-PI, consultant, 4. Include your percentage of effort.)*

Pending funding *(Include the following: 1. Grant title, funding agency and grant number (if appropriate), 2. . Include total funding award for grants, for clinical trial only: if an ongoing then \$ amount of direct costs of award, 3. Note role on grant or clinical trial, e.g., PI, co-PI, consultant, 4. Include your percentage of effort.)*

Recent non-funded applications *(Include the following [last 3 years]: 1. Grant title, funding agency and grant number (if appropriate), 2. Include total funding award for grants, for clinical trial only: if an ongoing then \$ amount of direct costs of award, 3. Note role on grant or clinical trial, e.g., PI, co-PI, consultant, 4. Include your percentage of effort.)*

Major Area of Research Interest: *(This should be one paragraph, additional information can be appended at the end of the CV.)*

Journal Publications Dugan, E., Frischhertz, A. & Vaughn, K. (2021). When the Lights Went Out: A Story About Hurricane Ida.

<https://alliedhealth.lsuhs.edu/clinics/forcaregivers.aspx>

Frischhertz, A. & Vaughn, K. (2019) Play Therapy Forms: Chapter in Developing and Sustaining Play Therapy Clinics by Dugan, Vaughn & Camelford

Program coordinators react to CACREP Standards. Paradise, Louis V.; Lolan, Adrienne; Dickens, Kristen; Tanaka, Hideyuki; Tran, Paul; Doherty, Erin // Counseling Today; Jun2011, Vol. 53 Issue 12, p50

Lolan, A. & Dugan, E. (2010). Engaging caregivers in play therapy: A review of common questions and misconceptions posed by caregivers to play therapists in Louisiana. Play Therapy, 5, 20-23.

Dugan, E., Lolan, A., & Hill, K. (in process). University-based play therapy training clinics:

Revised: January 2021

Revised: August 2024

Perceptions from interns and the establishment of critical and key ingredients of the clinic, supervisor, and intern.

Dugan, E. & Lolan, A. (2010). Oh the Gulf Coast We Know! A Healing Journey Through Louisiana's Coastal Parishes. United Way of New Orleans Publication

Invited Presentations: Vaughn, K. & Frischhertz, A. (February 2022). Play Therapy in a Pandemic. Louisiana Association for Play Therapy Annual Conference.

Frischhertz, A. & Hill, K. (2018) Positive Discipline In Classrooms. Stuart Hall School. New Orleans, LA

Frischhertz, A. & Hill K. (2018) Introduction to Play Therapy. Project Fleur de Lis, New Orleans, LA

Frischhertz, A. (2016) Play Works! Tools for Building a Positive Teacher-Child Relationship, Keynote Speaker, Louisiana Conference for Exceptional Children, Lafayette, LA

Frischhertz, A. (2016) Playful Interventions for Classroom Success, Louisiana Conference for Exceptional Children, Lafayette, LA

Frischhertz, A. & Barrett, M. (2016) Empowered: Helping Counselors Uncover the Positive Parent within their Clients

Frischhertz, A & Barrett, M. (2016) Engaging Caregivers in Play Therapy: Working with Parents & Schools, Louisiana Association for Play Therapy Conference, New Orleans, LA

Frischhertz, A. (2015) Engaging Caregivers in Play Therapy. LSUHSC Child & Family Counseling Clinic Play Therapy Seminar Series, New Orleans, LA

Frischhertz, A. (2015) Case Consultation in Play Therapy. LSUHSC Child & Family Counseling Clinic Play Therapy Seminar Series, New Orleans, LA

Dugan, E. & Frischhertz, A. (2015). University-Based Play Therapy. American Counseling Association, Conference. Orlando, FL.

Frischhertz, A. & Dugan, E. (2014) Play Therapists' Practice Patterns and Perceptions of the Factors that Influence Caregiver Engagement in Play Therapy. Association for Play Therapy Poster Session, Houston, TX

Frischhertz, A & Dugan, E. (2014) Setting Up a Play Therapy Clinic in a University Setting. Southern Association for Counselor Educators and Supervisors Roundtable Presentation, Birmingham, AL

Frischhertz, A. (2014) Non-Directive or Directive Play Therapy? Assessment and Treatment Planning. LSUHSC Child & Family Counseling Clinic Play Therapy

Revised: January 2021

Revised: August 2024

Seminar Series, New Orleans, LA

Frischhertz, A. (2014) Play Therapists' Practice Patterns and Perceptions of the Factors that Influence Caregiver Engagement in Play Therapy. Louisiana Association for Play Therapy Poster Session, New Orleans, LA

Frischhertz, A. (2014) Setting Up a Play Therapy Clinic: Training & Development of Professionals. LSUHSC Child & Family Counseling Clinic Play Therapy Seminar Series, New Orleans, LA

Frischhertz, A. & Dugan, E. (2014). Child-Parent Relationship Therapy. Jewish Family Services, New Orleans, LA.

Frischhertz, A. & Dugan, E. (2014). Therapeutic Approaches Used in Play Therapy. 2014 Louisiana Counseling Association Conference. New Orleans, LA.

Frischhertz, A. (2014). Counseling Private Practice: Ethical Considerations and More. LSUHSC Department of Rehabilitation Counseling Gumbo Series, New Orleans, LA.

Frischhertz, A & Gersovitz, H (2014). Counseling Private Practice: Ethical Considerations and More. Louisiana Counseling Association Conference, New Orleans, LA

Dugan, E., Frischhertz, A., Swanson, K. (2014). Assessing Attachment Styles in Play Therapy. 2014 Louisiana Counseling Association Conference. New Orleans, LA.

Frischhertz, A. (2013) Group Play Therapy. LSUHSC Child & Family Counseling Clinic Play Therapy Seminar Series, New Orleans, LA

Frischhertz, A. & Schmitt, K. (2013) Setting Limits and Giving Choices. Metairie Park Country Day School Parent Lecture Series, New Orleans, LA

Frischhertz, A. (2012) Creative Directive Techniques in Play Therapy: Practical Tools for Specific Presenting Issues. LSUHSC Child & Family Counseling Clinic Play Therapy Seminar Series, New Orleans, LA

Frischhertz, A. & Schmitt, K. (2012) Creative Directive Techniques in Play Therapy: Practical Tools for Specific Presenting Issues. The Guidance Center Seminar Series, St. Bernard, LA

Frischhertz, A. & Dugan, E. (2012). Preparing the Play Therapist for a Play Therapy Session: Checklists to Keep In Mind. LSUHSC Play Therapy Clinic Play Therapy Brown Bag Lunch Series, New Orleans, LA

Frischhertz, A. & Dugan, E. (2012). Psychosocial History Forms: Demographics and Beyond. LSUHSC Play Therapy Clinic Play Therapy Brown Bag Lunch Series,

New Orleans, LA

Lolan, A. & Vaughn, K. (2011), Strengthening Your Professional Identity: The Growing Pains of Graduate School. Louisiana Association for Counselor Educators and Supervisors Spring Conference, Loyola University, New Orleans, Louisiana.

Steen, L., Dugan, E., Lolani, A. (2011). Working with Caregivers in Play Therapy: From Engagement to Termination. Louisiana Counseling Association Annual Conference, Baton Rouge, LA.

Lolan, A., & Dugan, E. (2011). American Mental Health Counseling Association Annual Conference. San Francisco, CA.

Dugan, E. & Lolani, A. (2011). Trauma & Play Therapy. 2011 Louisiana Association for Play Therapy Conference, New Orleans, LA.

Lolan, A., Dugan, E. & Steen, L. (2011). Engaging Caregivers in Play Therapy. 2011 Louisiana Association for Play Therapy Conference, New Orleans, LA.

Dugan, E. & Lolani, A. (2010). Engaging Caregivers in Play Therapy. 2010 Louisiana Counseling Association Conference, New Orleans, LA.

Lolan, A., & Dugan, E. (2010). Educating Caregivers About Play Therapy. 2010 Louisiana Association for Play Therapy Conference, New Orleans, LA

Lolan, A. & Dugan, E. (2009). Educating Caregivers About Play Therapy. 2009 Louisiana Counseling Association Annual Conference. Baton Rouge, LA.

Frischhertz, A. (2014). Counseling Private Practice: Ethical Considerations and More. LSUHSC Department of Rehabilitation Counseling Gumbo Series, New Orleans, LA.

Journal Editor or Associate Editor: *(Include journal title, years of service, and role.)*

Reviewer: *(Include years of service as a reviewer, journal titles.)*

SERVICE AND ADMINISTRATION

University/Institutional Service: *(Note leadership responsibilities and include years of service, e.g., 2013- present.)*

LSUHSC (campus) committees

School committees

Departmental committees

Hospital committees

Revised: January 2021

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Special assignments – ad hoc task forces/working groups, projects, etc.

Louisiana State University Health Sciences Center

Honors Committee (2014-2015)

Research Committee (2014-2015)

Faculty Sponsor, Chi Sigma Iota (2014-2015)

Faculty Supervisor, Social Media Committee (2014-2015)

Clinical Coordinator Committee Member, 2023- Present

School of Allied Health Admissions Committee, 2024-Present

School of Allied Health Academic Affairs Committee, 2024

National

Association for Play Therapy Technology Committee (2013)

Association for Play Therapy Conference Program Committee (2015)

Southern Association for Counselor Educators and Supervisors
Social Media Committee (2014-2018)

State

Association for Child & Adolescent-Counseling

Founding Board Member, 2020

Secretary (2020-2024)

Louisiana Association for Play Therapy

Membership Co-Chair (2019-Present), Past-President (2017-2019), President
(2015-2017), President-Elect (2013-2015), Conference Committee Co-Chair (2010-
2013), Regional Co-Chair (2012-Present), Social Media Chair (2012-2018)

Louisiana Journal of Counseling

Peer Reviewer (2015-Present)

Emerging Research in Play Therapy, Child Counseling, and Consultation

Book Reviewer (2017)

Louisiana Association for Counselor Educators and Supervisors

Treasurer (2016-Present; 2009-2012), President-Elect (2012-2013), President
(2013-2014), Past-President (2014-2016)

Clinical Service: Co-lead professional workshop seminars.

Membership in Professional Organizations: *(Include year(s) of membership.)*

Revised: January 2021

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Community Service Activities: Appear monthly on WWL's Great Day Louisiana television program to share knowledge about counseling, play therapy, and parenting. One appearance per month since September, 2021.

Continuing Education Courses Attended: