



NEW ORLEANS

School of Allied Health Professions

# New Student Orientation

Department of Counseling

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# MHS Student Handbook

- 🔥 Handbook highlights
  - 🔥 Promotion & Graduation
  - 🔥 Withdrawal from the University
- 🔥 Paperwork to turn into Jeri Brumfield
  - 🔥 Authorization for Marketing Form
  - 🔥 Student Informed Consent of Adherence

# Mission Statement

"To provide professional education and clinical experience to master's level students who are committed to serving persons of all ages with various challenges related to physical, developmental, cognitive, and emotional disabilities or other life situations to achieve their academic, personal, career, social and independent- living goals in the most integrated settings possible. Professional preparation of master's level students will focus on equipping students with knowledge and skills to improve the quality of life for persons with disabilities. Master's level students will be prepared to assume the full range of professional responsibilities required in a variety of counseling settings and are motivated to contribute to scholarship and service locally and nationally. This mission is achieved through various academic, clinical, research and scholarly activities."

# Program Objectives

## *Program Objectives*

1. Student populations will be diverse with respect to race, gender, and other cultural identities.
2. Student graduates will have the knowledge and skills to secure professional positions in the counseling field.

## *Learning/ Course Objectives*

3. Students will attain a strong theoretical foundation in the core areas of counseling as outlined by our accreditation body.
  - a. Professional counseling orientation and ethical practice
  - b. Social and cultural diversity
  - c. Human growth and development
  - d. Career Development
  - e. Counseling and helping relationships
  - f. Group counseling and group work
  - g. Assessment and testing
  - h. Research and program evaluation
  - i. Clinical Mental Health Counseling
4. Students will be able to successfully demonstrate and apply knowledge and skills learned in graduate courses and apply in counseling practice.
5. Students will be able to develop and successfully demonstrate and apply knowledge and skills in multicultural competence in counseling practice.
6. Students will develop and successfully demonstrate and apply knowledge and skills strong counselor identities as future professional counselors

# Program Overview

- **60 credit hour program** (5 semesters for full-time) with hands-on clinical experiences
- Accredited by the Council for Accreditation of Counseling and Related Programs (**CACREP**)
- **Track:** Clinical Rehabilitation and Counseling
- Interprofessional Education (**IPE**)
- Full-time or part-time availability
- Small Student-to-Professor Ratio, **10:1**

# General Department Policies

- 🔥 Class Meeting Policy
- 🔥 Use of Departmental Conference Room
- 🔥 Use of Department Student Resource/Library Room
- 🔥 Use of 3<sup>rd</sup> Floor Kitchen
- 🔥 Employment
- 🔥 Text Messaging Alert System



# Department

## Expectations/Professionalism

- 🔥 Professional Conduct
- 🔥 Dress Code
- 🔥 Email Correspondence
- 🔥 Self Advocacy
- 🔥 Remote Learning Etiquette

# Professional Development

- 🔥 Tigers and Stripes Workshops
- 🔥 Research Day (mandatory)
- 🔥 Partner Day (mandatory)
- 🔥 Fieldwork Site Presentations (mandatory)
- 🔥 Professional Conferences & Seminars (mandatory as required)
- 🔥 CFCC Workshops
- 🔥 Events Organized by the Chair and/or Dean (mandatory)

# Research Day

Overview of Research Day

Research Day important dates

Participation Requirements

# Diversity Initiatives

The department is committed to diversity, equity, and inclusion. If you have questions or an incident that focuses on diversity, equity, and inclusion please contact:

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# Curriculum

- **Clinical Mental Health Counseling:**  
A profession that applies counseling skills to assist a variety of individuals with normal cognitive coping processes, stress management, and many other mental health needs.
- **Program Length**
  - Traditional: 5 semesters=2 years
  - Alternative: 6 or more semesters= 4 or more years



# ICP & Courses

## ■ **Individualized Curriculum Plan of Study (ICP)**

- Developed by student and advisor
- Must be signed each time you meet with advisor
- Before meeting with advisor get ICP from Jeri
- **Foundations in Counseling**
- **Development Across the Life Span**
- **Professional Practicum**
- **Crisis Counseling**
- **Counseling Theories & Practices**
- **Mental Health Diagnosis & Treatment Planning**
- **Counseling Techniques & Process**

- **Career Development/ Vocational**
- **Ethics in Counseling**
- **Group Process and Counseling**
- **Research Design & Methodology**
- **Assessment in Counseling**
- **Multicultural & Psychosocial Aspects of Counseling**
- **Medical Aspects of Disability**
- **Electives**
- **Practicum**
- **Internship**

# Student Advising

- **Faculty Advisor**
  - Initial Meeting
  - Regular meetings
- **Changing Advisors**
  - Initiated
  - Approval by Chair
- **Transfer Credit**
  - 12 hours toward graduation
  - Syllabus/Course Catalog
  - B or higher
  - Approval
- **Probation**
  - GPA Below 3.0
  - Dismissal
  - Continuing in program
- **Graduation**
  - Must have a 3.0 GPA
  - C or higher
  - Only 6 credit hours with C
  - Passing Comps
  - 60 or more credit hours

# Independent Study Electives

- 🔥 Why take an Independent Study?
- 🔥 Types of projects allowed
- 🔥 Student Expectations
- 🔥 When to inquire about an independent study
- 🔥 Ending the independent study early



# Compliance & Course Evaluations

- 🔥 Throughout your time you will be sent emails for trainings for the School of Allied Health
- 🔥 Compliance
  - 🔥 Continued Compliance Education
- 🔥 Department Evaluation Procedures
  - 🔥 Course Evaluations
  - 🔥 Practicum & Internship Evaluations
  - 🔥 Department Student Feedback
  - 🔥 Alumni Feedback
  - 🔥 Faculty Curriculum Review
  - 🔥 Advisory Board
  - 🔥 Employer Review

# Practicum & Internship

[Practicum & Internship](#)

# Practicum & Internship

- Students take what they have learned from coursework and incorporate it into practice by counseling clients in real-world settings.
- Settings include: schools, hospitals, mental health facilities, rehabilitation clinics, private practices, universities, prisons, state and local agencies.
- Background check & drug testing
- Fieldwork placement is required for graduation.
  - **Practicum:** minimum 100 hours, 40 direct
  - **Internship I & II:** minimum 600 hours, 240 direct



# Comprehensive Exam

- 🔥 Eligibility
  - 🔥 Full time
  - 🔥 Alternate Track
- 🔥 In the event a second attempt needed
- 🔥 Exam Content
- 🔥 Exam Day Procedures
- 🔥 Grading the Exam

# ACA Code of Ethics

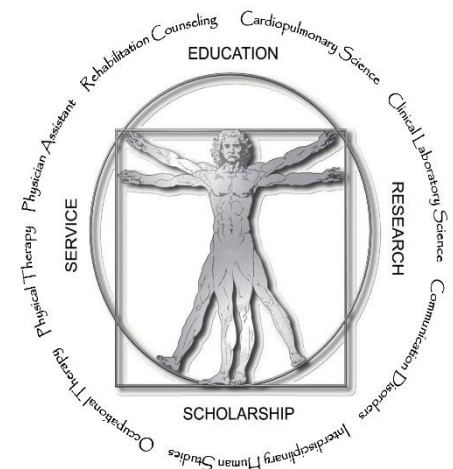
[ACA Code of Ethics](#)

# Opportunities for Students/Graduates

- Professional Organizations:
  - American Counseling Association (ACA)
  - Louisiana Counseling Association (LCA)
- Eligible for national certifications, including:
  - National Certified Counselor (NCC)

# Interprofessional Education (IPE)

- Approximately 800 students from over 20 academic health programs convene in teams on a monthly basis.
  - Included schools: Allied Health, Dentistry, Graduate Studies, Medicine, Nursing, Public Health
- Promotes collaboration among various health care professionals.
- 2 year program:
  - 1<sup>st</sup> year: Team building
  - 2<sup>nd</sup> year: Case Study Analysis
  - Mandatory Orientation



# Emergency Preparedness Procedures

- 🔥 Signing up for text alerts
- 🔥 Fire Drill
- 🔥 Hurricane Prep





## Chi Sigma Iota Overview

- ◆ Advisor
- ◆ Eligibility Requirements
  - ◆ 3.5 GPA or better on 4.0 scale/at least one semester of study completed
- ◆ Current Officers



# Eligibility for Licensure

[Rules, Standards and Procedures | LPC \(lpcboard.org\)](http://lpcboard.org)

- 🔥 The board shall issue a provisional license to each provisional licensed professional counselor applicant who files an application upon a form designated by the board and in such a manner as the board prescribes, accompanied by such fee required by R.S. 37:1106 and who furnishes satisfactory evidence to the board that he/she:
  - 🔥 is at least 21 years of age;
  - 🔥 is of good moral character;
  - 🔥 is not in violation of any of the provisions of R.S. 37:1101-1123 and the rules and regulations adopted herein;

# Eligibility for Licensure

- ◆ has received a graduate degree, the substance of which is professional mental health counseling in content from a regionally-accredited institution of higher education offering a master's and/or doctoral program in counseling that is approved by the board and has accumulated at least 60 graduate credit hours as part of the graduate degree plan containing the eight required areas, the supervised mental health practicum and supervised internship in mental health counseling or the total equivalent hours in practicum and internship. Applicants may apply post-masters counseling courses towards licensure if their degree program consisted of less than 60 hours. All graduate and post-masters counseling courses must be completed with a grade no lower than C. All field experience courses must be completed with a grade of A, B, or P.
- ◆ a. To be eligible for supervision as a provisional licensed professional counselor, the applicant must provide proof of completion of a supervised practicum and internship as listed below in item b. and at least one three-credit hour course in each of the following eight content areas. In order for a course to fulfill a content area requirement, it must include in a substantial manner the area in the description for the content areas;
  - ◆ *counseling/psychotherapy theories of personality, human growth and development, abnormal behavior, techniques of counseling/psychotherapy, group dynamics, processes, and counseling/psychotherapy, lifestyle and career development, appraisal of individuals, and ethics and professional orientation*
- ◆ b. Mental Health Counseling Practicum and/or Internship

# Eligibility for Licensure

- has obtained a board-approved supervisor;
- has obtained a board-approved practice setting;
- has provided to the board a declaration of practices and procedures, with the content being subject to board review and approval;
- has received a letter from the board certifying that all the requirements for provisional licensed professional counselor, as defined in this Chapter, were met before accruing supervised experience hours.

# Eligibility for Certification

💧 <https://nbcc.org/certification/ncc>

## Education

- 💧 You must hold a master's, education specialist/educational specialist, certificate of advanced study (CAS), or doctoral degree in counseling from one of the following options:
- 💧 A CACREP-accredited degree program: The program must have held CACREP accreditation the month you graduated.

**or**

A counseling program administered by an institutionally accredited educational institution: The program must include at least 48 semester hours or 72 quarter hours of graduate-level coursework AND at least six semester or 10 quarter hours of graduate degree-related supervised field experience in counseling.

# Eligibility for Certification

## Coursework

- ◆ Your graduate-level coursework must cover the following nine content areas:
- ◆ Human Growth and Development Theories in Counseling
- ◆ Social and Cultural Foundations in Counseling
- ◆ Helping Relationships in Counseling
- ◆ Group Counseling Theories and Processes
- ◆ Career Counseling and Lifestyle Development
- ◆ Assessment in Counseling
- ◆ Research and Program Evaluation
- ◆ Professional Orientation to Counseling
- ◆ Counseling Field Experience

# Eligibility for Certification

## Supervision

- ◆ You must document at least 100 hours of postgraduate counseling supervision over a minimum 24-month period. This requirement may be waived in certain circumstances: for graduates of CACREP-accredited programs; for fully state-licensed professional counselors; for those who have had a degree conferred from a regionally accredited doctoral program in counseling.

## Professional Endorsement

- ◆ You must obtain endorsement from a professional colleague who holds a graduate degree in a mental health field. The individual providing endorsement cannot be related to the applicant and cannot be the same individual verifying supervision.

## Work Experience

- ◆ You must document having completed at least 3,000 hours of postgraduate counseling work experience over a minimum 24-month period. This requirement may be waived in certain circumstances: for graduates from CACREP-accredited programs; for fully state-licensed professional counselors; for those who have had a degree conferred from an institutionally accredited doctoral program in counseling.

## Ethics

- ◆ You are required to adhere to NBCC's ethical policies, including the NBCC [Code of Ethics](#), the Certification Eligibility Policy - Ethics, the Ethics Case Procedures, and the Policy Regarding the Provision of Distance Professional Services. These important policies are available at: [nbcc.org/ethics/certification](http://nbcc.org/ethics/certification).

## Examination Requirement

- ◆ You must obtain a passing score on the [National Counselor Examination \(NCE\)](#) or the [National Clinical Mental Health Counseling Examinations \(NCMHCE\)](#).

# Remote Learning

## Please Do

- Find a clean, quiet space and dress appropriately.
- Let all household members know when and where you will be in class, and ask them not to disturb you.
- Make sure your full name shows up appropriately.
- Be aware of your background, lighting, and noise.
- Mute until you are required to talk. Use the Zoom functions to communicate if needed (chat, raise your hand, answer yes/no, etc.).
- Turn off/silence cell phone and close other windows on your computer.

## Please Do

- Be on time to class. Communicate with your instructor (via their preferred communication method listed on the syllabus) if you will be late or if you lose your connection during class.
- Pay attention! Maintain eye contact with the speaker on the screen.
- Be prepared to take notes (on your computer or in a designated notebook) or to access course material (have textbook or readings available).



# Remote Learning

## Please Don't

- Enter a zoom that you were not invited to, share the zoom access information for your class with others, or enter under a different name.
- Take screenshots, cell phone pictures, or otherwise record the meeting, your classmates, or your instructor without express permission to do so.
- Change your name or change your zoom background during the meeting.
- Walk around during the class meeting.
- Use the chat for side conversations with classmates.
- Sit in front of a window or bright light, this will make your face too dark to see.
- Have conversations with household members off camera.

## Please Don't

- Allow household members to walk around behind you during the meeting.
- Engage in texting, social media, work from other classes, or other distractions while in class.
- Sit in front of a window or bright light, this will make your face too dark to see.
- Have conversations with household members off camera.
- Allow household members to walk around behind you during the meeting.
- Engage in texting, social media, work from other classes, or other distractions while in class.

# Questions

