"It doesn't matter how slow you go, as long as you don't stop."

- Confucius
Department of Counseling presents

Words of Wisdom:
Advice from Practicing Mental Health Professionals to New Clinicians

FRIDAY, MAY 10, 2024
9AM - 10 AM

For details, email Counseling@lsuhsc.edu

Faculty, alums, and community partners will share words of wisdom for our newest mental health professionals. The Louisiana Counseling Association is approved by the Louisiana licensed professional board of examiners to offer continuing education clock hours. This presentation has been reviewed and has been approved for 1.0 CE clock hours for each session for Louisiana-licensed professional counselors.

Join Zoom Meeting
https://lsuhsc.zoom.us/j/98945392651

Meeting ID: 989 4539 2651
CSI Mixer

CHI SIGMA IOTA- RHO CHI CHAPTER

RASHUNDA MILLER REED, PHD, NCC, LPC, LMFT
“LEADING FROM YOUR STRENGTHS
1.0 CE HOUR AVAILABLE

Tuesday
May 14, 2024
5 pm - 7 pm

https://form.jotform.com/241004164586149

LSU Health Sciences- New Orleans Department of Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 3058. Programs that do not qualify for NBCC credit are clearly identified. LSU Health Sciences- New Orleans Department of Counseling is solely responsible for all aspects of the programs.
2024 Graduate Spotlight

Lindsey K Bennett
Scott C. King
Sophie Knickerbocker
Mackenzie McComas
### Department of Counseling Professional Events Calendar

<table>
<thead>
<tr>
<th>May 2024</th>
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<tbody>
<tr>
<td>Students meet with faculty advisor and turn in your ICP!</td>
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<tr>
<td>Tuesday 21</td>
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<tr>
<td>New Student Orientation</td>
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<tr>
<td>Wednesday 22</td>
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<td>Classes begin</td>
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<table>
<thead>
<tr>
<th>June 2023</th>
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<tbody>
<tr>
<td>Wednesday 05</td>
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<tr>
<td>Last day for adding courses for credit and for dropping courses. Last day to convert &quot;I&quot; grades from previous term</td>
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<tr>
<th>July 2024</th>
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<tbody>
<tr>
<td>Thursday 04</td>
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<tr>
<td>Independence Day holiday</td>
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<tr>
<td>Friday 19</td>
<td></td>
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<tr>
<td>Last day to drop or withdraw from term</td>
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<table>
<thead>
<tr>
<th>August 2024</th>
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<tbody>
<tr>
<td>Thursday 01</td>
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<tr>
<td>Register for the Fall semester, Meet with Faculty Advisor, turn in ICP</td>
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<tr>
<td>Friday 02</td>
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<tr>
<td>Semester ends</td>
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<td>Saturday 10</td>
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<td>Conferral of Degrees</td>
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Rho Chi Chapter

Congrats to the new Chi Sigma Iota Members!

Raquel Nunez
Victoria R. Smit
SELF-CARE & MENTAL HEALTH

BREATHE IN PEACE, BREATHE OUT TENSION.

Design by PeterHenriArt

LSU Health NEW ORLEANS
Hello LSU family,

My name is Coretta McRae, MHS-CRC. I am a PROUD alumni of LSUHSC, school of Clinical Rehabilitation Counseling class of 2010! In addition, former Chi Sigma Iota Rho Chi chapter class president!!

I hold a certification in Rehabilitation Counseling of which I utilized as a guidance counselor at Holy Rosary Academy and High School. Currently, I’m an elementary school educator for Jefferson Parish Public Schools teaching grades 1-5. I absolutely love it!

Lastly, I am the owner of Maumus Tribe, LLC where I provide expressive services for the community like face painting, visual art events, customized art, and storytelling through poetry and other literary writing. My latest project is a chapbook called “Captivity” which is available on Amazon.

I have one amazing daughter who is a leader at her school and aspires to be a therapist!

Love,
A LSU Tiger foreverrrrr!!
How Memes Help Us Cope

Can a Break From Social Media Improve Mental Health?

Are you doing your job search right? How to land your first job after graduation
https://www.cnbc.com/2022/07/15/are-you-doing-your-job-search-right-how-to-land-your-first-job-after-graduation.html

Three Ways to Celebrate and Support Black Mental Health on Juneteenth
https://www.counseling.org/mental-health-counseling/counseling-corner/article/counseling-corner-blog/2021/06/15/three-ways-to-celebrate-and-support-black-mental-health-on-juneteenth

How to Contribute to Mental Health Awareness
The Department of Counseling and the Human Development center was thrilled to invite the ARCA to host the Pre Conference Symposium on Wednesday April 10, 2024.

Student Raquel Nunez and Dr. George Hebert Completed a poster presentation.

Dr. Hebert and Dr. Walters also complete a 30 minute presentation

"An Investigation of Gender and Hearing/Visual Impairments on Depression Levels"

The James F. Garrett Award recognizes a person who has a Distinguished Career in Rehabilitation Research, which includes excellence in research contributions over one’s career. Nominee’s published research spans at least 15 years and focus on rehabilitation counseling.

Congratulations Dr. McCarthy!
The LSUHSC Department of Counseling and the University of Holy Cross Department of Counseling & Behavioral Sciences co hosted an all day workshop before the ACA Conference. It was well attended online and in person!
We look forward to working with the University of Holy Cross again!
The Clinical Coordinators/Clinics Committee participated in Partner Day 2024 on Thursday, April 18, 2024, from 5-7 pm. Our speaker was Jan Bradshaw, Ph.D., CCC-SLP, ACUE, who completed a one-hour continuing education presentation on multicultural competence, implicit bias, and cultural humility in the workforce!

The Department of Counseling offered a total of 1.5 CE hours with NBCC and LCA!
### Spring 2024 Events

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>March 27th</td>
<td>Give GOLD Geaux Purple</td>
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<tr>
<td>10AM-12PM</td>
<td>Give back to SAHP</td>
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<td>April 8th</td>
<td>Research Day</td>
<td>SAHP Human Development Center</td>
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<tr>
<td>12PM-5PM</td>
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<tr>
<td>April 18th</td>
<td>Partner Day</td>
<td>SAHP Human Development Center</td>
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<td>5PM-7PM</td>
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<tr>
<td>May 10th</td>
<td>Alumni &amp; Graduation Event</td>
<td>Tchoup Yard</td>
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<td>4PM-7PM</td>
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<tr>
<td>May 15th</td>
<td>Pre-Commencement</td>
<td>Hilton Riverside</td>
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<td>10AM-12PM</td>
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<tr>
<td>May 16th</td>
<td>Commencement</td>
<td>UNO Lakefront Arena</td>
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<td>10AM</td>
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**RSVP for All Events Here**

FOLLOW US: LSUHEALTH_NEWORLEANS_SAHP
Campus Assistance Program (CAP)

**Struggling with:**
- Stress
- Workplace Conflict
- Academic Problems
- Relationship Problems
- Loss
- Alcohol & Drug Use
- Concerns of depression
- Other mental strains?

**Call for help! (504) 568-8888**

- Consultation services for students, staff, faculty and residents
- Benefit provided by LSU Health Sciences Center
- All client information and records are strictly CONFIDENTIAL

**CAP**
411 S Prieur St, 2nd Floor, Suite 233
New Orleans, LA, 70112
CAP@lsuhsc.edu

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“Being In That Number”

**LSU Psychiatry Symposium on Behavioral Health Services**
Thursday, June 6th, 2024

**Details:**
- Original research, case write ups and literature reviews welcomed
- Open to faculty, fellows, residents, and students
- Primary or secondary authors
- Abstract should contain 300 words or less

**Target Dates:**
- Submission for review due May 15th, 2024: Mbisho1@lsuhsc.edu
- Acceptance / notification on or before May 25th, 2024
- Printed posters due June 6th, 2024, noon for set up

**Call For Posters**

Posters may be printed thru LSU library services within these guidelines: https://www.lsuhsc.edu/library/services/posterprinting.aspx
WE ARE HIRING

Assistant/Associate Professor position in the Department of Counseling

Open Positions

Professional Counselor
Child & Family Counseling Clinic

https://lsuhsc.peopleadmin.com/
LSUHSC
SCHOOL OF ALLIED HEALTH PROFESSIONS
2024 FACULTY & STAFF AWARDS
CONGRATULATIONS!

Outstanding Clinical Service Award
Brittany Hall, MMS, PA-C
Department of Physician Assistant Studies

Outstanding Service to the Institution Award
Amber Weydert, MMM, PA-C
Department of Physician Assistant Studies

Outstanding Professional Services Award
Leslie Lopez, PhD, CCC-SLP, BCS-CI, CHES
Department of Communication Disorders

Outstanding Staff Award
Sorrany Martinez
Department of Communication Disorders

Outstanding Staff Award
Jeri Brumfield
Department of Counseling
Henry McCarthy, Ph.D. Professor Emeritus is back in the office!

Keys were given to Dr. McCarthy in the Human Development Center. We are pleased to see him around the office again.
Looking for those last continuing education clock hours to renew your LPC or LPC-S before June 30? Look no further!

SUMMER 2024
PROFESSIONAL SEMINAR SERIES

May 31st 9-12pm....................Ethical Considerations on the Delivery of Telehealth Services
June 7th 9-12pm........................Ugh Supervision Again!?! Reflecting on Preparation & Engagement with Supervision
June 14th 9-12pm.....................Can I Diagnose? I am a Licensed Mental Health Professional, Part I
June 21st 9-12pm.....................Ok I Can Diagnose... Now What? Part II

ERIN DUGAN
PH.D., LPC-S, RPT-S

GEORGE W. HEBERT,
PH.D.
LICENSED PSYCHOLOGIST

HOLLY WALTERS
PH.D., LPC-S, CRC

Scan or click here:
Earn 3 CEUs each day In-person or virtually!

Human Development Center
411 S. Prieur, Room 307
New Orleans, LA 70112
504-556-3451