

Newsletter

COUNSELING

Upcoming Events

- May 10, 2024 9 am Student Showcase
- May 10, 2024 4-7 pm Alumni and Graduation Event
- May 14, 2024 5-7 pm Chi Sigma Iota Mixer
- May 15, 2024 10 am- 12 pm Precommencement
- May 16, 2024 10 am Commencement

" It doesn't matter how slow you go, as long as you don't stop."

- Confucius

Department of Counseling
presents

Words of Wisdom:

Advice from Practicing
Mental Health Professionals
to New Clinicians

**FRIDAY,
MAY 10, 2024
9AM- 10 AM**

For details, email
Counseling@lsuhsc.edu

Faculty, alums, and community partners will share words of wisdom for our newest mental health professionals. The Louisiana Counseling Association is approved by the Louisiana licensed professional board of examiners to offer continuing education clock hours. This presentation has been reviewed and has been approved for 1.0 CE clock hours for each session for Louisiana-licensed professional counselors.

Join Zoom Meeting

<https://lsuhsc.zoom.us/j/98945392651>

Meeting ID: 989 4539 2651

CSI Mixer



CHI SIGMA IOTA- RHO CHI CHAPTER

RASHUNDA MILLER REED, PHD, NCC, LPC, LMFT
“ LEADING FROM YOUR STRENGTHS
1.0 CE HOUR AVAIBALE



Tuesday
May 14, 2024
5 pm- 7 pm

<https://form.jotform.com/241004164586149>

LSU Health Sciences- New Orleans Department of Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 3058. Programs that do not qualify for NBCC credit are clearly identified. LSU Health Sciences- New Orleans Department of Counseling is solely responsible for all aspects of the programs.



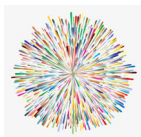
2024 Graduate Spotlight

Lindsey K Bennett

Scott C. King

Sophie Knickerbocker

Mackenzie Mccomas



Congratulations





Department of Counseling Professional Events Calendar

Summer Semester 2024	
May 2024	
	Students meet with faculty advisor and turn in your ICP!
Tuesday 21	New Student Orientation
Wednesday 22	Classes begin
June 2023	
Wednesday 05	Last day for adding courses for credit and for dropping courses. Last day to convert "I" grades from previous term
July 2024	
Thursday 04	Independence Day holiday
Friday 19	Last day to drop or withdraw from term
August 2024	
Thursday 01	Register for the Fall semester, Meet with Faculty Advisor, turn in ICP
Friday 02	Semester ends
Saturday 10	Conferral of Degrees



Counseling Academic &
Professional Honor Society International
Member, Association of College Honor Societies

Chi Sigma Iota

Rho Chi Chapter

Congrats to the new Chi Sigma Iota Members!

Raquel Nunez

Victoria R. Smit



counseling
awareness month
APRIL 2024

<https://www.counseling.org/mental-health-counseling-counseling-awareness-month>

**SELF-
CARE &
MENTAL
HEALTH**



**BREATHE
IN PEACE,
BREATHE
OUT
TENSION.**

Design by PeterHerrArt

LSU Health
NEW ORLEANS

BEYOND THE
STAGE



CAMP ART

Visual Art Instructor

My name is Coretta McRae but all the kids call me Ms. Mac! I am a first grade teacher at Woodland West Elementary and I love it! I have been teaching for almost 5 years now. I have a bachelor's degree in Psychology from UNO and a master's degree in Rehabilitation Counseling from LSUHSC. I also studied Play Therapy. My favorite colors are yellow, orange, and pink and I love to draw!



Coretta McRae



Beyond The Stage LLC

Story Teller



Hello LSU family,

My name is Coretta McRae, MHS-CRC. I am a PROUD alumni of LSUHSC, school of Clinical Rehabilitation Counseling class of 2010! In addition, former Chi Sigma Iota Rho Chi chapter class president!!

I hold a certification in Rehabilitation Counseling of which I utilized as a guidance counselor at Holy Rosary Academy and High School. Currently, I'm an elementary school educator for Jefferson Parish Public Schools teaching grades 1-5. I absolutely love it!

Lastly, I am the owner of Maumus Tribe, LLC where I provide expressive services for the community like face painting, visual art events, customized art, and storytelling through poetry and other literary writing. My latest project is a chapbook called "Captivity" which is available on Amazon.

I have one amazing daughter who is a leader at her school and aspires to be a therapist!

Love,
A LSU Tiger foreverrrrr!!



How Memes Help Us Cope

<https://www.psychologytoday.com/us/blog/the-science-of-fandom/202403/how-memes-help-us-cope>

Can a Break From Social Media Improve Mental Health?

<https://www.psychologytoday.com/us/blog/self-talk-science/202404/can-a-break-from-social-media-improve-mental-health>

Are you doing your job search right? How to land your first job after graduation

<https://www.cnn.com/2022/07/15/are-you-doing-your-job-search-right-how-to-land-your-first-job-after-graduation.html>

Three Ways to Celebrate and Support Black Mental Health on Juneteenth

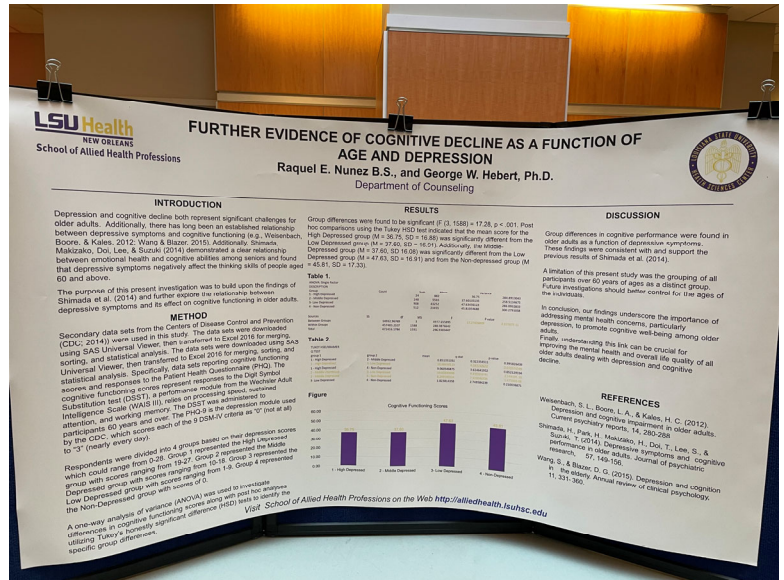
<https://www.counseling.org/mental-health-counseling/counseling-corner/article/counseling-corner-blog/2021/06/15/three-ways-to-celebrate-and-support-black-mental-health-on-juneteenth>

How to Contribute to Mental Health Awareness

<https://www.psychologytoday.com/us/blog/modern-mentality/201805/how-contribute-mental-health-awareness>



The Department of Counseling and the Human Development center was thrilled to invite the ARCA to host the Pre Conference Symposium on Wednesday April 10, 2024.



Student Raquel Nunez and Dr. George Hebert Completed a poster presentation.

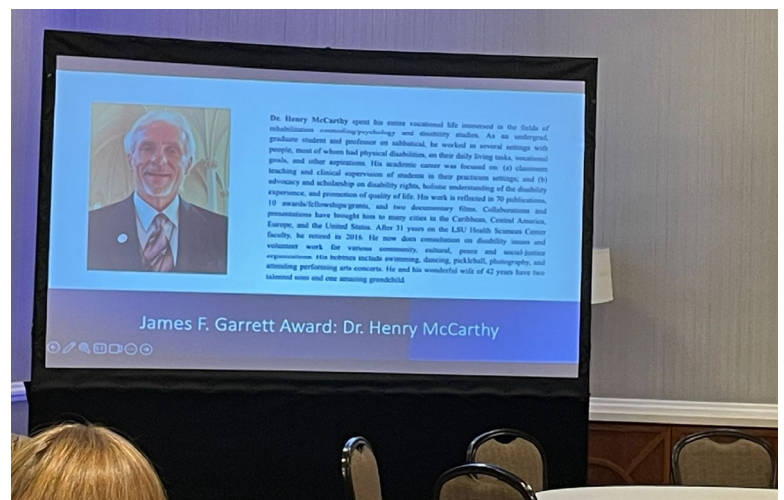
Dr. Hebert and Dr. Walters also complete a 30 minute presentation

"An Investigation of Gender and Hearing/Visual Impairments on Depression Levels"



The James F. Garrett Award recognizes a person who has a Distinguished Career in Rehabilitation Research, which includes excellence in research contributions over one's career. Nominee's published research spans at least 15 years and focus on rehabilitation counseling.

Congratulations Dr. McCarthy!



COUNSELING THEORY IN PRACTICE

6.5 CONTINUING EDUCATION HOURS

WEDNESDAY

April 10, 2024
9:00 AM - 5:00 PM
411 S. Prieur St
Human Development Center

REGISTER NOW
In-Person or
Live Webinar!



LSU Health
NEW ORLEANS



Speakers

Dr. Gerald Corey
Dr. Jamie Blutworth

contact for further information
tremley@uhcno.edu

This program was approved for 6.5 Clinical Hours of Continuing Education credit for the LSU School of Social Work as authorized by the LA State Board of Social Work Examiners

The University of Holy Cross has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4268. Programs that do not qualify for NBCC credit are clearly identified. The University of Holy Cross is solely responsible for all aspects of the programs.



The LSUHSC Department of Counseling and the University of Holy Cross Department of Counseling & Behavioral Sciences co hosted an all day workshop before the ACA Conference. It was well attended online and in person!
We look forward to working with the University of Holy Cross again!

The Clinical Coordinators/Clinics Committee participated in Partner Day 2024 on Thursday, April 18, 2024, from 5-7 pm. Our speaker was Jan Bradshaw, Ph.D., CCC-SLP, ACUE, who completed a one-hour continuing education presentation on multicultural competence, implicit bias, and cultural humility in the workforce! The Department of Counseling offered a total of 1.5 CE hours with NBCC and LCA!



LSU Health
NEW ORLEANS
School of Allied Health Professions

Partner Day

**Speaker: Dr. Jan Bradshaw,
Ph.D., CCC-SLP, ACUE**
"Multicultural Competence:
Addressing Implicit Bias
and Supporting Cultural
Humility in the Workforce"

Approved by LCA for
1.5 CEs in Multiculturalism!

* New credential for 2025

<https://alliedhealth.lsuhsoc.edu/clinics/cfccclinic.aspx>

LSU Health Sciences- New Orleans Department of Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 3058. Programs that do not qualify for NBCC credit are clearly identified. LSU Health Sciences- New Orleans Department of Counseling is solely responsible for all aspects of the programs.

April 18, 2024
5-7 pm



School of Allied Health Professions Alumni

JOIN US AT OUR SPRING 2024 EVENTS

MARCH 27th
10AM-12PM

Give GOLD Geaux Purple
Give back to SAHP

APRIL 8TH
12PM-5PM

Research Day
SAHP Human Development Center

APRIL 18TH
5PM-7PM

Partner Day
SAHP Human Development Center

MAY 10TH
4PM-7PM

Alumni & Graduation Event
Tchoup Yard

MAY 15TH
10AM-12PM

Pre-Commencement
Hilton Riverside

MAY 16TH
10AM

Commencement
UNO Lakefront Arena



**RSVP for
All Events
Here**

SCAN ME



FOLLOW US:
[LSUHEALTH_NEWORLEANS_SAHP](https://www.instagram.com/LSUHEALTH_NEWORLEANS_SAHP)

LSU
Health
NEW ORLEANS

Campus Assistance Program (CAP)

Struggling with:

Stress

Workplace Conflict

Academic Problems

Relationship Problems

Loss

Alcohol & Drug Use

Concerns of depression

Other mental strains?

Call for help! (504) 568-8888

Consultation services for students, staff, faculty and residents

Benefit provided by LSU Health Sciences Center

All client information and records are strictly CONFIDENTIAL

CAP

411 S Prieur St, 2nd Floor, Suite 233
New Orleans, LA, 70112
CAP@lsuhsc.edu

“Being In That Number” LSU Psychiatry Symposium on Behavioral Health Services Thursday, June 6th, 2024

Details:

- Original research, case write ups and literature reviews welcomed
- Open to faculty, fellows, residents, and students
- Primary or secondary authors
- Abstract should contain 300 words or less

Target Dates:

- Submission for review due May 15th, 2024: Mbisho1@lsuhsc.edu
- Acceptance / notification on or before May 25th, 2024*
- Printed posters due June 6th, 2024, noon for set up

Call For Posters

LSU Health

NEW ORLEANS

School of Allied Health Professions

WE ARE HIRING

**Open
Positions**

**Assistant/ Associate Professor position
in the Department of Counseling**



**Professional Counselor
Child & Family Counseling Clinic**



<https://lsuhsc.peopleadmin.com/>

LSUHSC

SCHOOL OF ALLIED HEALTH PROFESSIONS

2024 FACULTY & STAFF AWARDS

CONGRATULATIONS!



Outstanding Clinical Service Award

Brittany Hall, MMS, PA-C
Department of Physician Assistant Studies



Outstanding Service to the Institution Award

Amber Weydert, MMM, PA-C
Department of Physician Assistant Studies



Outstanding Professional Services Award

Leslie Lopez, PhD, CCC-SLP, BCS-CI, CHES
Department of Communication Disorders



Outstanding Staff Award

Sorrany Martinez
Department of Communication Disorders



Outstanding Staff Award

Jeri Brumfield
Department of Counseling

In the Office



Henry McCarthy, Ph.D. Professor Emeritus is back in the office!

Keys were given to Dr. McCarthy in the Human Development Center. We are pleased to see him around the office again.

Looking for those last continuing
education clock hours to renew your
LPC or LPC-S before June 30?

Look no further!

SUMMER 2024

PROFESSIONAL SEMINAR SERIES

May 31st 9-12pm.....Ethical Considerations on the Delivery of Telehealth Services

June 7th 9-12pm.....Ugh Supervision Again!?! Reflecting on Preparation &
Engagement with Supervision

June 14th 9-12pm.....Can I Diagnose? I am a Licensed Mental Health Professional,
Part I

June 21st 9-12pm.....Ok I Can Diagnose... Now What? Part II



ERIN DUGAN
PH.D., LPC-S, RPT-S



GEORGE W. HEBERT,
PH.D.
LICENSED PSYCHOLOGIST



HOLLY WALTERS
PH.D., LPC-S, CRC

Scan or
click
here:



Earn 3 CEUs each day
In-person or virtually!

Human Development Center
411 S. Prieur, Room 307
New Orleans, LA 70112
504-556-3451

LSU Health

NEW ORLEANS

School of Allied Health Professions
Department of Counseling

*Let's get
Social*



@counselingLSUnola



@counseling_dept_lsuhealth_nola



@CounselingLSUHealthNO



504-556-3453



Counseling@lsuhsc.edu

Visit our Website



Apply For Admissions

